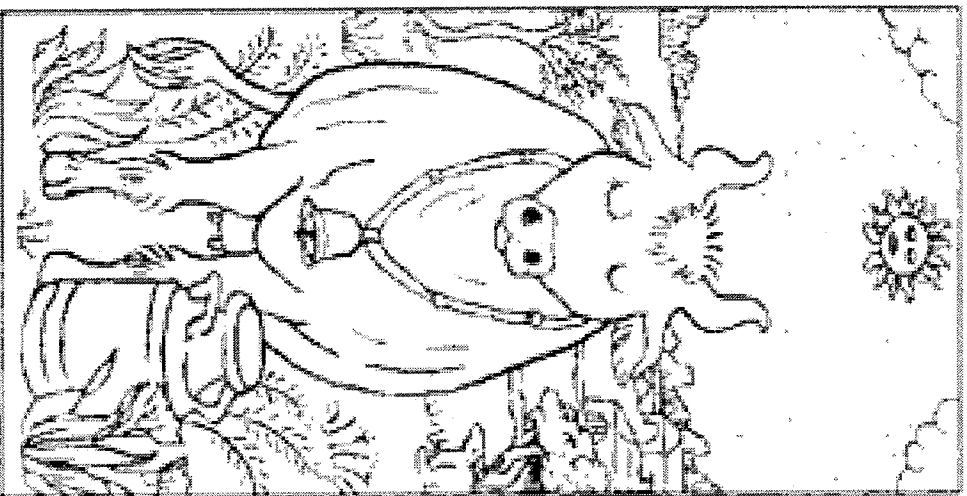


Part 4: Is Raw Milk Better for Farmers?



“Farmers who are investing in larger dairy units are undoubtedly those that will remain in dairying for the long haul and are adopting the ‘get big or get out’ attitude.”

