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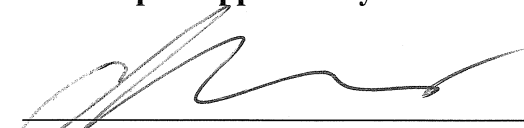
Title: Estimated Intakes of Stearidonic Acid (SDA) and SDA Soybean Oil for Adults in the United Kingdom from Proposed Uses of SDA Soybean Oil in Selected Food Categories

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Date



Chemical Regulation and Food Safety

**Estimated Intakes of
Stearidonic Acid (SDA) and
SDA Soybean Oil for Adults in
the United Kingdom from
Proposed Uses of SDA
Soybean Oil in Selected Food
Categories**

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Food Categories**

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Acronyms and Abbreviations

CFR	Code of Federal Regulation
FDA	U.S. Food and Drug Administration
NDNS	National Diet and Nutrition Survey
SDA	Stearidonic acid (18:4 n3)
UK	United Kingdom

Executive Summary

The oil from soybean MON 87769 (SDA soybean oil) is a sustainable source of omega-3 fatty acid that is intended to be added to selected processed foods. The purpose of this study was to calculate the intakes of stearidonic acid (SDA; 18:4 n-3) and SDA soybean oil from the proposed uses when either 20% SDA soybean oil or 30% SDA soybean oil are included in diet of United Kingdom (UK) consumers as part of selected processed foods. Inclusion of SDA soybean oil was set to achieve 375 mg SDA per serving of food, regardless of the concentration of SDA in the oil. The targeted inclusion level corresponds to 1.8 grams of 20% SDA soybean oil or 1.3 grams of 30% SDA soybean oil.

Daily consumption of selected foods was estimated from the UK's National Diet and Nutrition Survey (NDNS) for adults, aged 19 to 64 years. While the UK Food Standard Agency (FSA) has published information of typical portion sizes, this concept has not been translated into food nutrition labeling. Therefore, foods were matched to U.S. FDA serving sizes and the inclusion level of SDA in each of the targeted UK food categories was calculated.

The estimated mean adult population *per capita* intake of SDA from all proposed uses is 2.5 g/d (3.8 g/d at the 90th percentile). When intake was expressed on a bodyweight basis, the mean *per capita* intake was 33.0 mg/kg/day (51.2 mg/kg/day at the 90th percentile). The mean *per capita* SDA intake for adult males was 2.8 g/day (4.3 g/day at the 90th percentile), while the adult female *per capita* SDA intake was 2.1 g/day (3.1 g/day at the 90th percentile). The total dietary intake of 20% SDA soybean oil for the UK adult population was 11.8 g/day (18.5 g/day, 90th percentile) and intake of 30% SDA soybean oil was 8.5 g/day (13.3 g/day, 90th percentile). When the SDA soybean oil intake of each UK adult respondent was divided by their individual bodyweight, the total dietary intake for 20% SDA soybean oil was 0.16 g/kg/day (0.25 g/kg/day, 90th percentile) and for 30% SDA soybean oil was 0.11 g/kg/day (0.18 g/kg/day, 90th percentile).

The current result is an over-estimation due to possible inclusion of home prepared food which is not a target application of SDA soybean oil.

Background

The oil from soybean MON 87769 (SDA soybean oil) is a sustainable source of omega-3 fatty acid (18:4 n-3), that is intended to be added to certain foods to increase the omega-3 content of the diet. It is anticipated that SDA soybean oil will have a concentration of 20-30% SDA on a w/w basis of total fatty acids. As part of the product characterization, intakes of SDA soybean oil and SDA derived from SDA soybean oil, as a result of the proposed uses, were calculated to evaluate the nutritional impact of use of this product in the United Kingdom (UK).

Foods were selected by Monsanto's Food Applications scientist based on commercially-available foods already in the market with several omega-3 sources and broad categories that represent consumer interest or experience in functional foods. SDA soybean oil will be added to foods as a functional ingredient, in most cases replacing a portion of oil already found in those foods. These considerations, as well as categories that have been successfully formulated, were used to refine the list of foods. Certain areas were not included. As an example, frying applications were excluded due to the high polyunsaturated fat content. Due to the large number of double bonds, SDA is more reactive making it unstable in high heat applications (Sebedio and Juaneda, 2007).

National estimates

Dietary intakes of SDA soybean oil and SDA from that oil were estimated based on food consumption data from the UK's National Diet and Nutrition Survey (NDNS). The NDNS program is sponsored jointly by the Food Standards Agency and the Department of Health. The program is split into separate surveys conducted at approximately three-year intervals. Each survey examines a nationally representative sample drawn from different population groups:

- Children aged 1½ to 4½ years (UKDA, 1995)
- Young people aged 4 to 18 years (UKDA, 2001)
- Adults aged 19 to 64 years (ONS, 2005)

The adult and young people surveys provide seven days of weighted food records. The dataset for children provides four days of weighted food records. Each survey uses a stratified multi-stage random probability design. The sampling units are selected from within private households throughout Great Britain using postal sectors (UKDA, 1995; 2001).

Approach

The UK population SDA intakes were derived using the following approach with the UK adult (19-64 years) population data. The NDNS contains the foods reported to be consumed for each individual. These categories were compared against 19 broad food categories, referred to as food classifications (FDA, 2001), that have been proposed by Monsanto for omega-3 fatty acid enrichment with SDA soybean oil in the U.S. The UK NDNS categories were matched to the 19 classifications that make up the “SDA-targeted food groups” based on similarity of terms and then used to identify targeted food consumption groups in the UK (see Table 1 for UK food categories and the Appendix for a list of foods included in each category).

SDA soybean oil was produced that contained 20.7% SDA on a w/w basis of total fatty acids, referred to as 20% SDA oil, and 28.7% SDA, referred to as 30% SDA oil (Monsanto Studies: #07-PP-83-16; #07-PP-83-02). Calculations were conducted using these actual concentrations of SDA.

In estimating intake of a food ingredient, it is critical to understand the amount of the food ingredient added to finished foods as well as the serving size. Serving size of food products in the U.S. represents the amount of food that can be reasonably consumed at one sitting. The size of a serving is likely to vary between food categories. It is assumed that SDA soybean oil will be added to foods at up to 1.8 g/serving (20% SDA) or 1.3 g/serving (30% SDA) in order to deliver 375 mg SDA/serving. Portion sizes and actual portion sizes consumed and served have been published (Church 2008); however, the serving size concept has not been incorporated explicitly into food nutrition labeling. To estimate the SDA concentration to use with the UK food groups, the per-serving use rate (375 mg SDA/serving) was transformed into grams SDA per 100 grams of food (g of SDA/100 g of food) by assigning U.S. FDA serving sizes (FDA, 2001; Table 1) to similar UK food groups. The back-calculated SDA concentrations (as mg SDA/g food) were used in the assessment (e.g., for a food that had a serving size of 50 g, there would be 375 mg SDA/50 g food = 7.5 mg SDA/g food). When UK food groups were matched to more than one SDA-targeted food group, an average SDA concentration was derived for

those food groups. All UK food items included in the calculations and their matched targeted categories are listed in the Appendix.

Estimated Intakes

The UK adult population (19-64 years) average and upper percentile weighted estimated daily intakes of SDA were calculated using only data from respondents with reliable dietary record data and reported bodyweights. Separate estimates were provided for adult males and adult females. Nearly 100% of the UK adult population reported eating a food proposed to include SDA; therefore, the *per capita* and per user estimates were identical.

Per capita estimates of the 7-day average and upper percentiles for the UK adult population's intakes of SDA (g/d) are presented in Table 2 and SDA intakes per unit of body weight (mg/kg/d) are presented in Table 3. The estimated mean adult population *per capita* intake of SDA from all proposed uses would be 2.5 g/d (3.8 g/d at the 90th percentile). When intake was expressed on a bodyweight basis, the mean *per capita* intake would be 33 mg/kg/day (51.2 mg/kg/day at the 90th percentile). The mean *per capita* SDA intake for adult males would be 2.8 g/day (4.3 g/day at the 90th percentile), while the adult female *per capita* SDA intake would be 2.1 g/day (3.1 g/day at the 90th percentile).

These calculations were based on a range of SDA compositions, 20% SDA soybean oil (actual = 20.7% SDA) and 30% SDA soybean oil (actual = 28.7%), each to be included at use rates to deliver 375 mg SDA per serving of food. The 20% SDA soybean oil would be included in foods at a use rate of 1.8 grams of oil per serving and the 30% SDA soybean oil would be 1.3 g of oil per serving of food to deliver the targeted amount of 375 mg/SDA/serving of food. The estimated amounts of each SDA-containing oil that would be consumed by the UK adult population were calculated on a g/day and g/kg/day basis for 20% SDA soybean oil (Tables 4-5) and for 30% SDA soybean oil (Tables 6-7). The total dietary intake of 20% SDA soybean oil for the UK adult population would be 11.8 g/day (18.5 g/day, 90th percentile) and intake of 30% SDA soybean oil would be 8.5 g/day (13.3 g/day, 90th percentile). When the SDA soybean oil intake of each UK adult respondent was divided by their individual bodyweight, the total dietary intake for 20% SDA soybean oil would be 0.16 g/kg/day (0.25 g/kg/day, 90th percentile) and for 30% SDA soybean oil would be 0.11 g/kg/day (0.18 g/kg/day, 90th percentile).

Discussion

The UK NDNS provides the total fat in each food, but does not provide recipe information (i.e., soybean oil content of foods). Therefore, which foods contained soybean oil and how much of a food consisted of soybean oil were not known. If a replacement analysis were to have been performed, numerous assumptions would have had to been made (i.e., fat variety, source of fat) along with calculations for each individual food to estimate how much of the fat in foods is able to be replaced (so as not to replace hydrogenated or endogenous fat). This lack of information made a “replacement” analysis not feasible. In addition, because recipe data were not available, it is not possible to evaluate the population’s baseline intake of fatty acids or the impact of including SDA on the population’s intake of the fatty acids. The NDNS survey does provide total fat, saturated fat, cis-monounsaturated fatty acids, cis n-3 polyunsaturated fatty acids, cis n-6 polyunsaturated fatty acids, transfat, and cholesterol for consumed foods. Calculating the baseline intake of fatty acids from soybean oil would require knowing the source of the fat in the food (i.e., soybean oil versus other oil, endogenous fat [e.g., meats] versus added fats). This information is not available in the NDNS. The conclusion was that the final results may have been erroneous or resulted in unexpected changes due to the nature of the data and the assumptions.

SDA soybean oil has a high content of total polyunsaturated fatty acids, including omega-3 fatty acids, SDA (18:4 n-3) and alpha-linolenic (18:3 n-3) acids (approximately 30%- 40% w/w of the total fatty acids) and omega-6 fatty acids, gamma-linolenic (18:3 n-6) and linoleic (18:2 n-6) (approximately 25-30% w/w of total fatty acids). This composition restricts use of SDA soybean oil from frying applications due to stability of the oil being undesirable. Furthermore, SDA soybean oil is intended to be used by the food industry for prepared/processed food and will not be available as a home-use oil. Therefore, non-fried processed food will be the only sources of SDA from MON 87769-derived SDA soybean oil.

In the current analysis, all foods in the SDA soybean oil targeted food categories were included without distinguishing processed foods and foods prepared at home and restaurants. By including foods prepared at home and restaurants, which will not have SDA substitutions in

these SDA intake estimates, the results presented here are an overestimate and represent a maximum SDA intake. For example, entrees, gravy, and soups could be home-made, prepared at restaurants or processed commercially. The current analysis cannot separate the source of food consumed, therefore this analysis is considered an over-estimation.

In conclusion, introducing SDA soybean oil in selected foods in the UK would result in an intake of SDA for the British adult of 2.5 g/d. Intake of SDA soybean oil would be 11.8 g/day (18.5 g/day, 90th percentile) and 8.5 g/day (13.3 g/day, 90th percentile) for 20% and 30% SDA soybean oils, respectively.

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Table 1. SDA-targeted foods, US serving sizes, and average SDA concentration per group (mg/serving and g/100g)

Food Category	Serving Size (g)²	375 mg/ g serving (average per group)	Average SDA (g/100 g)
Baked goods and baking mixes-bars	40	9.4	1.9
Baked goods and baking mixes-biscuits, bagels, etc	55	6.8	21.8
Baked goods and baking mixes-breads	50	7.5	105.0
Baked goods and baking mixes-cakes heavy weight	125	3.0	18.9
Baked goods and baking mixes-cakes light weight	56	6.7	16.8
Baked goods and baking mixes-cakes medium weight	80	4.7	27.2
Baked goods and baking mixes-cookies	30	12.5	137.5
Baked goods and baking mixes-crackers	30	12.5	13.8
Breakfast cereals & Grains-breakfast cereals	55	6.8	103.0
Cheese-cottage cheese	110	3.4	1.7
Cheeses-processed only	30	12.5	50.0
Dairy Product Analogues	15	25.0	12.5
Fats and oils-dressings for salads	30	12.5	12.5
Fats and oils-Margarines/Spreads	14	26.8	93.8
Fats and oils-mayonnaise	15	25.0	12.5
Fish products-entrees with sauce	140	2.7	44.2
Frozen dairy desserts and mixes-Ice cream	120	3.1	3.1
Frozen dairy desserts and mixes-novelties	120	3.1	4.1
Gelatin, Puddings and fillings-pudding	120	3.1	23.8
Grain Products and Pastas-Pasta	140	2.7	41.8
Gravies and sauces-Main Entrée Sauces (e.g. Spag)	125	3.0	67.2
Hard candies	15	25.0	32.5
Meat products-entrees with sauce	140	2.7	195.1
Meat products-hot dog	55	6.8	2.7
Meat products-lunch meat	55	6.8	8.2
Milk products- milk based drinks	240	1.6	1.3
Milk Products-cream half & half	32	11.7	16.4
Milk products-yogurt	225	1.7	9.0
Nuts and nut products-peanut butter	32	11.7	5.9
Plant proteins-soymilk	240	1.6	0.9
Poultry products-entrees with sauces	140	2.7	132.3
Poultry products-lunch meat	55	6.8	3.4
Processed fruit drinks	240	1.6	13.3
Snack foods	30	12.5	62.5
Soft candy-candy bars	40	9.4	39.4
Soups and soup mixes (commercial only)	245	1.5	28.3

¹ Foods reported to be consumed in the UK that are included in each category are included in the Report Appendix.

