

**Seamons, Colleen**

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**From:** Jackie [fiscardo@slingshot.co.nz]  
**Sent:** Monday, 15 September 2008 7:24 PM  
**To:** submissions  
**Subject:** SUBMISSION OF Jackie Moody RELATING TO: Proposal P1007-Primary, Production & Processing Requirements For Raw Milk Products.  
**Follow Up Flag:** Follow up  
**Flag Status:** Blue

Hello

My name is Jackie Moody. I am a raw milk advocate and I strongly care about being able to have legal access to raw milk. I am very health conscious and believe whatever we can do to supply our body with nutrients the better. Since processing destroys the quality of the milk we are left with a damaging product which is heavily marketed as being good for us yet there are far more dairy intolerant people now than ever. Since drinking raw milk we have found great benefits to mine and my family's health: improved skin conditions, stronger immunity, stronger teeth, improved mood, focus and calmness.

Having looked at the research done by Weston A Price, and seen before and after pictures I am convinced that our modern diet is killing us all off slowly and whatever can be done to retain good health natural foods should be done, which includes having raw milk legally available.

Real, raw, unpasteurised milk is the one raw animal food available to us, as found to be essential to the health of all traditional cultures studied by Dr Weston A Price in his 1930s travels. ([www.westonaprice.org](http://www.westonaprice.org)) The Maori ate fresh raw shellfish. Africans ate raw blood and milk, Aborigines ate raw insects. We have raw milk. Please don't destroy our raw milk as well!!!!!!

Thank you

Jackie Moody  
Auckland  
New Zealand