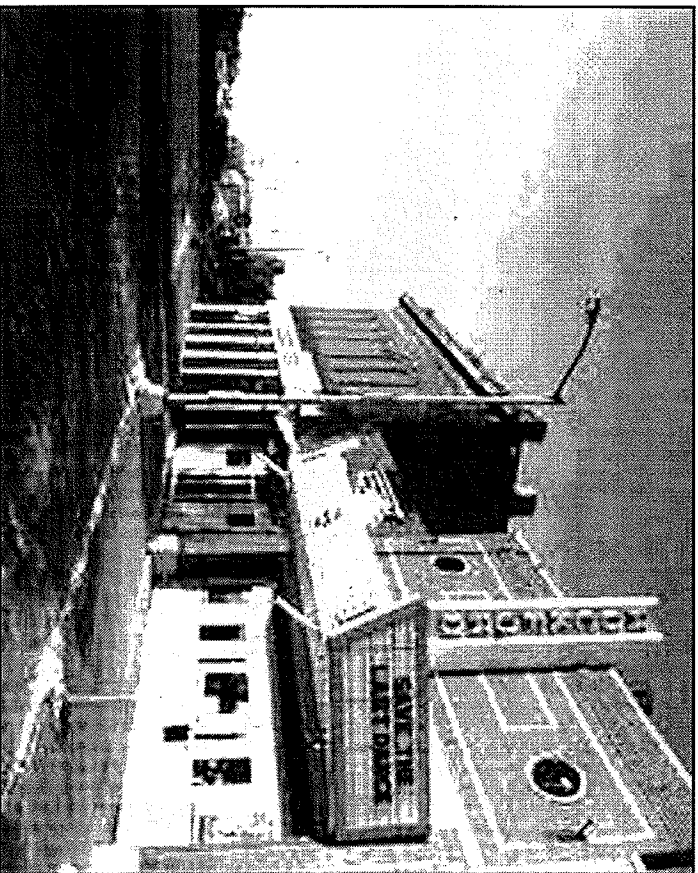
—*John Mahe*

Teagasc dairy specialist

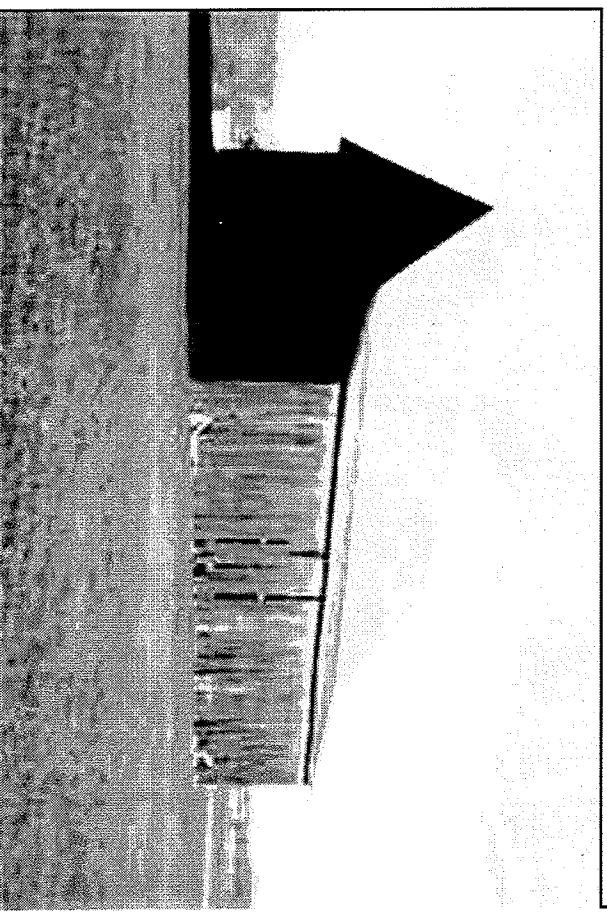
Irish Independent, 19 AUG 2003

Pasteurization Laws have destroyed rural life

Compulsory pasteurization laws, are largely responsible for the decline of American small towns and rural life.



Pasteurization laws transform what should be a local value-added product that keeps wealth in the local economy and into a commodity product that transfers wealth to large international corporations.



Conventional Dairy Farm Economics

- 30 cows producing 190 hundredweight of milk per year
- Farmers receives about \$10-\$12 per hundredweight
 - lowest price in 25 years
- **GROSS INCOME \$57,000** per year
- Costs include feed (to get high milk yield), vet bills and replacement cows (average life of cow is 42 months)
- **In 2002, dairy farms went out of business at a rate of 16 farms per day**

Economics of Pasture-Based Mixed Farm with Direct Sales

- 30 Cows on 100 Acres

Cows produce 100 hundredweight of milk each per year

Farmer sells milk at \$4 per gallon and equivalent price for cream, butter and cheese

Gross income from milk and milk products = **\$150,000**

- Minimal input for feed, vet bills; no replacement cow costs
- PLUS – whey and skim milk used to feed pigs and chickens. Income from eggs, broilers, turkeys, pork, beef, veal and broth = **\$50,000** with minimal input for feed, etc.
- **GROSS INCOME \$200,000** per year, with much lower costs.

Milk Prices - 2008

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CONVENTIONAL MODEL
\$16-17 per hundredweight

ORGANIC MODEL
\$20-25 per hundredweight

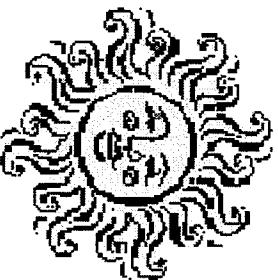
RAW MILK DIRECT SALES
\$50-\$250 per hundredweight

The Multiplier Effect

- Every \$1 earned on the farm = \$5-7 for the local community.
- If 10% of the population would buy raw milk and other products directly from the farm, we would need 75,000 farms, all making at least \$200,000 per year.
- Raw milk sales hold the potential for a huge rural revival.

Pasture-Based Mixed Farm

Free Input:
Sunlight



Male
Animals

**Beef
(& Lamb)**

Meat	\$
Sausage	\$
Broth	\$

Dairy Cows

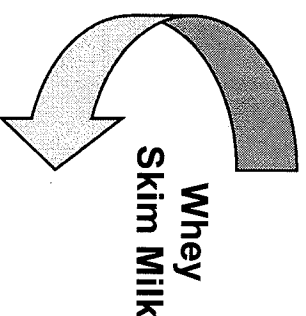
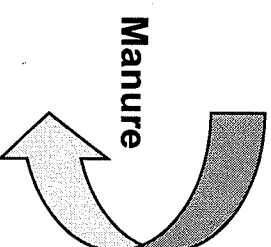
Fresh Milk	\$
Butter	\$
Cream	\$
Yogurt	\$
Cheese	\$
Culled Cows	\$

Whey
Skim Milk

Purchased Input:
Some grain
Mineral fertilizers
Equipment

Hogs

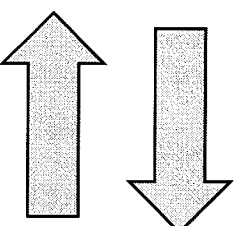
Meat	\$
Ham	\$
Bacon	\$
Sausage	\$
Lard	\$