² Serving sizes by broad food category are not available for the UK National Diet and Nutrition Survey. The US Code of Federal Regulations serving sizes were used as a surrogate to allow for Monsanto's SDA use rate of 375 mg SDA per g serving of food (FDA, 2001).

Table 2. Estimated *per capita*¹ intakes of SDA for the UK adult population (g/day)

	Mean	Percentiles		
		90 th	95 th	97.5 th
UK Adults 19-64 years	2.5	3.8	4.4	5.0
UK Adult Males 19-64 years	2.8	4.3	5.0	5.6
UK Adult Females 19-64 years	2.1	3.1	3.5	4.0

¹ The *per capita* and per user intake estimates are identical because nearly 100% of the UK population reported eating a food proposed to contain SDA.

Table 3. Estimated *per capita*¹ intakes of SDA for the UK adult population (mg/kg/day)

	Mean	Percentiles		
		90 th	95 th	97.5 th
UK Adults 19-64 years	33.0	51.2	57.5	63.7
UK Adult Males 19-64 years	34.5	52.8	58.6	66.6
UK Adult Females 19-64 years	31.6	48.9	55.2	62.5

¹ The *per capita* and per user intake estimates are identical because nearly 100% of the UK population reported eating a food proposed to contain SDA.

Table 4. Estimated *per capita* intakes of 20% SDA soybean oil for the UK adult population (g/day) ^{1, 2}

	Mean	Percentiles		
		90 th	95 th	97.5 th
UK Adults 19-64 years	11.8	18.5	21.1	24.0
UK Adult Males 19-64 years	13.6	20.5	23.9	27.1
UK Adult Females 19-64 years	10.1	14.9	16.7	19.1

¹ The *per capita* and per user intake estimates are identical because nearly 100% of the UK population reported eating a food proposed to contain SDA.

² 20% SDA soybean oil is applied at a use rate of 1.8 grams of oil per serving of food. The 1.8 grams of oil delivers 375 mg of SDA per serving of food.

Table 5. Estimated *per capita* intakes of 20% SDA soybean oil for the UK adult population (g/kg/day) ^{1, 2}

	Mean	Percentiles		
		90 th	95 th	97.5 th
UK Adults 19-64 years	0.16	0.25	0.28	0.31
UK Adult Males 19-64 years	0.17	0.25	0.28	0.32
UK Adult Females 19-64 years	0.15	0.23	0.26	0.30

¹ The *per capita* and per user intake estimates are identical because nearly 100% of the UK population reported eating a food proposed to contain SDA.

² 20% SDA soybean oil is applied at a use rate of 1.8 grams of oil per serving of food. The 1.8 grams of oil delivers 375 mg of SDA per serving of food.

Table 6. Estimated *per capita* intakes of 30% SDA soybean oil for the UK adult population (g/day) ^{1, 2}

	Mean	Percentiles		
		90 th	95 th	97.5 th
UK Adults 19-64 years	8.5	13.3	15.3	17.3
UK Adult Males 19-64 years	9.9	14.8	17.2	19.5
UK Adult Females 19-64 years	7.3	10.8	12.1	13.8

¹ The *per capita* and per user intake estimates are identical because nearly 100% of the UK population reported eating a food proposed to contain SDA.

² 30% SDA soybean oil is applied at a use rate of 1.3 grams of oil per serving of food. The 1.3 grams of oil delivers 375 mg of SDA per serving of food.

Table 7. Estimated *per capita* of 30% SDA soybean oil intakes for the UK adult population (g/kg/day) ^{1, 2}

	Mean	Percentiles		
		90 th	95 th	97.5 th
UK Adults 19-64 years	0.11	0.18	0.20	0.22
UK Adult Males 19-64 years	0.12	0.18	0.20	0.23
UK Adult Females 19-64 years	0.11	0.17	0.19	0.22

¹ The *per capita* and per user intake estimates are identical because nearly 100% of the UK population reported eating a food proposed to contain SDA.

² 30% SDA soybean oil is applied at a use rate of 1.3 grams of oil per serving of food. The 1.3 grams of oil delivers 375 mg of SDA per serving of food.

APPENDIX. List of foods proposed for the inclusion of SDA

UK Food		
Code	UK food name	Food category
6061	Cake bars reduced fat e.g go-ahead doubl	Baked goods and baking mixes-bars
6655	Chewy cereal bar with coconut and choc t	Baked goods and baking mixes-bars
166	Croissants plain not filled	Baked goods and baking mixes-biscuits, bagels, etc
367	Cheese scones not wholemeal	Baked goods and baking mixes-biscuits, bagels, etc
368	Scones fruit not wholemeal	Baked goods and baking mixes-biscuits, bagels, etc
369	Plain scones	Baked goods and baking mixes-biscuits, bagels, etc
370	Rock cakes	Baked goods and baking mixes-biscuits, bagels, etc
371	Potato scones	Baked goods and baking mixes-biscuits, bagels, etc
372	Wholemeal scones plain	Baked goods and baking mixes-biscuits, bagels, etc
3189	Wholemeal fruit scones	Baked goods and baking mixes-biscuits, bagels, etc
3683	Fruit scones with reduced fat spread and	Baked goods and baking mixes-biscuits, bagels, etc
3780	Scones fruit reduced fat e.g. M + S	Baked goods and baking mixes-biscuits, bagels, etc
5537	Rock cakes with butter sultanas & walnut	Baked goods and baking mixes-biscuits, bagels, etc
5550	Fatless fruit scone	Baked goods and baking mixes-biscuits, bagels, etc
5686	Plain scones made with butter	Baked goods and baking mixes-biscuits, bagels, etc
5703	Scones plain made with butter and brown	Baked goods and baking mixes-biscuits, bagels, etc
6838	Tortilla (wheat) soft	Baked goods and baking mixes-biscuits, bagels, etc
8176	Croissant with sweet filling	Baked goods and baking mixes-biscuits, bagels, etc
8366	Croissant with a savoury filling	Baked goods and baking mixes-biscuits, bagels, etc
8607	Fruit scone made with pufa margarine	Baked goods and baking mixes-biscuits, bagels, etc
8678	Fruit scone half wholemeal pufa margarin	Baked goods and baking mixes-biscuits, bagels, etc
8776	Scone made with low fat spread not poly	Baked goods and baking mixes-biscuits, bagels, etc
8813	Scone reduced fat spread ccf semi skimme	Baked goods and baking mixes-biscuits, bagels, etc
8870	Scones made with gluten free flour	Baked goods and baking mixes-biscuits, bagels, etc
9047	Wholemeal fruit scone with pufa marg	Baked goods and baking mixes-biscuits, bagels, etc
9373	Bagels plain only	Baked goods and baking mixes-biscuits, bagels, etc
9582	Fruit scone made w fructose & white flor	Baked goods and baking mixes-biscuits, bagels, etc
9586	Plain scones made w pufa marg	Baked goods and baking mixes-biscuits, bagels, etc
9646	Fruit scone made w recd fat spread (high	Baked goods and baking mixes-biscuits, bagels, etc
9688	Rock cakes made with pufa and white flor	Baked goods and baking mixes-biscuits, bagels, etc
9705	Fruit scone (with lard and flora)	Baked goods and baking mixes-biscuits, bagels, etc
9798	Rock cakes made with white flora & artif	Baked goods and baking mixes-biscuits, bagels, etc
9807	Sultana scone made with canderel	Baked goods and baking mixes-biscuits, bagels, etc
9954	Plain scones made with lard	Baked goods and baking mixes-biscuits, bagels, etc
101	All-bran loaf	Baked goods and baking mixes-breads
102	Brown bread no added bran	Baked goods and baking mixes-breads
103	Br. Bread fried blend oil	Baked goods and baking mixes-breads
104	Brown bread fried in pufa oil	Baked goods and baking mixes-breads
105	Brown bread fried in dripping	Baked goods and baking mixes-breads
106	Brown bread fried in lard	Baked goods and baking mixes-breads
107	Brown bread toasted	Baked goods and baking mixes-breads
108	Bread currant	Baked goods and baking mixes-breads
109	Bread currant toasted	Baked goods and baking mixes-breads

UK**Food****CodeUK food name****Food category**

110	Wheatgerm bread eg hovis wheatgerm bread	Baked goods and baking mixes-breads
111	Wheatgerm bread toasted	Baked goods and baking mixes-breads
112	Bread granary	Baked goods and baking mixes-breads
113	Granary bread toasted	Baked goods and baking mixes-breads
114	Bread rye	Baked goods and baking mixes-breads
115	Rye bread toasted	Baked goods and baking mixes-breads
116	Bread pitta white	Baked goods and baking mixes-breads
117	Bread pitta wholemeal	Baked goods and baking mixes-breads
118	Bread vit-be	Baked goods and baking mixes-breads
119	Vitbe bread toasted not vitbe hi bran	Baked goods and baking mixes-breads
120	Bread white sliced	Baked goods and baking mixes-breads
121	Bread white crusty	Baked goods and baking mixes-breads
122	Bread white any fried in blended veg oil	Baked goods and baking mixes-breads
123	Bread white fried in pufa oil	Baked goods and baking mixes-breads
124	Bread white fried in dripping	Baked goods and baking mixes-breads
125	Bread white fried in lard	Baked goods and baking mixes-breads
126	Bread white toasted	Baked goods and baking mixes-breads
127	Bread white french stick	Baked goods and baking mixes-breads
128	Milk bread white	Baked goods and baking mixes-breads
129	Bread white slimmers	Baked goods and baking mixes-breads
130	Bread white scottish batch loaf	Baked goods and baking mixes-breads
131	Bread white soda	Baked goods and baking mixes-breads
132	Bread white vienna	Baked goods and baking mixes-breads
133	Bread wholemeal	Baked goods and baking mixes-breads
134	Who. Bread fried blended oil	Baked goods and baking mixes-breads
135	Who. Bread fried pufa oil	Baked goods and baking mixes-breads
136	Who. Bread fried in dripping	Baked goods and baking mixes-breads
137	Bread wholemeal fried in lard	Baked goods and baking mixes-breads
138	Bread wholemeal toasted	Baked goods and baking mixes-breads
139	Breadcumbs white homemade dried	Baked goods and baking mixes-breads
140	Breadcumbs shop-bought dried	Baked goods and baking mixes-breads
141	Chapatis bro. In butter ghee	Baked goods and baking mixes-breads
142	Chapatis bro. In veg ghee	Baked goods and baking mixes-breads
143	Chapati brown no fat	Baked goods and baking mixes-breads
144	Chapatis whi. In butter ghee	Baked goods and baking mixes-breads
145	Chapatis whi.in veg. Ghee	Baked goods and baking mixes-breads
146	Chapati white made without fat	Baked goods and baking mixes-breads
147	Crumpets pikelets	Baked goods and baking mixes-breads
148	Crumpets pikelets toasted	Baked goods and baking mixes-breads
149	Malt loaf fruit purchased	Baked goods and baking mixes-breads
150	Malt loaf toasted	Baked goods and baking mixes-breads
151	Muffins plain english not wholemeal	Baked goods and baking mixes-breads
152	Muffins white toasted	Baked goods and baking mixes-breads
157	Rolls hamburger buns	Baked goods and baking mixes-breads
158	Rolls white crusty	Baked goods and baking mixes-breads
159	Rolls white soft	Baked goods and baking mixes-breads
160	Rolls white starch reduced	Baked goods and baking mixes-breads

