

SUBMISSION OF Kate Watkinson RELATING TO: Proposal P1007

I am writing to support the availability and sale of raw milk in Australia. While I live in NZ I would like to think that if Australia made the right decision on this that NZ may well follow.

There are so many refined, manmade, unhealthy foods available now which coincides with high disease, obesity, allergy rates also. We are what we eat!

We need to return to eating whole foods that nature has provided for us. And we need to minimise the amount of interference by humans with this food.

Raw milk is a wonder food that provides so many nutrients and health benefits. Having consumed only raw milk (not pasteurised) I can say that my health and that of my children and husband has dramatically increased.

Also I believe that consumers need a choice and need to have our rights to make choices freely met. This doesn't happen when the government makes rules about pasteurising milk.

Thank you for your time and your consideration of this proposal.

Regards  
Kate Watkinson  
NZ