Vegetables

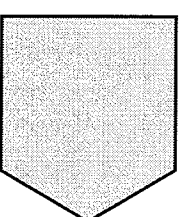
Fresh Vegetables	\$
Lacto-Fermented Condiments	\$

Greens



Chickens & Turkeys

Eggs	\$
Meat	\$
Broth	\$



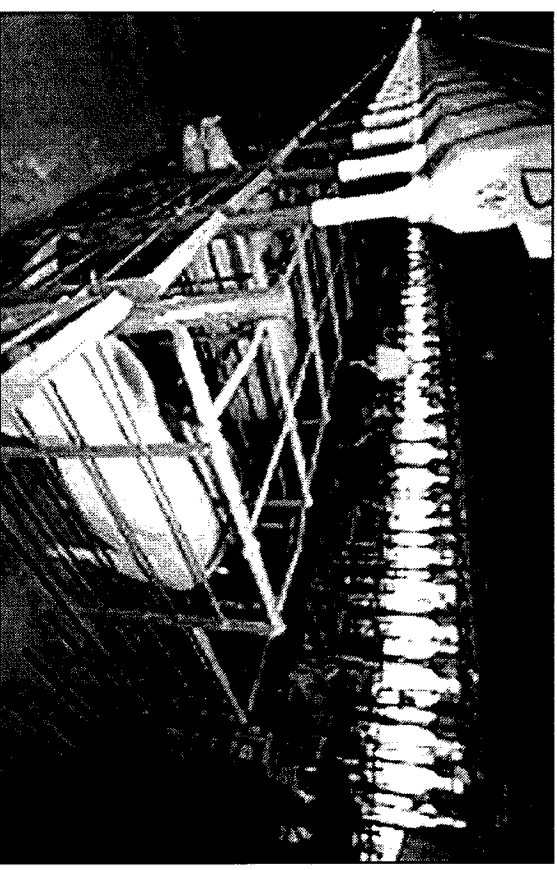
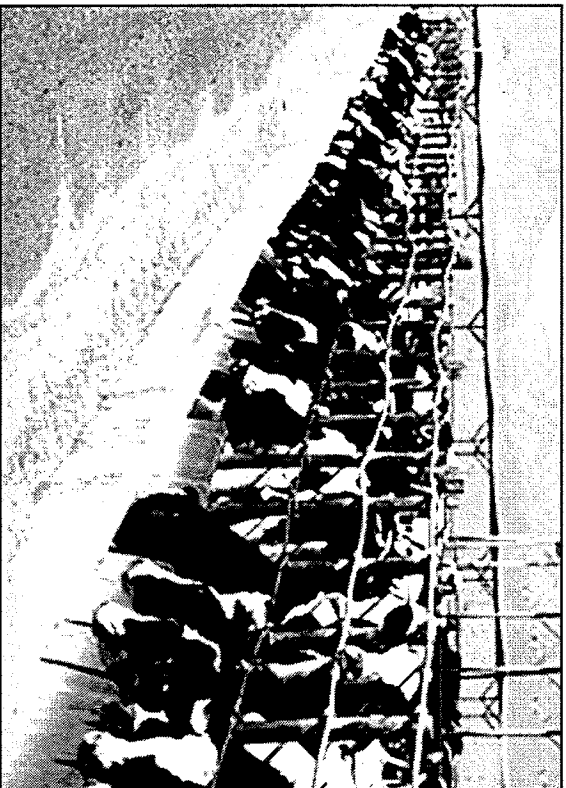
\$ \$ \$

Impediments to Ideal Model

- **Health Laws**
- **Biased, capricious permitting process**
- **Zoning Laws**
- **National Animal Identification System (NAIS) — The Fulfillment of the Marxist Dream**

Animals as Units of Production

Key provision of Marx's *Communist Manifesto*



Industrial Crimes, Especially For Agriculture

Another key provision of Marx's *Communist Manifesto*



Photos from raid of Michael Schmidt's farm
in Ontario, Canada, November 21, 2006

NAIS — The Agenda

- NAIS is designed to eliminate grass-based livestock through the enforcement of industrial crimes for agriculture.
- It is the industry's attempt to eliminate the emerging competition from pasture-based farms.