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161	Rolls wholemeal	Baked goods and baking mixes-breads
162	Bread vitbe fried blended oil	Baked goods and baking mixes-breads
163	Bread vitbe fried dripping	Baked goods and baking mixes-breads
164	Bread vitbe fried in lard	Baked goods and baking mixes-breads
165	Vitbe hovis fried in pufa oil	Baked goods and baking mixes-breads
167	Whole meal malt loaf	Baked goods and baking mixes-breads
168	Wholemeal malt loaf toasted	Baked goods and baking mixes-breads
169	Roll granary brown wheatgerm toasted	Baked goods and baking mixes-breads
170	Hamburger rolls toasted	Baked goods and baking mixes-breads
171	Rolls white toasted	Baked goods and baking mixes-breads
172	Rolls wholemeal toasted	Baked goods and baking mixes-breads
173	Muffins english wholemeal or bran	Baked goods and baking mixes-breads
174	Wholemeal muffins toasted	Baked goods and baking mixes-breads
2777	Chapatis with PUFA oil and ghee	Baked goods and baking mixes-breads
3148	Pitta bread white toasted	Baked goods and baking mixes-breads
3172	Wholemeal bread slimmers toasted	Baked goods and baking mixes-breads
3301	Walnut bread with brown flour & powdered	Baked goods and baking mixes-breads
3431	Wholemeal soda bread toasted	Baked goods and baking mixes-breads
3457	Chapati wholemeal with olive oil	Baked goods and baking mixes-breads
3487	Pitta bread wholemeal toasted	Baked goods and baking mixes-breads
3590	Soya bread with eggs cheese and olive o	Baked goods and baking mixes-breads
3603	Wholemeal soda bread	Baked goods and baking mixes-breads
3624	Bread with eggs and olive oil	Baked goods and baking mixes-breads
5750	Apricot & walnut loaf	Baked goods and baking mixes-breads
5851	Reduced calorie wholemeal toast	Baked goods and baking mixes-breads
5931	Chapatis white in margarine (pufa)	Baked goods and baking mixes-breads
6280	Masala puri fried in groundnut oil	Baked goods and baking mixes-breads
6463	Wholemeal bread sesame seeds sunflower s	Baked goods and baking mixes-breads
6745	Soya and linseed bread toasted	Baked goods and baking mixes-breads
6756	Burghen soya and linseed bread	Baked goods and baking mixes-breads
6833	Panini white bread rolls (e.g. M&S)	Baked goods and baking mixes-breads
6839	Garlic bread. Lower fat	Baked goods and baking mixes-breads
6974	Focaccia plain garlic or herbs	Baked goods and baking mixes-breads
6976	Cheese topped rolls/baps white	Baked goods and baking mixes-breads
6977	Ciabatta plain	Baked goods and baking mixes-breads
7604	Softgrain bread not fortified with folat	Baked goods and baking mixes-breads
7605	Bread softgrain toasted	Baked goods and baking mixes-breads
7606	Softgrain bread fried in dripping	Baked goods and baking mixes-breads
7607	Soft grain bread fried in lard	Baked goods and baking mixes-breads
7608	Soft grain bread fried in pufa	Baked goods and baking mixes-breads
7609	Bread high fibre white	Baked goods and baking mixes-breads
7610	Bread high fibre white toasted	Baked goods and baking mixes-breads
7611	Bread high fibre fried in dripping	Baked goods and baking mixes-breads
7612	Bread high fibre fried in lard	Baked goods and baking mixes-breads
7613	Bread high fibre fried in pufa	Baked goods and baking mixes-breads
7614	Bread wholemeal slimmers only eg nimble	Baked goods and baking mixes-breads
7615	Garlic (& herb) bread	Baked goods and baking mixes-breads

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7616	Granary french stick	Baked goods and baking mixes-breads
7617	Oatmeal bread	Baked goods and baking mixes-breads
7618	Bread oatmeal toasted	Baked goods and baking mixes-breads
7619	Softgrain rolls	Baked goods and baking mixes-breads
7620	Rolls brown granary wheatgerm crusty	Baked goods and baking mixes-breads
7621	Brown granary wheatgerm rolls soft	Baked goods and baking mixes-breads
7622	Naan bread plain	Baked goods and baking mixes-breads
8073	Milk loaf toasted	Baked goods and baking mixes-breads
8177	Hi bran bread	Baked goods and baking mixes-breads
8178	Hibran bread toasted	Baked goods and baking mixes-breads
8179	Softgrain bread fortified with folate	Baked goods and baking mixes-breads
8180	Softgrain bread fortified toasted	Baked goods and baking mixes-breads
8363	Soft grain bread fried in blended veg oi	Baked goods and baking mixes-breads
8522	Hgh fibre white bread fried in blended v	Baked goods and baking mixes-breads
8595	Paratha	Baked goods and baking mixes-breads
8603	Wholemeal chapati made with sunflower oi	Baked goods and baking mixes-breads
8630	Wholemeal muesli roll+raisins+sunflower	Baked goods and baking mixes-breads
8670	White chapatti made with sunflower oil	Baked goods and baking mixes-breads
8690	Roti homemade	Baked goods and baking mixes-breads
8700	Brown bread with added vitamins + calciu	Baked goods and baking mixes-breads
8718	Gluten free bread toasted	Baked goods and baking mixes-breads
8744	Ciabatta white bread made with olive oil	Baked goods and baking mixes-breads
8797	Puri wholemeal with pufa margarine	Baked goods and baking mixes-breads
8804	Brown bread with added vitamins ca & fe	Baked goods and baking mixes-breads
8864	Gluten free white bread not low protein	Baked goods and baking mixes-breads
8964	Puri made with white flour anchor butter	Baked goods and baking mixes-breads
9054	Paratha with butter	Baked goods and baking mixes-breads
9129	Brioche	Baked goods and baking mixes-breads
9310	Softgrain bread fried in olive oil	Baked goods and baking mixes-breads
9372	Continental breads eg. Ciabatta fociaac	Baked goods and baking mixes-breads
9466	Bread wholemeal fortified eg. Tesco	Baked goods and baking mixes-breads
9467	Bread white fortified not softgrain eg.	Baked goods and baking mixes-breads
9640	Wholemeal bread fried in butter	Baked goods and baking mixes-breads
9668	Layered fruit bread	Baked goods and baking mixes-breads
9682	Fried white bread palm oil	Baked goods and baking mixes-breads
9928	W/meal toast fortified with vits and min	Baked goods and baking mixes-breads
9929	White toast fortified with vits and mine	Baked goods and baking mixes-breads
302	Banana cake	Baked goods and baking mixes-cakes heavy weight
332	Fruit cake rich purchased	Baked goods and baking mixes-cakes heavy weight
333	Iced rich fruit cake	Baked goods and baking mixes-cakes heavy weight
337	Gingerbread homemade	Baked goods and baking mixes-cakes heavy weight
387	Walnut gateaux	Baked goods and baking mixes-cakes heavy weight
388	Walnut loaf	Baked goods and baking mixes-cakes heavy weight
509	Cheesecake baked homemade	Baked goods and baking mixes-cakes heavy weight
2904	Fruit cake with apricots and butter	Baked goods and baking mixes-cakes heavy weight
2910	Banana cake with sultanas bran & butter	Baked goods and baking mixes-cakes heavy weight
3339	Fruit cake with semolina no fat	Baked goods and baking mixes-cakes heavy weight

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3570	Fruit cake with wholemeal flour orange	Baked goods and baking mixes-cakes heavy weight
3647	Fruit cake diabetic no fat	Baked goods and baking mixes-cakes heavy weight
3899	Carrot cake with cream cheese icing	Baked goods and baking mixes-cakes heavy weight
5228	Banana cake (pufa margarine & golden syr	Baked goods and baking mixes-cakes heavy weight
5238	Carrot and nut cake	Baked goods and baking mixes-cakes heavy weight
5656	Carrot apple and walnut cake	Baked goods and baking mixes-cakes heavy weight
5722	Carrot cake not wholemeal iced purchased	Baked goods and baking mixes-cakes heavy weight
5922	Orange lemon cake with dried fruit pufa	Baked goods and baking mixes-cakes heavy weight
5946	Blackcurrant cheesecake homemade with ca	Baked goods and baking mixes-cakes heavy weight
5962	Apple and marmalade cake made with pufa	Baked goods and baking mixes-cakes heavy weight
6198	Fruit cake: vitalite semi skimmed milk s	Baked goods and baking mixes-cakes heavy weight
6216	Carrot cake	Baked goods and baking mixes-cakes heavy weight
6287	Apple cake made with pufa margarine	Baked goods and baking mixes-cakes heavy weight
6317	Fruit cake with walnuts and ground almon	Baked goods and baking mixes-cakes heavy weight
6457	Fruit cake with reduced fat spread iced	Baked goods and baking mixes-cakes heavy weight
6532	Apple cake made with butter and whole mi	Baked goods and baking mixes-cakes heavy weight
6590	Carrot cake with walnuts not wholemeal	Baked goods and baking mixes-cakes heavy weight
6654	Cake with ground almonds and marmalade	Baked goods and baking mixes-cakes heavy weight
6735	Banana cake with low fat sp'd sultanas &	Baked goods and baking mixes-cakes heavy weight
6918	Fruit cake with walnuts	Baked goods and baking mixes-cakes heavy weight
7685	Carrot cake w/m purchased no icing	Baked goods and baking mixes-cakes heavy weight
7686	Cherry cake	Baked goods and baking mixes-cakes heavy weight
7688	Coconut cake	Baked goods and baking mixes-cakes heavy weight
7690	Wholemeal fruit cake purchased	Baked goods and baking mixes-cakes heavy weight
7691	Gingerbread / gingercake purchased	Baked goods and baking mixes-cakes heavy weight
8105	Fruit cake purchased	Baked goods and baking mixes-cakes heavy weight
8375	Carrot cake made with w/m flour iced	Baked goods and baking mixes-cakes heavy weight
8567	Fruit cake plain wholemeal homemade	Baked goods and baking mixes-cakes heavy weight
8568	Fruit cake rich iced with marzipan purch	Baked goods and baking mixes-cakes heavy weight
8650	Carrot cake homemade	Baked goods and baking mixes-cakes heavy weight
8693	Apple date and walnut loaf homemade	Baked goods and baking mixes-cakes heavy weight
8715	Fruit cake light pufa margarine homemade	Baked goods and baking mixes-cakes heavy weight
8717	Fruit cake oatmeal cornmeal soya milk ho	Baked goods and baking mixes-cakes heavy weight
8770	Orange cake homemade icing made with ora	Baked goods and baking mixes-cakes heavy weight
8780	Banana cake made with wholemeal flour ho	Baked goods and baking mixes-cakes heavy weight
9306	Fruit cake homemade with pufa margarine	Baked goods and baking mixes-cakes heavy weight
9633	Fruit cake wholemeal flour and pufa marg	Baked goods and baking mixes-cakes heavy weight
9635	Fruit cake made with low fat spread	Baked goods and baking mixes-cakes heavy weight
9667	Diabetic fruit cake reduced fat eg boots	Baked goods and baking mixes-cakes heavy weight
9707	Currant cake with butter	Baked goods and baking mixes-cakes heavy weight
9711	Fruit cake with apricot apple and fromag	Baked goods and baking mixes-cakes heavy weight
9712	Apple sauce cake homemade	Baked goods and baking mixes-cakes heavy weight
9728	Fruit cake - no fat or eggs	Baked goods and baking mixes-cakes heavy weight
9734	Currant cake made with fructose	Baked goods and baking mixes-cakes heavy weight
9744	Date and raisin cake (no sugar) homemade	Baked goods and baking mixes-cakes heavy weight
9761	Carrot cake - no egg or fat	Baked goods and baking mixes-cakes heavy weight
9768	Coconut cake homemade	Baked goods and baking mixes-cakes heavy weight

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9772	Boiled fruit cake with lard	Baked goods and baking mixes-cakes heavy weight
9803	Apple cake made with butter	Baked goods and baking mixes-cakes heavy weight
9847	Fruit cake (no fat)	Baked goods and baking mixes-cakes heavy weight
9909	Banana and raisin bread	Baked goods and baking mixes-cakes heavy weight
9924	Diabetic fruit cake (flora w/m fl fructo	Baked goods and baking mixes-cakes heavy weight
9925	Fruit cake made with ccf	Baked goods and baking mixes-cakes heavy weight
305	Caramel shortcake	Baked goods and baking mixes-cakes light weight
307	Chinese glutinous rice flour cakes	Baked goods and baking mixes-cakes light weight
375	Sponge cake fatless purchased incl. Spon	Baked goods and baking mixes-cakes light weight
377	Sponge no fat butter cream	Baked goods and baking mixes-cakes light weight
378	Sponge not w/meal not choc with marg but	Baked goods and baking mixes-cakes light weight
379	Sponge cake/ swiss roll not chocolate	Baked goods and baking mixes-cakes light weight
381	Sponge cake mix packet as served	Baked goods and baking mixes-cakes light weight
2644	Sponge cake with marg not choc homemade	Baked goods and baking mixes-cakes light weight
3091	Chocolate sponge cake made with reduced	Baked goods and baking mixes-cakes light weight
5487	Apple sponge cake using reduced fat mono	Baked goods and baking mixes-cakes light weight
5666	Chocolate sponge made with brown sugar &	Baked goods and baking mixes-cakes light weight
5910	Chocolate sponge made with low fat sprea	Baked goods and baking mixes-cakes light weight
5923	Apricot sponge cake made with pufa marga	Baked goods and baking mixes-cakes light weight
7694	Gateau chocolate (sponge) frozen eg blac	Baked goods and baking mixes-cakes light weight
8550	Gateaux not chocolate (sponge) frozen or	Baked goods and baking mixes-cakes light weight
8563	Sponge cake no fat homemade	Baked goods and baking mixes-cakes light weight
8600	Sponge cake with fat no filling no icing	Baked goods and baking mixes-cakes light weight
8680	Sponge cake pufa marg homemade no fillin	Baked goods and baking mixes-cakes light weight
8858	Lemon sponge cake made with pufa margari	Baked goods and baking mixes-cakes light weight
9548	Sponge cake made with butter	Baked goods and baking mixes-cakes light weight
9587	Wholemeal sponge pufa marg & pufa butter	Baked goods and baking mixes-cakes light weight
9588	Chocolate sponge made w pufa no icing	Baked goods and baking mixes-cakes light weight
9808	Sponge made with artificial sweetener	Baked goods and baking mixes-cakes light weight
9809	Cheery sponge made with artificial sweet	Baked goods and baking mixes-cakes light weight
9923	Diabetic w/m sponge cake made + flora &	Baked goods and baking mixes-cakes light weight
301	Bakewell tart; frangipane tart	Baked goods and baking mixes-cakes medium weight
306	Chinese cakes and pastries	Baked goods and baking mixes-cakes medium weight
309	Chocolate cup cakes	Baked goods and baking mixes-cakes medium weight
329	Fancy iced cakes	Baked goods and baking mixes-cakes medium weight
345	Lardy cake	Baked goods and baking mixes-cakes medium weight
349	Madeira cake	Baked goods and baking mixes-cakes medium weight
374	Sponge cake with fat+jam fill	Baked goods and baking mixes-cakes medium weight
380	Sponge jam filled purchased	Baked goods and baking mixes-cakes medium weight
3038	Chocolate brownies with brandy and pecan	Baked goods and baking mixes-cakes medium weight
3082	Chocolate cake no filling	Baked goods and baking mixes-cakes medium weight
3897	Chocolate fudge cake purchased (not red	Baked goods and baking mixes-cakes medium weight
5179	Sponge made with pufa with buttercream f	Baked goods and baking mixes-cakes medium weight
5377	Sponge cake marg lemon & glace icing	Baked goods and baking mixes-cakes medium weight
5378	Chocolate sponge made with buttercream b	Baked goods and baking mixes-cakes medium weight
5390	Rice krispie cake with wholemeal pastry	Baked goods and baking mixes-cakes medium weight
5404	Chocolate and walnut brownies	Baked goods and baking mixes-cakes medium weight

