

## 26<sup>th</sup> Australian Total Diet Study

## Appendix 1: Food mapping

Food Category	Sampled Food	Food Group Represented	26 <sup>th</sup> ATDS Classification Code
Beverages	Water, tap	Waters	TD26033
	Juice, orange	Fruit juices, wines and ciders	TD26019
Cereals and cereal products	Biscuits, sweet	Biscuits and crackers	TD26004
	Bread, white	Wheat- and rye-based breads and yeasted bakery products	TD26005
	Breakfast cereal, mixed grain	Breakfast cereals, flours, pasta and noodles (excluding rice based)	TD26006
	Rice, white, long grain	Rice and rice-noodles, -cereals and -crackers	TD26027
Dairy Products	Butter, salted	Butter and animal fats	TD26007
	Cheese, cheddar, full fat	Cheeses	TD26008
	Milk, full cream	Dairy milks (including flavoured), creams and yoghurts	TD26023
Fats and oils	Vegetable oil	Oils and vegetable based fats	TD26031
Fruits and nuts	Fruit, various	Fruits	TD26015
	Peanut butter	Nuts, seeds and spices	TD26024
Infant products	Infant dinner	Infant dinners	TD26017
	Infant formula, non-soy based	Dairy based infant and toddler formulas	TD26018
Meat, poultry and eggs	Bacon, middle cut, rind on	Bacon and suet	TD26001
	Beef, minced, regular	Cattle and large game meats	TD26003
	Chicken breast	Poultry and game birds	TD26009
	Eggs	Eggs	TD26011
	Lamb chops, loin	Sheep, goat, kangaroo and rabbit meats	TD26020
	Leg ham, sliced delicatessen style	Pork (except bacon)	TD26021
	Liver pate	Offal (including pate and liverwurst)	TD26022
	Sausages, beef, thick	Meat sausages and frankfurts	TD26028
Seafood	Fish fillets, lower fat varieties	White flesh/ non oily fish (<5% total fat), molluscs and crustacea	TD26012
	Fish fillets, salmon	Oily/ fatty fish (≥5% total fat)	TD26013
	Fish portions (crumbed, frozen)	Crumbed/battered white flesh fish and seafood	TD26014
	Tuna, canned in brine	Canned tuna and oysters	TD26030
Sugars and confectionary	Chocolate, milk	Chocolate, cocoa (butter & powder), carob	TD26010
Takeaway foods and snacks	Hamburger	Beef hamburgers (excluding cheese and bacon)	TD26016
	Pizza	Pizza	TD26025
	Sushi	Sushi roll	TD26029
Vegetables	Baked beans in tomato sauce	Legumes and lentils	TD26002
	Potatoes	Starchy root vegetables	TD26026
	Vegetables, various	Non-starchy vegetables and herbs	TD26032