The Milk Industry

- Concentrated in 4 companies: Land O'Lakes, Foremost, Dean Foods, Dairy Farmers of America.
- CEOs typically make over \$1 million per year
- Powerful behind-the-scenes lobbying group
- Opposes competition of raw milk, especially as it allows farmers to get a higher price for their milk.

Example of Dairy Industry Clout

- In January, 2008, Martha Stewart aired a segment about raw milk at Smith Family Farm in Maine.
- The milk industry then conducted “outreach” with Stewart to “educate” her on the dangers of raw milk consumption.
- “We discussed our concerns with Stewart’s producers at length, and were provided assurances that she will not talk about raw milk throughout her partnership with MilkPEP [Milk Processors Education Program] and additionally, that she will consider changing her overall position and commentary on raw milk in the future.

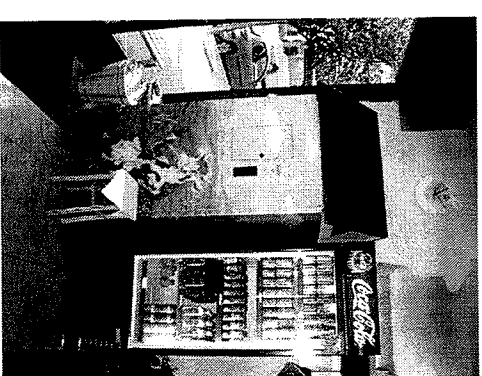
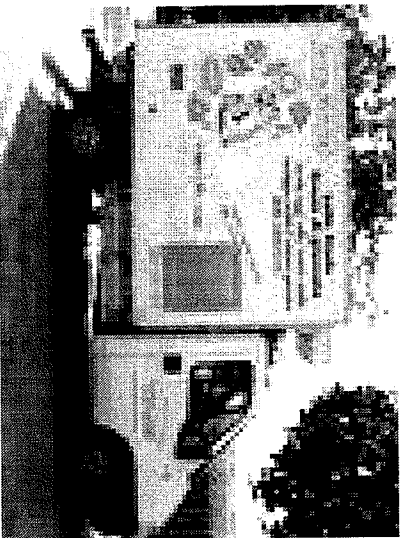
(Midwest Dairy Association Update, March 2008)

The Good News!

- Retail Sales of Raw Milk: Allowed in 8 states (CA, WA, AZ, NM, SC, ME, PA, CT)
- On-Farm Sales of Raw Milk: About 28 states.
- Raw Milk as Pet Food: Available in 4 states (GA, NC, FL, ND)
- Raw Milk widely available through cow-boarding or farm-share agreements in WI, MI, TN, VA, CO, OH, IN.
- Raw milk easily available in about 35 states.
- Worst States for raw milk: MD, RI, NJ, NV, ID, WV, IA, MT, WY.

Raw Milk in Europe

- Legal in England and Wales – the royal family drinks raw milk!
- Widely available in continental Europe through vending machines. . . even in schools!



- Hard to get in Scandinavia, Ireland.

Farm-To-Consumer Legal Defense Fund (FTCLDF)

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5

- Legal Defense for Small Farmers

Raw Milk Protection

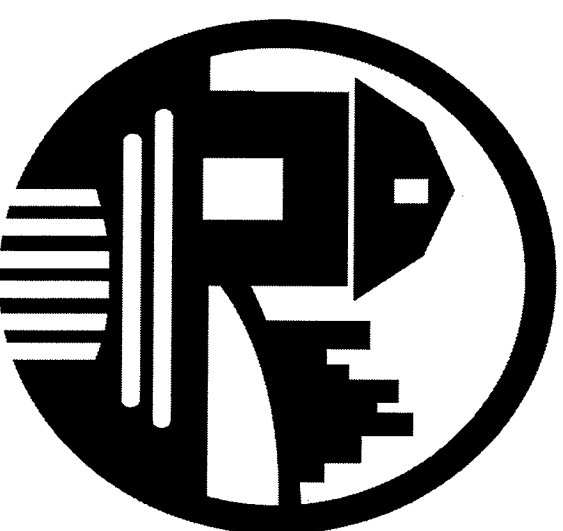
Right to On-Farm Processing and Direct Sales

Legal Opposition to NAIS

- Recent legal successes in Ohio, New York, Pennsylvania, California

- Website: farmtoconsumer.org

- Phone: (703) 208-FARM



All truth passes through three stages.

First, it is ridiculed.

Second, it is violently opposed.