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5406	Cornflake chocolate and syrup cake	Baked goods and baking mixes-cakes medium weight
5448	Sponge cake not choc purchased jam fille	Baked goods and baking mixes-cakes medium weight
5534	Vic. Spongewith fondant icing & butter c	Baked goods and baking mixes-cakes medium weight
5603	Choc cake eg death by chocolate sarah le	Baked goods and baking mixes-cakes medium weight
5661	Chocolate cake no filling no icing part	Baked goods and baking mixes-cakes medium weight
5766	Choc caramel cake w/meal with pufa and s	Baked goods and baking mixes-cakes medium weight
5771	Cakes yoghurt filled	Baked goods and baking mixes-cakes medium weight
5818	Madeira cake with glaze cherries	Baked goods and baking mixes-cakes medium weight
5985	Choc victoria sponge butter and buttercr	Baked goods and baking mixes-cakes medium weight
6008	Semolina and almond cake	Baked goods and baking mixes-cakes medium weight
6034	Spiced dutch apple cake with walnuts	Baked goods and baking mixes-cakes medium weight
6035	Parkin made with wholemeal flour	Baked goods and baking mixes-cakes medium weight
6213	Fairy cakes made with olivio	Baked goods and baking mixes-cakes medium weight
6246	Mandarin gateau	Baked goods and baking mixes-cakes medium weight
6337	Sponge with marg pufa spread in buttercr	Baked goods and baking mixes-cakes medium weight
6948	Chocolate cake with olivio yohurt and w	Baked goods and baking mixes-cakes medium weight
7687	Chocolate cupcakes purchased	Baked goods and baking mixes-cakes medium weight
7689	Fairy cake iced	Baked goods and baking mixes-cakes medium weight
8367	Fairy cakes not iced purchased	Baked goods and baking mixes-cakes medium weight
8507	Swiss roll with jam and cream filling	Baked goods and baking mixes-cakes medium weight
8508	Sponge cake with jam and buttercream fil	Baked goods and baking mixes-cakes medium weight
8552	Sponge cake no fat with fresh cream home	Baked goods and baking mixes-cakes medium weight
8553	Chocolate cake no fat with cream filling	Baked goods and baking mixes-cakes medium weight
8554	Choc cake no fat buttercream filling hom	Baked goods and baking mixes-cakes medium weight
8555	Fairy cakes chocolate not iced purchased	Baked goods and baking mixes-cakes medium weight
8562	Chocolate cake no fat with buttercream p	Baked goods and baking mixes-cakes medium weight
8564	Swiss roll with buttercream filling purc	Baked goods and baking mixes-cakes medium weight
8576	Chocolate cake no fat no filling or icin	Baked goods and baking mixes-cakes medium weight
8606	Chocolate chip cakes made with pufa marg	Baked goods and baking mixes-cakes medium weight
8615	Cornflake and sugar puff krispies	Baked goods and baking mixes-cakes medium weight
8647	Sponge cake pufa marg homemade jam & wat	Baked goods and baking mixes-cakes medium weight
8713	Chocolate cake pufa marg homemade no fil	Baked goods and baking mixes-cakes medium weight
8875	Choc cake with reduced fat spread & whol	Baked goods and baking mixes-cakes medium weight
8926	Sponge cake (reduced fat) jam filling ch	Baked goods and baking mixes-cakes medium weight
8930	Chocolate biscuit cake	Baked goods and baking mixes-cakes medium weight
9010	Sponge cake made with 70-80% fat spread	Baked goods and baking mixes-cakes medium weight
9020	Mcvities golden syrup cake	Baked goods and baking mixes-cakes medium weight
9517	Mixed fruit sponge cake mix made with pu	Baked goods and baking mixes-cakes medium weight
9556	Sponge cake m with pufa and water icing	Baked goods and baking mixes-cakes medium weight
9748	Yogurt cake	Baked goods and baking mixes-cakes medium weight
9788	Simnel cake	Baked goods and baking mixes-cakes medium weight
9851	Eccles cake (with lard and egg)	Baked goods and baking mixes-cakes medium weight
253	Fully coated chocolate biscuits biscuit	Baked goods and baking mixes-cookies
254	Chocolate short or sweet biscuits half c	Baked goods and baking mixes-cookies
259	Digestive plain	Baked goods and baking mixes-cookies
260	Digestives half coated chocolate	Baked goods and baking mixes-cookies
261	Flapjacks purchased	Baked goods and baking mixes-cookies

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262	Fruit biscuits not wholemeal eg fruit sh	Baked goods and baking mixes-cookies
263	Gingernuts	Baked goods and baking mixes-cookies
265	Jam filled biscuits eg jammie dodgers	Baked goods and baking mixes-cookies
268	Cream sandwich biscuits	Baked goods and baking mixes-cookies
269	Semi-sweet biscuit	Baked goods and baking mixes-cookies
270	Short sweet biscuits	Baked goods and baking mixes-cookies
272	Biscuits wafer sandwich cream filled	Baked goods and baking mixes-cookies
273	Wafer-plain ice-cream wafer not filled	Baked goods and baking mixes-cookies
276	Who.bisc.plain or flavoured	Baked goods and baking mixes-cookies
277	Who. Bisc. Fruit or nut	Baked goods and baking mixes-cookies
278	Who. Cream filled biscuits	Baked goods and baking mixes-cookies
280	Snowballs	Baked goods and baking mixes-cookies
281	Fruit and nut biscuits	Baked goods and baking mixes-cookies
348	Macaroons	Baked goods and baking mixes-cookies
412	Slimming biscuits	Baked goods and baking mixes-cookies
2762	Oat and Date slice made with wholemeal f	Baked goods and baking mixes-cookies
2987	Chocolate chip bar fortified e.g. slimf	Baked goods and baking mixes-cookies
3216	Benecol snack bar chocolate chip and ha	Baked goods and baking mixes-cookies
3267	Rice cakes	Baked goods and baking mixes-cookies
3429	Almond biscuits made with wholemeal flou	Baked goods and baking mixes-cookies
3491	Banana and raisin flapjack	Baked goods and baking mixes-cookies
3564	Ginger snaps no added fat	Baked goods and baking mixes-cookies
3575	Cookies with rice butter apple and apr	Baked goods and baking mixes-cookies
3579	Flapjacks with blackberries apple and o	Baked goods and baking mixes-cookies
3580	Oat and coconut biscuits with olive spre	Baked goods and baking mixes-cookies
3745	Oat & rice cereal bar fortified kellog	Baked goods and baking mixes-cookies
3783	Iced gem biscuits fortified	Baked goods and baking mixes-cookies
3802	Brandy snaps	Baked goods and baking mixes-cookies
4103	Sainsbury w/m shortbread	Baked goods and baking mixes-cookies
5441	Chocolate brick biscuit	Baked goods and baking mixes-cookies
5495	Chocolate brick made with margarine	Baked goods and baking mixes-cookies
5496	Shortbread made with margarine	Baked goods and baking mixes-cookies
5594	McVities go ahead fruit ins	Baked goods and baking mixes-cookies
5653	Wholemeal and oat biscuits	Baked goods and baking mixes-cookies
5665	Biscuit school with sultanas & cornflake	Baked goods and baking mixes-cookies
5752	Oat flapjack dipped in chocolate	Baked goods and baking mixes-cookies
5955	Shortbread biscuits with sunflower marg	Baked goods and baking mixes-cookies
5970	Short sweet biscuits with jam and cream	Baked goods and baking mixes-cookies
5974	Sultana cookies with oats	Baked goods and baking mixes-cookies
5986	Flapjack made with spreadable butter	Baked goods and baking mixes-cookies
6022	Nut cookies	Baked goods and baking mixes-cookies
6099	Crackerjack biscuit	Baked goods and baking mixes-cookies
6137	Flapjack made with gold extra light	Baked goods and baking mixes-cookies
6252	Coconut slices	Baked goods and baking mixes-cookies
6277	No-cook chocolate cake with raisins & wa	Baked goods and baking mixes-cookies
6310	Chocolate crisp rice biscuit bar eg.	Baked goods and baking mixes-cookies
6400	Chocoinis mcVities go ahead 85% fat free	Baked goods and baking mixes-cookies

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6506	Shortbread with soft margarine and custard	Baked goods and baking mixes-cookies
6583	Peanut butter biscuits made with flour	Baked goods and baking mixes-cookies
6610	Shortbread fresh fields sunflower spread	Baked goods and baking mixes-cookies
6619	Ginger biscuits made with butter	Baked goods and baking mixes-cookies
6883	Cereal bar with fruit. Unfortified e.g w	Baked goods and baking mixes-cookies
6932	Gingerbread men (biscuits) with reduced	Baked goods and baking mixes-cookies
7325	High fibre ryvita	Baked goods and baking mixes-cookies
7649	Bread sticks eg grissini	Baked goods and baking mixes-cookies
7650	Cornish wafers	Baked goods and baking mixes-cookies
7651	Coconut cookies	Baked goods and baking mixes-cookies
7652	Wholemeal crackers or farmhouse crackers	Baked goods and baking mixes-cookies
7653	Crispbread rye with sesame seeds	Baked goods and baking mixes-cookies
7654	Crispbread notryvita pop/ses seed	Baked goods and baking mixes-cookies
7656	Chewy cereal snack bar	Baked goods and baking mixes-cookies
7657	Digestives with oats plain eg hob nobs r	Baked goods and baking mixes-cookies
7658	Digestives with oats choc. 1/2 coated	Baked goods and baking mixes-cookies
7659	Digestives with oat & fruit	Baked goods and baking mixes-cookies
7660	Digestives (oat fruit & choco)	Baked goods and baking mixes-cookies
7661	Jaffa cakes any flavour	Baked goods and baking mixes-cookies
7662	Chocolate chip cookies	Baked goods and baking mixes-cookies
7663	Chocolate chip cookies with nuts	Baked goods and baking mixes-cookies
7664	Fig rolls	Baked goods and baking mixes-cookies
7665	Cereal crunchy bars	Baked goods and baking mixes-cookies
8162	Shortbread purchased	Baked goods and baking mixes-cookies
8166	Mallow biscuits no chocolate	Baked goods and baking mixes-cookies
8191	All butter biscuits	Baked goods and baking mixes-cookies
8192	Carob half coated biscuits	Baked goods and baking mixes-cookies
8193	Chocolate biscuits fully coated with bis	Baked goods and baking mixes-cookies
8194	Chocolate biscuit fully coated containin	Baked goods and baking mixes-cookies
8195	Chocolate coated biscuits with marshmall	Baked goods and baking mixes-cookies
8196	Crunch biscuits	Baked goods and baking mixes-cookies
8197	Crunch biscuits half coated with chocola	Baked goods and baking mixes-cookies
8198	Crunch biscuit with cream filling	Baked goods and baking mixes-cookies
8199	Digestive reduced sugar	Baked goods and baking mixes-cookies
8200	Honey biscuits	Baked goods and baking mixes-cookies
8201	Iced biscuits	Baked goods and baking mixes-cookies
8202	Chocolate coated biscuits with marshmall	Baked goods and baking mixes-cookies
8203	Ostlers	Baked goods and baking mixes-cookies
8204	Semi-sweet biscuits half coated with cho	Baked goods and baking mixes-cookies
8484	Garibaldi	Baked goods and baking mixes-cookies
8541	Biscuits with cream and jam	Baked goods and baking mixes-cookies
8619	Flapjacks made with sunflower marg and c	Baked goods and baking mixes-cookies
8633	Oat slices	Baked goods and baking mixes-cookies
8679	Shortbread half wholemeal pufa margarine	Baked goods and baking mixes-cookies
8823	Rice krispie biscuit made from mars bars	Baked goods and baking mixes-cookies
8867	Low protein gluten free wafer cream bisc	Baked goods and baking mixes-cookies
8868	Gluten free rice cookies	Baked goods and baking mixes-cookies

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8872	Gluten free tea biscuits	Baked goods and baking mixes-cookies
8927	Shortcake made with reduced fat poly spr	Baked goods and baking mixes-cookies
8962	Siro (white flour biscuit made with vege	Baked goods and baking mixes-cookies
8989	McVities light digestives 25 % less fat	Baked goods and baking mixes-cookies
9069	Flapjacks with pufa high in oates	Baked goods and baking mixes-cookies
9472	Digestives half coated in choc reduced f	Baked goods and baking mixes-cookies
9473	Short sweet biscuits reduced fat	Baked goods and baking mixes-cookies
9770	Oatmeal cookies	Baked goods and baking mixes-cookies
9771	Oat & syrup biscuits made with lard	Baked goods and baking mixes-cookies
9907	All butter ginger biscuits	Baked goods and baking mixes-cookies
9911	Shortcake with apricot jam	Baked goods and baking mixes-cookies
251	Biscuits cheese flavoured	Baked goods and baking mixes-crackers
252	Cheese sandwich biscuits	Baked goods and baking mixes-crackers
255	Cream crackers	Baked goods and baking mixes-crackers
256	Crispbread rye	Baked goods and baking mixes-crackers
257	Crispbreads starch reduced	Baked goods and baking mixes-crackers
258	Crispbreads extra light	Baked goods and baking mixes-crackers
266	Matzos	Baked goods and baking mixes-crackers
267	Oatcakes	Baked goods and baking mixes-crackers
274	Water biscuit	Baked goods and baking mixes-crackers
279	Tuc ritz saltines	Baked goods and baking mixes-crackers
8605	Cheese straws	Baked goods and baking mixes-crackers
201	All bran kelloggs only	Breakfast cereals & Grains-breakfast cereals
202	Branflakes kelloggs only	Breakfast cereals & Grains-breakfast cereals
203	Sultana bran kelloggs only	Breakfast cereals & Grains-breakfast cereals
204	Coco pops kelloggs only	Breakfast cereals & Grains-breakfast cereals
205	Corn flakes kelloggs only	Breakfast cereals & Grains-breakfast cereals
206	Cornflakes own brand not kelloggs	Breakfast cereals & Grains-breakfast cereals
210	Grapenuts	Breakfast cereals & Grains-breakfast cereals
211	Smacks kelloggs	Breakfast cereals & Grains-breakfast cereals
212	Muesli eg. Alpen with added sugar	Breakfast cereals & Grains-breakfast cereals
213	Crunchy clusters type cereal without nut	Breakfast cereals & Grains-breakfast cereals
214	Muesli no added sugar	Breakfast cereals & Grains-breakfast cereals
215	Porridge made with water	Breakfast cereals & Grains-breakfast cereals
216	Porridge made with whole milk	Breakfast cereals & Grains-breakfast cereals
217	Porridge made with whole milk & water	Breakfast cereals & Grains-breakfast cereals
218	Puffed wheat	Breakfast cereals & Grains-breakfast cereals
219	Ready brek as served	Breakfast cereals & Grains-breakfast cereals
220	Rice krispies kelloggs only	Breakfast cereals & Grains-breakfast cereals
221	Shredded wheat	Breakfast cereals & Grains-breakfast cereals
222	Shreddies any brand not frosted not coco	Breakfast cereals & Grains-breakfast cereals
223	Special k kelloggs	Breakfast cereals & Grains-breakfast cereals
224	Sugar puffs	Breakfast cereals & Grains-breakfast cereals
225	Weetabix & other wholewheat bisks	Breakfast cereals & Grains-breakfast cereals
226	Wheat flakes with sultanas or raisins	Breakfast cereals & Grains-breakfast cereals
227	Frosties-kelloggs only	Breakfast cereals & Grains-breakfast cereals
228	Multigrain start kelloggs	Breakfast cereals & Grains-breakfast cereals

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229	Fruit and fibre kelloggs only	Breakfast cereals & Grains-breakfast cereals
231	Oat crunchies quaker	Breakfast cereals & Grains-breakfast cereals
232	Crunchy nut cornflakes kelloggs & own br	Breakfast cereals & Grains-breakfast cereals
2675	Ready brek dry not flavoured not with	Breakfast cereals & Grains-breakfast cereals
2741	Porridge with water and carnation milk	Breakfast cereals & Grains-breakfast cereals
2970	Special k with red berries	Breakfast cereals & Grains-breakfast cereals
3008	Honey & nut bran flakes own brand e.g.	Breakfast cereals & Grains-breakfast cereals
3159	NEW YORKER BREAKFAST BAR fortified	Breakfast cereals & Grains-breakfast cereals
3188	Belgian chocolate dream kelloggs	Breakfast cereals & Grains-breakfast cereals
3210	Porridge with soya milk sweetened	Breakfast cereals & Grains-breakfast cereals
3211	Porridge with soya milk unsweetened	Breakfast cereals & Grains-breakfast cereals
3226	Get up & go oatwheat & cornflake cereal	Breakfast cereals & Grains-breakfast cereals
3353	Kellogs frosties cereal and milk bar	Breakfast cereals & Grains-breakfast cereals
3357	All bran apricot bites kelloggs only	Breakfast cereals & Grains-breakfast cereals
3370	Chocolate flavoured cornflake cereal sa	Breakfast cereals & Grains-breakfast cereals
3415	Dorset cereal with fruit and nuts	Breakfast cereals & Grains-breakfast cereals
3421	Ready brek with skimmed milk	Breakfast cereals & Grains-breakfast cereals
3450	Aldi honey balls cereal	Breakfast cereals & Grains-breakfast cereals
3546	Crunchy rice and wheat flakes cereal e.g	Breakfast cereals & Grains-breakfast cereals
3723	Pokemon breakfast cereal with marshmallo	Breakfast cereals & Grains-breakfast cereals
3762	Quaker oat bran crispies	Breakfast cereals & Grains-breakfast cereals
3778	Wholewheat corn & rice cereal with raisi	Breakfast cereals & Grains-breakfast cereals
3797	Porridge made semiskimmed milk	Breakfast cereals & Grains-breakfast cereals
3800	Flakes and grains cereal with tropical f	Breakfast cereals & Grains-breakfast cereals
3925	Porridge skimm milk no sugar	Breakfast cereals & Grains-breakfast cereals
4084	Oat and bran flakes no additions own bra	Breakfast cereals & Grains-breakfast cereals
4289	Cornflakes-high fibre eg ryvita	Breakfast cereals & Grains-breakfast cereals
4331	Ricicles (kelloggs)	Breakfast cereals & Grains-breakfast cereals
4741	Team	Breakfast cereals & Grains-breakfast cereals
5140	Kelloggs hot and krumbly	Breakfast cereals & Grains-breakfast cereals
5161	Crunchy nut chex	Breakfast cereals & Grains-breakfast cereals
5168	Frosted chex	Breakfast cereals & Grains-breakfast cereals
5199	Nesquick chocolate cereal	Breakfast cereals & Grains-breakfast cereals
5202	Chocolate chip crisp cereal sainsburys	Breakfast cereals & Grains-breakfast cereals
5204	Kellogs frosted wheats	Breakfast cereals & Grains-breakfast cereals
5207	Feast of flakes quaker	Breakfast cereals & Grains-breakfast cereals
5208	Chocco crunchies tesco	Breakfast cereals & Grains-breakfast cereals
5327	Fruit and fibre own brand not kelloggs	Breakfast cereals & Grains-breakfast cereals
5328	Crunchy/crispy muesli type cereal with n	Breakfast cereals & Grains-breakfast cereals
5329	Ready brek with fruit and nuts dry weigh	Breakfast cereals & Grains-breakfast cereals
5330	Ready brek fruit & nuts with whole milk	Breakfast cereals & Grains-breakfast cereals
5331	Ready brek with fruits and nuts semi ski	Breakfast cereals & Grains-breakfast cereals
5332	Ready brek fruit & nuts all skimmed milk	Breakfast cereals & Grains-breakfast cereals
5333	Sustain kelloggs	Breakfast cereals & Grains-breakfast cereals
5334	All bran type cereal nestle fibre only	Breakfast cereals & Grains-breakfast cereals
5344	Porridge made with ssmilk & water	Breakfast cereals & Grains-breakfast cereals
5357	Kellogg's choco flakes	Breakfast cereals & Grains-breakfast cereals

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5363 Kelloggs strike	Breakfast cereals & Grains-breakfast cereals
5508 All bran plus kelloggs only	Breakfast cereals & Grains-breakfast cereals
5747 Quaker quick & hearty honey bran	Breakfast cereals & Grains-breakfast cereals
5770 Nutri grain bars/ nutri-grain twist bars	Breakfast cereals & Grains-breakfast cereals
6043 Jordans bran crisp cereal	Breakfast cereals & Grains-breakfast cereals
6132 Weetabix fruitibix	Breakfast cereals & Grains-breakfast cereals
6159 Apricot crunchies tesco only	Breakfast cereals & Grains-breakfast cereals
6208 Sainsburys honey nut loops	Breakfast cereals & Grains-breakfast cereals
6209 Tesco strawberry crisp	Breakfast cereals & Grains-breakfast cereals
6302 Safeway crispy malty flakes	Breakfast cereals & Grains-breakfast cereals
6452 Sainsbury's strawberry crisp cereal	Breakfast cereals & Grains-breakfast cereals
6544 Oat bran flakes with raisins and apple s	Breakfast cereals & Grains-breakfast cereals
6822 Just right kellogg's (1/2 fat muesli)	Breakfast cereals & Grains-breakfast cereals
6823 Wheatflakes on sultanas wholewheat flak	Breakfast cereals & Grains-breakfast cereals
6824 Honey nut shredded wheat nestle	Breakfast cereals & Grains-breakfast cereals
6836 Muesli no added sugar with extra fruit	Breakfast cereals & Grains-breakfast cereals
6851 Bananabix	Breakfast cereals & Grains-breakfast cereals
6854 Porridge with soya milk and water	Breakfast cereals & Grains-breakfast cereals
6916 Porridge oats with linseed oatmeal and	Breakfast cereals & Grains-breakfast cereals
7051 Raisin wheats-kelloggs	Breakfast cereals & Grains-breakfast cereals
7623 Bran flakes without sultanas own brand-n	Breakfast cereals & Grains-breakfast cereals
7624 Branflakes with sultanas own brand	Breakfast cereals & Grains-breakfast cereals
7626 Frosted cornflakes own brand not kello	Breakfast cereals & Grains-breakfast cereals
7628 Bran buds kelloggs only	Breakfast cereals & Grains-breakfast cereals
7629 Muesli with added sugar with extra frui	Breakfast cereals & Grains-breakfast cereals
7630 Rice krispies own brand not kelloggs	Breakfast cereals & Grains-breakfast cereals
7632 Weetos chocolate covered rings	Breakfast cereals & Grains-breakfast cereals
7637 Cheerios multi	Breakfast cereals & Grains-breakfast cereals
7638 Toppas kelloggs	Breakfast cereals & Grains-breakfast cereals
7639 Cruesli	Breakfast cereals & Grains-breakfast cereals
7640 R.brek semi skimmed milk plain	Breakfast cereals & Grains-breakfast cereals
7641 R.brek flav. Whole milk	Breakfast cereals & Grains-breakfast cereals
7642 R.brek flav. Semi skim	Breakfast cereals & Grains-breakfast cereals
7643 R.brek flav. Skim milk	Breakfast cereals & Grains-breakfast cereals
7644 Porridge bran whole milk	Breakfast cereals & Grains-breakfast cereals
7645 Porridge bran semi-skim	Breakfast cereals & Grains-breakfast cereals
7646 Porridge bran skim milk	Breakfast cereals & Grains-breakfast cereals
7647 Kelloggs common sense oat bran flakes	Breakfast cereals & Grains-breakfast cereals
7648 Kelloggs common sense oat bran flakes +	Breakfast cereals & Grains-breakfast cereals
8005 Ready brek chocolate/dry weight	Breakfast cereals & Grains-breakfast cereals
8181 Chockles choc cornflakes & puffed rice w	Breakfast cereals & Grains-breakfast cereals
8182 Frosted shreddie	Breakfast cereals & Grains-breakfast cereals
8183 Weetabix crunchy bran only	Breakfast cereals & Grains-breakfast cereals
8184 Golden crackles kelloggs	Breakfast cereals & Grains-breakfast cereals
8185 Golden grahams nestle	Breakfast cereals & Grains-breakfast cereals
8186 Golden crisp kelloggs	Breakfast cereals & Grains-breakfast cereals
8187 Mallows mixed grain cereal with mallow p	Breakfast cereals & Grains-breakfast cereals

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8188	Oat & wheat bran eg weatabix	Breakfast cereals & Grains-breakfast cereals
8189	Oat cereal instant with fruit & nuts eg	Breakfast cereals & Grains-breakfast cereals
8190	Shredded wheat fruitful miniwheat and ow	Breakfast cereals & Grains-breakfast cereals
8383	Coco shreddiees	Breakfast cereals & Grains-breakfast cereals
8481	All bran type cereal sainsbury's hi fi	Breakfast cereals & Grains-breakfast cereals
8482	All bran type cereal e.g. tesco bran ce	Breakfast cereals & Grains-breakfast cereals
8483	Cocoa pops own brand not kelloggs	Breakfast cereals & Grains-breakfast cereals
8486	Honey loops kelloggs only	Breakfast cereals & Grains-breakfast cereals
8492	Nestle lucky charms oat cereal with mall	Breakfast cereals & Grains-breakfast cereals
8625	Tesco fruity hoops breakfast cereal	Breakfast cereals & Grains-breakfast cereals
8645	Porridge made with whole and semi skimme	Breakfast cereals & Grains-breakfast cereals
8675	Co-op honey bears breakfast cereal	Breakfast cereals & Grains-breakfast cereals
8712	Nestle clusters breakfast cereal	Breakfast cereals & Grains-breakfast cereals
8756	Porridge made 1/2 semi-skim milk 1/2 wat	Breakfast cereals & Grains-breakfast cereals
8819	Kelloggs ricles with marshmallows	Breakfast cereals & Grains-breakfast cereals
8853	Kelloggs pop tarts-any flavour	Breakfast cereals & Grains-breakfast cereals
8910	Boulders breakfast cereal tesco's	Breakfast cereals & Grains-breakfast cereals
8958	Kelloggs nut feast	Breakfast cereals & Grains-breakfast cereals
9032	Nestle cinnamon toast crunch-breakfast c	Breakfast cereals & Grains-breakfast cereals
9119	Porridge with soya milk and almonds	Breakfast cereals & Grains-breakfast cereals
9148	Superstars vanilla flavoured star shaped	Breakfast cereals & Grains-breakfast cereals
9150	Aseeda (porridge with yogurt)	Breakfast cereals & Grains-breakfast cereals
9188	Kellogs corn pops	Breakfast cereals & Grains-breakfast cereals
9275	Honey nut cheerios	Breakfast cereals & Grains-breakfast cereals
9276	Oat bran flakes with raisins apple coop	Breakfast cereals & Grains-breakfast cereals
9348	Instant oat cereal made up with water	Breakfast cereals & Grains-breakfast cereals
9549	Porridge made with 1/2 skimmed milk & 1/	Breakfast cereals & Grains-breakfast cereals
9555	Porridge made w bran & semi skimmed milk	Breakfast cereals & Grains-breakfast cereals
9796	Perfect balance (heinz weight watchers)	Breakfast cereals & Grains-breakfast cereals
9818	Oat bran flakes with raisins and apple (Breakfast cereals & Grains-breakfast cereals
9823	Chunky nut chex	Breakfast cereals & Grains-breakfast cereals
9884	Porridge made with bran water and butter	Breakfast cereals & Grains-breakfast cereals
686	Cottage cheese not low fat with additi	Cheese-cottage cheese
687	Cottage cheese plain	Cheese-cottage cheese
7725	Cottage cheese low fat plain	Cheese-cottage cheese
7726	Cottage cheese low fat with additions	Cheese-cottage cheese
7730	Cot. Cheese snack pots	Cheese-cottage cheese
653	Cheese cheddar australian	Cheeses
654	Cheese cheddar english	Cheeses
657	Cheese cheddar irish	Cheeses
658	Cheese cheddar new zealand	Cheeses
659	Cheese cheddar low fat	Cheeses
660	Cheese cheddar vegetarian	Cheeses
661	Cheese cheddar any other or for recipes	Cheeses
675	Cheese mozzarella	Cheeses
676	Cheese parmesan	Cheeses
677	Cheese processed slices or blocks	Cheeses