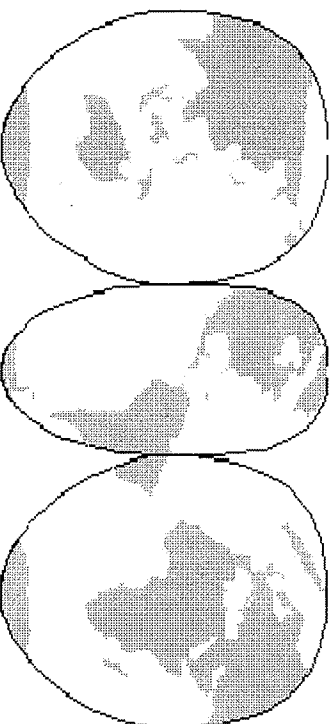
Third, it is accepted as self-evident.

—Arthur Schopenhauer

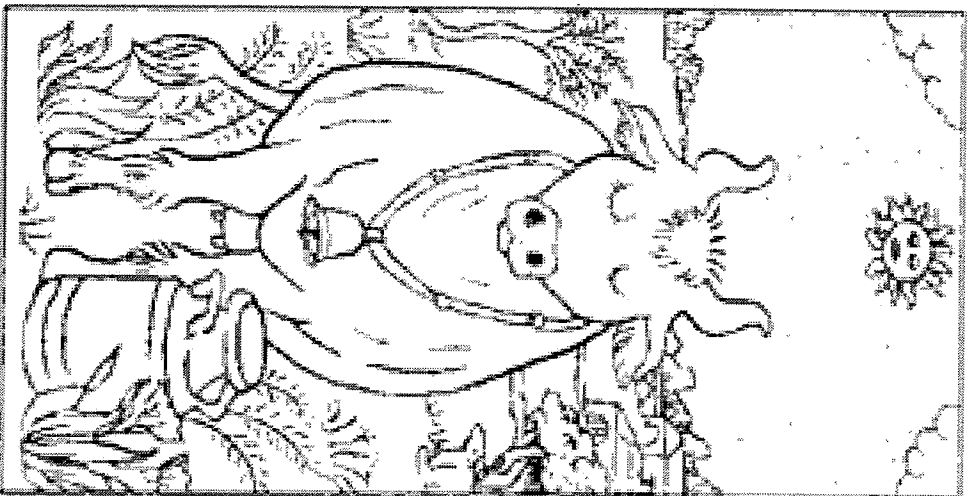
Resources

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7

The Weston A. Price Foundation **westonaprice.org**



Quarterly Magazine
Informational Brochures
Yearly Shopping Guide
Annual Conference
Local Chapters



A Campaign for Real Milk

realmilk.com

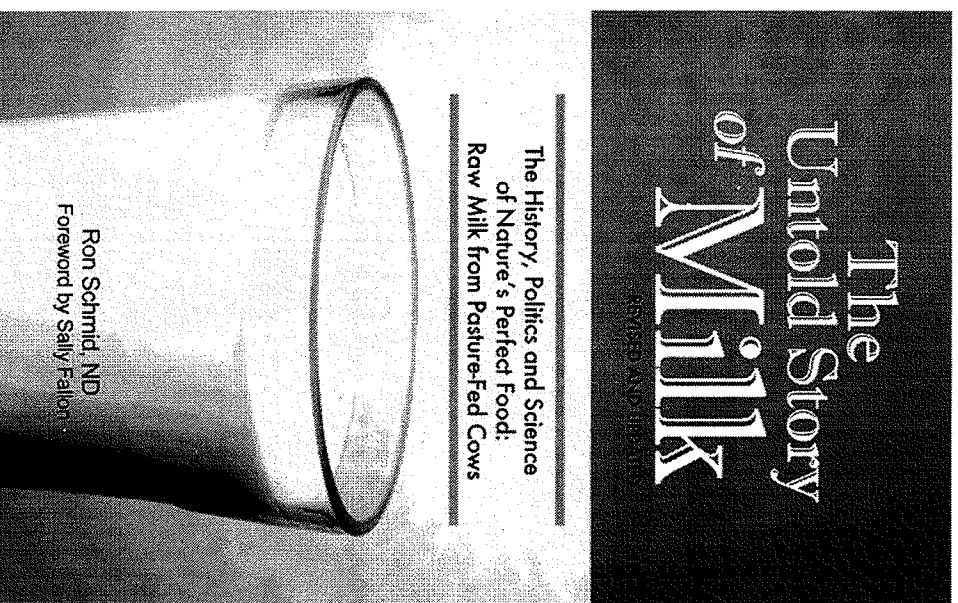
A Project of the

Weston A. Price Foundation

Many articles on
raw milk and raw cheese;
Sources for raw milk.