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678	Cheese-red windsor	Cheeses
684	Cheese spread triangles flavoured	Cheeses
685	Cheese spreads triangles plain	Cheeses
688	Cheese cream fullfat	Cheeses
689	Lactic cheese spread	Cheeses
691	Cheese brie	Cheeses
692	Cream cheese with walnuts	Cheeses
818	Welsh rarebit (no toast)	Cheeses
820	Toast toppers canned	Cheeses
2703	Cheese soft full fat. Philadelphia type	Cheeses
2742	Benecol cream cheese spread	Cheeses
2909	Mushrooms with cheese and olive oil	Cheeses
4082	Soya cheese	Cheeses
4414	Processed cheese spread low fat	Cheeses
6084	Cheese egg and onion pie	Cheeses
6191	Cheese pie made with filo pastry	Cheeses
6259	Deep fried cheese (brie) in batter	Cheeses
6978	Cheese mascarpone	Cheeses
6979	Cheese soft low fat	Cheeses
7057	Cheese goats full fat	Cheeses
7112	Cheese soft medium fat	Cheeses
7724	Snack hard cheese	Cheeses
7728	Ricotta	Cheeses
7729	Processed cheese slices low fat	Cheeses
7731	Cheese cheddar type half fat	Cheeses
7732	Processed cheese type slices dairylea	Cheeses
7733	Cheese spread with sunflower oil	Cheeses
8218	Cheddar type smoked hard cheese	Cheeses
8219	Cheese made with sunflower oil	Cheeses
9113	Tofu cheese	Cheeses
2681	Emlea imitation double cream	Dairy product analogues
4328	Emlea imitation cream single	Dairy product analogues
5335	Delight double imitation cream	Dairy product analogues
5336	Delight single imitation cream	Dairy product analogues
6968	Cream non-dairy UHT aerosol	Dairy product analogues
2422	French dressing code 2422	Fats and oils-dressings for salads
2441	Salad cream (not low calorie)	Fats and oils-dressings for salads
2442	Salad cream low calorie	Fats and oils-dressings for salads
2501	Blue cheese thousand island dressing	Fats and oils-dressings for salads
2704	French dressing-low fat e.g. m&s	Fats and oils-dressings for salads
3456	Oil free salad dressing	Fats and oils-dressings for salads
7921	Thousand island dressing low calorie	Fats and oils-dressings for salads
9390	Yogurt dressings purchased	Fats and oils-dressings for salads
9391	French dressing code 9391	Fats and oils-dressings for salads
9399	Salad dressing fat-free purchased	Fats and oils-dressings for salads
851	Butter salted	Fats and oils-Margarines/Spreads
852	Butter unsalted	Fats and oils-Margarines/Spreads

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856	Ghee made from butter	Fats and oils-Margarines/Spreads
859	Low fat spread (40%) not pufa not low tr	Fats and oils-Margarines/Spreads
860	Hard block margarine	Fats and oils-Margarines/Spreads
862	Hard margarine unspecified/recipes	Fats and oils-Margarines/Spreads
864	Soft margarine not pufa not low fat	Fats and oils-Margarines/Spreads
865	Soft margarine polyunsaturated not low f	Fats and oils-Margarines/Spreads
866	Reduced fat spreads (70-80%) not polyuns	Fats and oils-Margarines/Spreads
2849	Flora pro activ spread (33% fat)	Fats and oils-Margarines/Spreads
3243	Benecol light spread	Fats and oils-Margarines/Spreads
3364	Benecol olive oil spread	Fats and oils-Margarines/Spreads
6087	Half fat butter e.g asda	Fats and oils-Margarines/Spreads
7774	Low fat spread (40%) pufa not low in tra	Fats and oils-Margarines/Spreads
7775	Reduced fat spread (60%) not pufa not lo	Fats and oils-Margarines/Spreads
7776	Very low fat spread (20-25%) not pufa no	Fats and oils-Margarines/Spreads
8230	Reduced fat spread (60%) with olive oil	Fats and oils-Margarines/Spreads
8480	Reduced fat spread polyunsaturated (70-8	Fats and oils-Margarines/Spreads
8487	Very very low fat spread (5%)	Fats and oils-Margarines/Spreads
8509	Reduced fat spread (60%) pufa not low tr	Fats and oils-Margarines/Spreads
8510	Very low fat spread (20-25%) pufa not lo	Fats and oils-Margarines/Spreads
8511	Low fat spread (40%) with olive oil not	Fats and oils-Margarines/Spreads
9214	Unfortified margarine (manufactured prod	Fats and oils-Margarines/Spreads
9407	Spreadable butter	Fats and oils-Margarines/Spreads
9408	Reduced fat spread 70-80% fat mufa	Fats and oils-Margarines/Spreads
9409	Reduced fat spread 70-80% fat no hydrog	Fats and oils-Margarines/Spreads
9510	Reduced fat spread (70-80%) pufa low in	Fats and oils-Margarines/Spreads
9511	Low fat spread (40%) pufa low in trans l	Fats and oils-Margarines/Spreads
9827	Utterly butterly (st ival) reduced fat s	Fats and oils-Margarines/Spreads
9985	Red fat spread 60% fat with olive oil lo	Fats and oils-Margarines/Spreads
9986	Very low fat spread (20-25%) not pufa lo	Fats and oils-Margarines/Spreads
9987	Red fat spread 60% fat + fish oil eg pac	Fats and oils-Margarines/Spreads
9988	Low fat spread (40%) not pufa low in tra	Fats and oils-Margarines/Spreads
9989	Low fat spread (40%) with olive oil low	Fats and oils-Margarines/Spreads
9990	Reduced fat spread (60%) pufa low in tra	Fats and oils-Margarines/Spreads
2432	Mayonnaise (retail)	Fats and oils-mayonnaise
2433	Mayonnaise low calorie (retail)	Fats and oils-mayonnaise
2443	Sandwich spread	Fats and oils-mayonnaise
6107	Tuna mayonnaise and vegetables sandwich	Fats and oils-mayonnaise
6846	Mayonnaise based dips	Fats and oils-mayonnaise
1497	Herring canned in tomato sauce	Fish products-entrees with sauce
1518	Mackerel in tomato sauce	Fish products-entrees with sauce
1525	Sardines brisling sild canned in tomato	Fish products-entrees with sauce
1577	Shrimps potted in butter	Fish products-entrees with sauce
1601	White fish in cheese sauce	Fish products-entrees with sauce
1621	Prawn chop suey	Fish products-entrees with sauce
1634	Taramasalata	Fish products-entrees with sauce
1638	Fish in sauce	Fish products-entrees with sauce
1642	Prawn chow mein	Fish products-entrees with sauce

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1643	Prawn curry takeaway no rice	Fish products-entrees with sauce
1646	Prawn curry cream/coconut sauc	Fish products-entrees with sauce
2732	Tuna with potato peppers onion green	Fish products-entrees with sauce
2780	Mussels in cider & cream sauce	Fish products-entrees with sauce
2796	Marinated huss	Fish products-entrees with sauce
2809	Tuna pasta	Fish products-entrees with sauce
2851	Salmon and Broccoli Pie with Potato topp	Fish products-entrees with sauce
2873	Fish Curry with Peppers	Fish products-entrees with sauce
2889	Tuna mousse with mayonaise	Fish products-entrees with sauce
2922	Fish pie with haddock potato swede & s	Fish products-entrees with sauce
2925	Fish curry with cod yoghurt and PUFA oi	Fish products-entrees with sauce
2932	Salmon mousse with cucumber sauce	Fish products-entrees with sauce
2951	Fish and Seafood Chowder	Fish products-entrees with sauce
2958	Prawn Curry low fat with coconut tomat	Fish products-entrees with sauce
3003	Fish Stew with potato Sweet potato Car	Fish products-entrees with sauce
3020	Fish chicken okra and spinach stew	Fish products-entrees with sauce
3049	Tomato sauce with prawns	Fish products-entrees with sauce
3055	Haddock with butter beans and vegetables	Fish products-entrees with sauce
3090	Fish pie with peas bread and cheese no p	Fish products-entrees with sauce
3109	Prawn creole with peppers and tomato	Fish products-entrees with sauce
3116	Salmon and red pepper in pesto sauce	Fish products-entrees with sauce
3117	Sardine stir fried with tomatoes and pin	Fish products-entrees with sauce
3134	Scallop squid and mange-tout mix	Fish products-entrees with sauce
3171	Fish in broccoli & cheese sauce ready m	Fish products-entrees with sauce
3195	TUNA & CHEESE LATTICE PIE e.g ASDA	Fish products-entrees with sauce
3262	Haddock mornay with spinach and reduced	Fish products-entrees with sauce
3263	Haddock fishcakes with potatoes wholemea	Fish products-entrees with sauce
3304	Mackerel cooked in white wine no bones	Fish products-entrees with sauce
3332	Tuna and veg casserole with pulses and c	Fish products-entrees with sauce
3333	Pilchards in tomatoes with leeks and oli	Fish products-entrees with sauce
3343	Tuna and prawn burrito	Fish products-entrees with sauce
3347	Prawn and spinach risotto	Fish products-entrees with sauce
3399	Trout with tomatoes cheese apple juice	Fish products-entrees with sauce
3418	Mussels with rice tomato onions and ol	Fish products-entrees with sauce
3432	Prawn curry with tomatoes and olive oil	Fish products-entrees with sauce
3437	Pollock baked with peppers tomatoes o	Fish products-entrees with sauce
3438	Cod baked with peppers and olive oil	Fish products-entrees with sauce
3497	Salmon in white sauce with semi skimmed	Fish products-entrees with sauce
3502	Fish in a spinach and tomato sauce with	Fish products-entrees with sauce
3507	Spinach aubergine and prawn stew with p	Fish products-entrees with sauce
3514	Kedgeriee with smoked haddock butter and	Fish products-entrees with sauce
3519	Fish pie with cod eggs gruyere cheese	Fish products-entrees with sauce
3537	Salmon and potato bake with single cream	Fish products-entrees with sauce
3542	Fish curry with white fish apple and to	Fish products-entrees with sauce
3552	Prawn bhuna	Fish products-entrees with sauce
3566	Paella with hake chicken prawns carro	Fish products-entrees with sauce
3582	Prawn risotto with brown rice peas and	Fish products-entrees with sauce

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3587	Fish pie with white fish prawns mixed	Fish products-entrees with sauce
3591	Prawn curry with cook in sauce semi-ski	Fish products-entrees with sauce
3607	Prawn risotto with brown rice carrots	Fish products-entrees with sauce
3633	Trout in white sauce with pufa oil and s	Fish products-entrees with sauce
3634	Salmon with banana tomatoes and pufa oil	Fish products-entrees with sauce
3644	Tuna and mushroom melt with packet mix a	Fish products-entrees with sauce
3649	Prawn and scallop chow mein with steak m	Fish products-entrees with sauce
3654	Kedgeriee with cod peppers eggs and oli	Fish products-entrees with sauce
3694	Salmon pasta sauce with yogurt pepper a	Fish products-entrees with sauce
3730	Pollack chicken prawn and salami paell	Fish products-entrees with sauce
3755	Smoked haddock chowder e.g. m&s	Fish products-entrees with sauce
5197	Fish pie with veg and instant potato	Fish products-entrees with sauce
5364	Fish pie made with haddock and sauce mix	Fish products-entrees with sauce
5372	Kedgeriee made with brown rice butter and	Fish products-entrees with sauce
5470	Fish pie haddock mush soup & b/beans cri	Fish products-entrees with sauce
5557	Tuna lasagne	Fish products-entrees with sauce
5565	Fishermans pie (potato based) with cod &	Fish products-entrees with sauce
5613	Fish pie with frozen puff pastry cod pep	Fish products-entrees with sauce
5625	Tuna rice with packet soup cheese with b	Fish products-entrees with sauce
5628	Seafood tagliatelle	Fish products-entrees with sauce
5637	Fish curry with butter beans and onions	Fish products-entrees with sauce
5645	Tuna pie with puff pastry toms onions &	Fish products-entrees with sauce
5694	Tuna & pasta bake with sweetcorn cheese	Fish products-entrees with sauce
5751	Tuna pie with toms & mashed pots with bu	Fish products-entrees with sauce
5755	Dover sole prawns chee & mush in parsley	Fish products-entrees with sauce
5757	White fish curry with toms onions & peas	Fish products-entrees with sauce
5789	Tuna and pasta bake code 5789	Fish products-entrees with sauce
5824	Fish curry(oily) with onion & spices	Fish products-entrees with sauce
5845	Fish wellington with purchased puff past	Fish products-entrees with sauce
5852	Tuna casserole	Fish products-entrees with sauce
5898	Tuna and pasta bake ready meal	Fish products-entrees with sauce
5902	Salmon en croute with sauce & puff pastr	Fish products-entrees with sauce
5911	Tuna and pasta bake with half fat conden	Fish products-entrees with sauce
5927	Tuna bolognese sauce with prawns peas an	Fish products-entrees with sauce
5936	Curried canned pilchards	Fish products-entrees with sauce
5941	Fish curry with onion garlic and white f	Fish products-entrees with sauce
5948	Seafood crepes with prawns scallops chee	Fish products-entrees with sauce
5994	Fish pie with smoked haddock and mushroo	Fish products-entrees with sauce
6019	Kedgeriee with peas and chives	Fish products-entrees with sauce
6024	Tuna bake with vegetables and crisps	Fish products-entrees with sauce
6060	Spaghetti sauce with tuna pasta mix peas	Fish products-entrees with sauce
6066	Fish curry with onion potatoes & tomatoe	Fish products-entrees with sauce
6077	White fish & root veg curry with toms po	Fish products-entrees with sauce
6117	Salmon canned stir fry onion toms pepper	Fish products-entrees with sauce
6169	Sardine & cottage cheese pie double crus	Fish products-entrees with sauce
6174	Tuna sauce with onion mush cream & tomat	Fish products-entrees with sauce
6201	Prawn stir-fry in oyster sauce	Fish products-entrees with sauce

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6232	Fish pie with prawns cod & potato fritte	Fish products-entrees with sauce
6303	Fish pie with cheese & semi-skimmed milk	Fish products-entrees with sauce
6316	Smoked salmon and vegetable stir fry	Fish products-entrees with sauce
6344	Tuna pie	Fish products-entrees with sauce
6388	Fishermans pie with prawns and smoked ha	Fish products-entrees with sauce
6392	Fish pie with haddock potatoes carrots b	Fish products-entrees with sauce
6415	Seafood en croute (w' salmon haddock pra	Fish products-entrees with sauce
6431	Birds eye fish stacker ready meal	Fish products-entrees with sauce
6503	Kedgerie-smoked cod and reduced fat spre	Fish products-entrees with sauce
6513	Fish pie with pollack and smoked haddock	Fish products-entrees with sauce
6518	Crispy tuna bake condense soup crisps an	Fish products-entrees with sauce
6580	Pasta sauce salmon mushrooms cauliflower	Fish products-entrees with sauce
6581	Tuna and potato hotpot	Fish products-entrees with sauce
6586	Fish pie cod in butter sau. Wh.milk mush	Fish products-entrees with sauce
6588	Seafood paella ready meal eg. M&s	Fish products-entrees with sauce
6668	Fish pie parsley sauce onion semi skimme	Fish products-entrees with sauce
6686	Fish & pumpkin curry with green peppers	Fish products-entrees with sauce
6746	Prawn curry with peppers coconut cream a	Fish products-entrees with sauce
6776	Tuna pasta bake toms crisps cheese & mus	Fish products-entrees with sauce
6780	M&s salmon & asparagus in fresh tarragon	Fish products-entrees with sauce
6821	Fish curry	Fish products-entrees with sauce
6923	Fish pie with cod & fresh prawns	Fish products-entrees with sauce
8279	Fish pearls/fish kiev's baked	Fish products-entrees with sauce
8736	Fish pie with white fish potatoes and sa	Fish products-entrees with sauce
8774	Tuna sweetcorn tomato sauce	Fish products-entrees with sauce
8810	Cod roe curry	Fish products-entrees with sauce
8840	Trout and aubergine curry	Fish products-entrees with sauce
8844	Vesta paella as served	Fish products-entrees with sauce
8884	Fish pie with peas sweetcorn and cream	Fish products-entrees with sauce
8914	Fish cream (whiting and eggs) oven baked	Fish products-entrees with sauce
8916	Fish gourgere (cod broccoli & sauce)	Fish products-entrees with sauce
8919	Tuna & canned tomato mix	Fish products-entrees with sauce
8955	Fish pie with prawns and cheese	Fish products-entrees with sauce
8974	Cauliflower cheese and tuna with oil	Fish products-entrees with sauce
8983	Cod poached in whole milk no fat	Fish products-entrees with sauce
9004	Tuna fish pie (potato based)	Fish products-entrees with sauce
9007	Tuna pie (puff pastry)	Fish products-entrees with sauce
9057	Canned cod roe baked	Fish products-entrees with sauce
9065	Veg tuscan bake-fish with sauce	Fish products-entrees with sauce
9088	Prawn curry	Fish products-entrees with sauce
9089	Haddock with potato mushroom cream	Fish products-entrees with sauce
9108	Seafood paella (no rice)	Fish products-entrees with sauce
9128	Fish chowder	Fish products-entrees with sauce
9143	Tuna bake	Fish products-entrees with sauce
9165	Fish pie (no potato smoked haddock pufa	Fish products-entrees with sauce
9171	Moin moin with tuna & prawns	Fish products-entrees with sauce
9253	Cod frozen in parsley sauce boiled	Fish products-entrees with sauce

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9259	Lemon sole grilled noadded fat	Fish products-entrees with sauce
9264	Pilchards in tomato sauce canned	Fish products-entrees with sauce
9270	Fisherman's pie retail	Fish products-entrees with sauce
9291	White fish with vegetables and cheese sa	Fish products-entrees with sauce
9328	Prawn curry with rice ready meal eg icel	Fish products-entrees with sauce
9539	Skate poached in milk	Fish products-entrees with sauce
9552	Haddock poached in whole milk no butter	Fish products-entrees with sauce
9666	Salmon in watercress souce	Fish products-entrees with sauce
9699	Salmon steaks in aparagus sauce	Fish products-entrees with sauce
9720	Salmon crumble frozen ready meal eg icel	Fish products-entrees with sauce
9812	Salmon mornay with broccoli ready meal e	Fish products-entrees with sauce
9856	Tuna salad in med tomato & herb dressing	Fish products-entrees with sauce
9870	Tuna with pots & mixed veg (princes lunc	Fish products-entrees with sauce
9903	Salmon a la creme (eg js)	Fish products-entrees with sauce
9968	Fish pie with cheese and potato topping	Fish products-entrees with sauce
585	Sorbet any homemade or purchased	Frozen dairy desserts and mixes-Ice cream
726	Ice cream non dairy any other flavour ha	Frozen dairy desserts and mixes-Ice cream
727	Ice cream non dairy any other flavour so	Frozen dairy desserts and mixes-Ice cream
6969	Ice cream non dairy chocolate only ha	Frozen dairy desserts and mixes-Ice cream
6970	Ice cream non dairy chocolate only so	Frozen dairy desserts and mixes-Ice cream
7757	Yoghurt ice cream	Frozen dairy desserts and mixes-Ice cream
8009	Ice cream non-dairy with choc/nut/toffee	Frozen dairy desserts and mixes-Ice cream
8228	Frozen yogurt ski soft serve walls frest	Frozen dairy desserts and mixes-Ice cream
9053	Ice cream soya alternative dairy free	Frozen dairy desserts and mixes-Ice cream
9927	Ice cream alternative virtually fat fre	Frozen dairy desserts and mixes-Ice cream
730	Choc ices non-dairy or unspecified	Frozen dairy desserts and mixes-novelties
731	Cornetto chocolate/choc mint and nut	Frozen dairy desserts and mixes-novelties
732	Feast	Frozen dairy desserts and mixes-novelties
2852	Choc ices reduced fat e.g. flyte ice ce	Frozen dairy desserts and mixes-novelties
5138	Ice lolly with robinsons special r apple	Frozen dairy desserts and mixes-novelties
5688	Ice lollies pops low sugar low cal not b	Frozen dairy desserts and mixes-novelties
7761	Milk ice lollies	Frozen dairy desserts and mixes-novelties
7762	Ice-lollies with vitamin c	Frozen dairy desserts and mixes-novelties
8225	Luxury choc ices eg walls dream bounty m	Frozen dairy desserts and mixes-novelties
8226	Luxury choc ices containing caramel or n	Frozen dairy desserts and mixes-novelties
8227	Yogurt frozen in a cone	Frozen dairy desserts and mixes-novelties
8229	Yogurt ice lollies	Frozen dairy desserts and mixes-novelties
8623	Opal fruits ice lolly	Frozen dairy desserts and mixes-novelties
63	Rice white boiled in milk	Gelatin, Puddings and fillings-pudding
64	Rice white milk and sugar	Gelatin, Puddings and fillings-pudding
65	Rice white in semi skim	Gelatin, Puddings and fillings-pudding
66	White rice semi skim milk suga	Gelatin, Puddings and fillings-pudding
67	Rice white boiled in skim milk	Gelatin, Puddings and fillings-pudding
68	Rice white skim milk and sugar	Gelatin, Puddings and fillings-pudding
75	Rice milk sugar and butter	Gelatin, Puddings and fillings-pudding
504	Batter pudding	Gelatin, Puddings and fillings-pudding
505	Bread pudding	Gelatin, Puddings and fillings-pudding

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507	Bread and butter pudding	Gelatin, Puddings and fillings-pudding
512	Christmas pudding purchased	Gelatin, Puddings and fillings-pudding
551	Instant desert as served	Gelatin, Puddings and fillings-pudding
556	Milk puddings made with whole milk	Gelatin, Puddings and fillings-pudding
557	Milk pudding made with semi-skimmed milk	Gelatin, Puddings and fillings-pudding
558	Milk pudding made with skimmed milk	Gelatin, Puddings and fillings-pudding
559	Rice pudding canned	Gelatin, Puddings and fillings-pudding
564	Queen of puddings	Gelatin, Puddings and fillings-pudding
573	Trifle homemade	Gelatin, Puddings and fillings-pudding
574	Trifle fruit purchased with fresh cream	Gelatin, Puddings and fillings-pudding
575	Trifle purchased frozen with dairy cre	Gelatin, Puddings and fillings-pudding
581	Trifle homemade with artificial cream	Gelatin, Puddings and fillings-pudding
587	Angeldelight sug free wholemil	Gelatin, Puddings and fillings-pudding
2746	Wholemeal bread pudding	Gelatin, Puddings and fillings-pudding
2952	Rice and macaroni pudding with water and	Gelatin, Puddings and fillings-pudding
3068	Rice pudding canned low cal artificial s	Gelatin, Puddings and fillings-pudding
3122	Bread & butter pudding made with brioche	Gelatin, Puddings and fillings-pudding
3179	Angel delight semi skimmed milk	Gelatin, Puddings and fillings-pudding
3245	Bread & butter pudding with cream	Gelatin, Puddings and fillings-pudding
3534	Bread and butter pudding with apricots a	Gelatin, Puddings and fillings-pudding
3562	Bread and butter pudding with purchased	Gelatin, Puddings and fillings-pudding
3585	Rice pudding with egg yolks and semi ski	Gelatin, Puddings and fillings-pudding
3605	Rice pudding with soya milk and artifici	Gelatin, Puddings and fillings-pudding
3712	Chocolate pudding with butter eggs and	Gelatin, Puddings and fillings-pudding
5035	Sugar free angeldelight (skim)	Gelatin, Puddings and fillings-pudding
5418	Bread pudding made with whole milk and r	Gelatin, Puddings and fillings-pudding
5879	Rice pudding with semi skim milk evapora	Gelatin, Puddings and fillings-pudding
6005	Osborne pudding similar to bread & butte	Gelatin, Puddings and fillings-pudding
6186	Bread pudding with water and pufa spread	Gelatin, Puddings and fillings-pudding
6214	Bread pudding with olivio rum no milk	Gelatin, Puddings and fillings-pudding
6349	Rice pudding don't flutter with butter s	Gelatin, Puddings and fillings-pudding
6407	Summer pudding made with wholemeal bread	Gelatin, Puddings and fillings-pudding
6474	Bread butter pudding homemade flora ligh	Gelatin, Puddings and fillings-pudding
6531	Rice puddding made with dried skim milk	Gelatin, Puddings and fillings-pudding
6592	Bread butter pud. Semi ski milk w.bread	Gelatin, Puddings and fillings-pudding
6676	Bread & butter pud with utt but dates &	Gelatin, Puddings and fillings-pudding
6684	Rice pud sugar light cond milk and semi	Gelatin, Puddings and fillings-pudding
6766	Milk pudding with pearl barley and whole	Gelatin, Puddings and fillings-pudding
6786	Rice pudding with sumflower spread & eva	Gelatin, Puddings and fillings-pudding
6926	Chocolate bread pudding with rum	Gelatin, Puddings and fillings-pudding
6939	Bread and butter pudding	Gelatin, Puddings and fillings-pudding
8172	Rice pudding chocolate canned	Gelatin, Puddings and fillings-pudding
8173	Rice pudding with fruit canned	Gelatin, Puddings and fillings-pudding
8174	Rice pudding with fruit not canned pu	Gelatin, Puddings and fillings-pudding
8209	Milk pudding rice sago semolina canned l	Gelatin, Puddings and fillings-pudding
8696	Rice pudding uht purchased not canned no	Gelatin, Puddings and fillings-pudding
8879	Instant dessert not sugar free with gold	Gelatin, Puddings and fillings-pudding