Resources

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9



The Untold Story of Milk

REVISED AND UPDATED

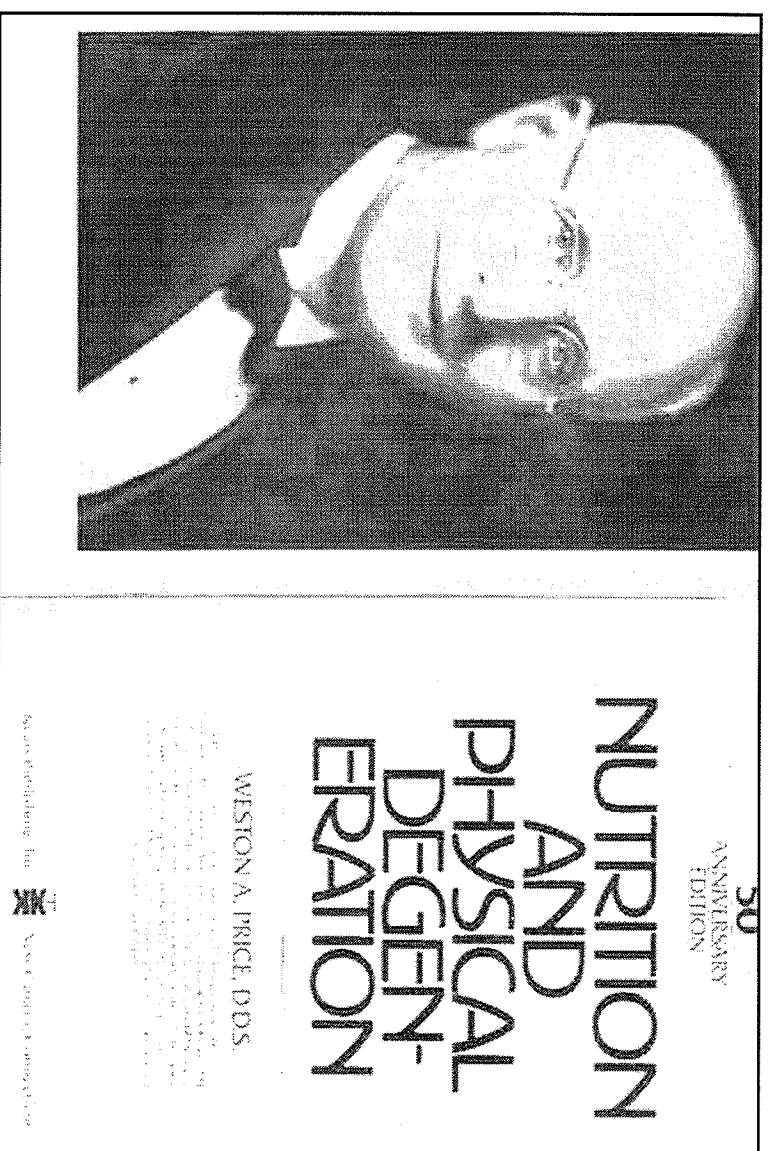
by Ron Schmid

New Trends Publishing

newtrendsPublishing.com

(877) 707-1776

Resources



Nutrition and Physical Degeneration

Price-Pottenger Nutrition Foundation

price-pottenger.org

(619) 462-7600

Summary

111

Traditional diets *maximized* nutrients
while modern diets *minimize* nutrients

TRADITIONAL DIETS

Foods from fertile soil
Choice of organ meats over muscle meats
Animal fats
Animals on pasture
Dairy products raw and/or fermented
Grains and legumes soaked/fermented
Bone broths
Unrefined sweeteners (honey, maple syrup)
Lacto-fermented vegetables
Lacto-fermented beverages
Unrefined salt
Natural vitamins in foods
Traditional cooking
Traditional seeds/open pollination

MODERN DIETS

Foods from depleted soil
Muscle meats, few organ meats
Vegetable oils
Animals in confinement
Dairy products pasteurized
Grains refined and/or extruded
MSG, artificial flavorings
Refined sweeteners
Canned vegetables
Modern soft drinks
Refined salt
Synthetic vitamins added to foods
Microwave, irradiation
Hybrid seeds, GMO seeds