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8893	Rice pudding with evaporated milk whole	Gelatin, Puddings and fillings-pudding
8942	Rice pudding made with evaporated milk &	Gelatin, Puddings and fillings-pudding
9019	Lemon pudding	Gelatin, Puddings and fillings-pudding
9307	Rice pudd with artificial sweetener and	Gelatin, Puddings and fillings-pudding
9337	Rice pudding made with semi skimmed milk	Gelatin, Puddings and fillings-pudding
9518	Rice pudding homemade with evaporated mi	Gelatin, Puddings and fillings-pudding
9520	Bread & butter pud made w redcd fat spr	Gelatin, Puddings and fillings-pudding
9559	Rice pudding made w 1/2 ss milk 1/2 wate	Gelatin, Puddings and fillings-pudding
9621	Bread & butter pudding made w wholemeal	Gelatin, Puddings and fillings-pudding
9623	Bread and butter pudding w'meal bread +	Gelatin, Puddings and fillings-pudding
9625	Bread and butter pudding s/skim milk & l	Gelatin, Puddings and fillings-pudding
9669	Fruit pudding boiled	Gelatin, Puddings and fillings-pudding
9673	Summer pudding from safeway	Gelatin, Puddings and fillings-pudding
9718	Bread pudding with marmalade	Gelatin, Puddings and fillings-pudding
9817	Marmalade & mandarin sandwich pudding	Gelatin, Puddings and fillings-pudding
9829	Rice pudding with s/smilk & artificial s	Gelatin, Puddings and fillings-pudding
9883	Rice pudding	Gelatin, Puddings and fillings-pudding
9887	Bread & butter pudding with artificial s	Gelatin, Puddings and fillings-pudding
9908	Queen of puddings with semi skim milk an	Gelatin, Puddings and fillings-pudding
9919	Bread & butter pudding fortified bread +	Gelatin, Puddings and fillings-pudding
25	Pasta canelloni dried	Grain Products and Pastas-Pasta
26	Pasta lasagna dried	Grain Products and Pastas-Pasta
27	Pasta macaroni boiled	Grain Products and Pastas-Pasta
28	Pasta macaroni raw	Grain Products and Pastas-Pasta
29	Pasta noodles dried	Grain Products and Pastas-Pasta
30	Pasta noodles boiled	Grain Products and Pastas-Pasta
31	Pasta noodles egg dried	Grain Products and Pastas-Pasta
32	Pasta noodles egg boiled	Grain Products and Pastas-Pasta
33	Pasta spaghetti dried white	Grain Products and Pastas-Pasta
34	Pasta spaghetti boiled white	Grain Products and Pastas-Pasta
35	Pasta spaghetti wholemeal dry	Grain Products and Pastas-Pasta
36	Pasta spaghetti wholemeal boiled	Grain Products and Pastas-Pasta
37	Pasta vermicelli dried	Grain Products and Pastas-Pasta
38	Pasta macaroni canned in cheese sauce	Grain Products and Pastas-Pasta
39	Pasta ravioli canned in tomato sauce	Grain Products and Pastas-Pasta
40	Pasta spaghetti canned in bolognaise sau	Grain Products and Pastas-Pasta
41	Pasta-spaghetti canned in tomaro sauce	Grain Products and Pastas-Pasta
819	Macaroni cheese not canned	Grain Products and Pastas-Pasta
2707	Noodle stir fry mix with chicken ham p	Grain Products and Pastas-Pasta
2726	Tagliatelle carbonara reduced fat read	Grain Products and Pastas-Pasta
2766	Salmon tagliatelle with single cream and	Grain Products and Pastas-Pasta
2798	Macaroni cheese with single cream bacon	Grain Products and Pastas-Pasta
2812	Pasta with ham and cheese	Grain Products and Pastas-Pasta
2865	Pasta with bacon pepperoni shrimp and	Grain Products and Pastas-Pasta
2871	Prawn pasta bake with dolmio sauce and c	Grain Products and Pastas-Pasta
2876	Tuna and pasta with sweetcorn and breadc	Grain Products and Pastas-Pasta
2877	Tuna and pasta bake with tomato sauce n	Grain Products and Pastas-Pasta

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2878	Tuna and pasta bake with sweetcorn toma	Grain Products and Pastas-Pasta
2928	Macaroni cheese with leeks tomatoes wh	Grain Products and Pastas-Pasta
2945	Tuna and pasta bake with tomatoes olives	Grain Products and Pastas-Pasta
2984	Noodles fried	Grain Products and Pastas-Pasta
2997	Bacon pasta with carrots green beans an	Grain Products and Pastas-Pasta
2998	Ham tagliatelle with sweetcorn and white	Grain Products and Pastas-Pasta
2999	Sausage carrot and green bean pasta	Grain Products and Pastas-Pasta
3012	Four cheese and Garlic mushroom tagliate	Grain Products and Pastas-Pasta
3048	Macaroni cheese with butter and semi-ski	Grain Products and Pastas-Pasta
3062	Pasta bake with cook in sauce skimmed mi	Grain Products and Pastas-Pasta
3108	Tuna pasta bake with cheese broccilli and	Grain Products and Pastas-Pasta
3118	Tuna pasta with sweetcorn and toast topp	Grain Products and Pastas-Pasta
3123	Salmon tagliatelle with crême fraiche b	Grain Products and Pastas-Pasta
3125	Pasta bake with pasta sauce peppers mozz	Grain Products and Pastas-Pasta
3174	Spaghetti wholemeal canned tomato sauce	Grain Products and Pastas-Pasta
3184	Weight watchers italiana tortellini read	Grain Products and Pastas-Pasta
3207	Pasta & vegetables in tomato sauce cann	Grain Products and Pastas-Pasta
3260	Tagliatelle with bacon pesto and double	Grain Products and Pastas-Pasta
3261	Pasta with quorn fromage frais pesto and	Grain Products and Pastas-Pasta
3291	Pasta with brie asparagus artichoke and	Grain Products and Pastas-Pasta
3316	Spaghetti carbonara with single cream ba	Grain Products and Pastas-Pasta
3390	Ham and tomato pasta bake topped with c	Grain Products and Pastas-Pasta
3420	Pasta with smoked salmon asparagus and	Grain Products and Pastas-Pasta
3424	Pasta bake with cheese bacon and tomato	Grain Products and Pastas-Pasta
3500	Macaroni cheese with carrots red pepper	Grain Products and Pastas-Pasta
3521	Pasta with bacon peppers tomatoes che	Grain Products and Pastas-Pasta
3614	Macaroni cheese with low fat cheddar sk	Grain Products and Pastas-Pasta
3617	Tuna pasta with soup carrots broccoli an	Grain Products and Pastas-Pasta
3631	Pasta with bacon butter and cheese	Grain Products and Pastas-Pasta
3641	Pasta bake with bacon tomatoes and chees	Grain Products and Pastas-Pasta
3661	Pasta in white sauce with veg mufa oil	Grain Products and Pastas-Pasta
3673	Tuna and pasta bake with pepper condens	Grain Products and Pastas-Pasta
3760	Spaghetti wholemeal canned in tomato sau	Grain Products and Pastas-Pasta
5148	Homemade tomato pasta	Grain Products and Pastas-Pasta
5156	Batchelors pastamania pasta in tomato sa	Grain Products and Pastas-Pasta
5164	Sainsbury's pasta tubes in cheese & broc	Grain Products and Pastas-Pasta
5166	Supernoodles batchelors	Grain Products and Pastas-Pasta
5173	Pasta in fat reduced cheese sauce with p	Grain Products and Pastas-Pasta
5176	Egg pasta bake with mush peppers b/beans	Grain Products and Pastas-Pasta
5185	Pasta bake with eggs broccoli & cheese s	Grain Products and Pastas-Pasta
5196	Tuna and pasta bake code 5196	Grain Products and Pastas-Pasta
5206	Pasta & sauce batchelor's made up with b	Grain Products and Pastas-Pasta
5224	Wholemeal macaroni cheese with sauce mix	Grain Products and Pastas-Pasta
5226	Pasta with tomato sauce cream and bacon	Grain Products and Pastas-Pasta
5349	Sweet and sour stir fry noodles mushroom	Grain Products and Pastas-Pasta
5358	Pasta bake with hotdogs and potato	Grain Products and Pastas-Pasta
5369	Macaroni cheese wholewheat with bacon pe	Grain Products and Pastas-Pasta

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5405	Pasta in tomato mushroom sauce from pack	Grain Products and Pastas-Pasta
5429	Pasta & cheese sauce mix with butter and	Grain Products and Pastas-Pasta
5464	Macaroni cheese made with pufa marg and	Grain Products and Pastas-Pasta
5477	Tuna & pasta bake with sweetcorn and oni	Grain Products and Pastas-Pasta
5488	Spaghetti carbonara code 5488	Grain Products and Pastas-Pasta
5516	Pasta & sauce tomato based made up	Grain Products and Pastas-Pasta
5536	Salmon brocolli pasta with wholemilk che	Grain Products and Pastas-Pasta
5555	Spaghetti with bacon & cheese	Grain Products and Pastas-Pasta
5632	Spaghetti carbonara with streaky bacon &	Grain Products and Pastas-Pasta
5718	Pasta in cheese sauce made with semi/ski	Grain Products and Pastas-Pasta
5723	Italian tunawists pasta with tuna in tom	Grain Products and Pastas-Pasta
5780	Fettucine alfredo	Grain Products and Pastas-Pasta
5787	Tuna baked with white sauce and pasta	Grain Products and Pastas-Pasta
5797	Macaroni cheese with ham made with semi-	Grain Products and Pastas-Pasta
5804	Asparagus & spinach canelloni e.g waitro	Grain Products and Pastas-Pasta
5837	Pasta carbonara made with steaky bacon m	Grain Products and Pastas-Pasta
5840	Tuna pasta bake with skimmed milk chedda	Grain Products and Pastas-Pasta
5870	Tuna and pasta bake with packet mix and	Grain Products and Pastas-Pasta
5888	Pasta with veg bake with cook in sauce m	Grain Products and Pastas-Pasta
5912	Smoked bacon and vegetable pasta with pe	Grain Products and Pastas-Pasta
6006	Pasta with tuna & anchovies in olive oil	Grain Products and Pastas-Pasta
6007	Tagliatelle with bacon & pesto	Grain Products and Pastas-Pasta
6031	Pasta with chicken bacon peas sweetcorn	Grain Products and Pastas-Pasta
6086	Macaroni cheese & minced beef	Grain Products and Pastas-Pasta
6129	Pasta with ham & egg	Grain Products and Pastas-Pasta
6139	Cheese & vegetable pasta	Grain Products and Pastas-Pasta
6147	Egg noodles in cheese sauce	Grain Products and Pastas-Pasta
6177	Pasta with bacon onion and pufa oil	Grain Products and Pastas-Pasta
6184	Stir-fried broccoli noodles frankfurter	Grain Products and Pastas-Pasta
6199	Tuna napolitana	Grain Products and Pastas-Pasta
6204	Macaroni cheese with ham and whole milk	Grain Products and Pastas-Pasta
6206	Tagliatelle fresh w' mush bacon & purcha	Grain Products and Pastas-Pasta
6220	Tuna & pasta bake with canned toms and o	Grain Products and Pastas-Pasta
6255	Fortified pasta shapes with mini sausage	Grain Products and Pastas-Pasta
6269	Bacon macaroni	Grain Products and Pastas-Pasta
6283	Tuna & pasta bake with fc milk sweetcorn	Grain Products and Pastas-Pasta
6306	Heinz meat free spaghetti bolognese	Grain Products and Pastas-Pasta
6308	Pasta with tuna onion mushrooms reduce c	Grain Products and Pastas-Pasta
6338	Spaghetti in tomato & bacon cauce	Grain Products and Pastas-Pasta
6351	Pasta with cheese & chicken soup	Grain Products and Pastas-Pasta
6366	Cheese ravoli in tomato sauce canned	Grain Products and Pastas-Pasta
6372	Tuna & pasta bake with sweetcorn & chees	Grain Products and Pastas-Pasta
6378	Tuna & gnocchi with tomato sauce & olive	Grain Products and Pastas-Pasta
6387	Spaghetti carbonara code 6387	Grain Products and Pastas-Pasta
6393	Pasta with chicken in tomato & basil sce	Grain Products and Pastas-Pasta
6406	Pasta in chicken & mush sauce - netto pk	Grain Products and Pastas-Pasta
6483	Seafood pasta bake salmon tuna mushr sou	Grain Products and Pastas-Pasta

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6561	Pasta with sausages bacon and vegetables	Grain Products and Pastas-Pasta
6584	Pasta in cheese and broccoli sauce mix	Grain Products and Pastas-Pasta
6628	Tuna pasta bake onion tin tomatoes tomat	Grain Products and Pastas-Pasta
6730	Pasta bake w' pepps ham mush cond' partl	Grain Products and Pastas-Pasta
6785	Macaroni cheese semi skim milk & reduced	Grain Products and Pastas-Pasta
6809	Spaghetti bake withchee cheese onions an	Grain Products and Pastas-Pasta
6852	Tuna pasta with sweetcorn cheese and pa	Grain Products and Pastas-Pasta
6894	Ham and mushroom pasta	Grain Products and Pastas-Pasta
7601	Lasagna white/wholemeal boiled	Grain Products and Pastas-Pasta
7602	Spaghetti canned in tomato sce reduced s	Grain Products and Pastas-Pasta
8093	Fresh pasta stuffed cheese & vegetables	Grain Products and Pastas-Pasta
8175	Tortellini with cheese	Grain Products and Pastas-Pasta
8361	Ravioli not canned	Grain Products and Pastas-Pasta
8611	Pasta shapes in tomato sauce fort. With	Grain Products and Pastas-Pasta
8666	Taglitelle carbonara ready meal eg. Tesc	Grain Products and Pastas-Pasta
8716	Gluten free pasta made with cornflour bo	Grain Products and Pastas-Pasta
8742	Macaroni cheese made with mushroom soup	Grain Products and Pastas-Pasta
8871	Gluten free wholemeal spaghetti canned i	Grain Products and Pastas-Pasta
8883	Macaroni cheese with bacon cream and tom	Grain Products and Pastas-Pasta
8906	Spaghetti + tuna mushrooms tomatoes cour	Grain Products and Pastas-Pasta
9060	Macaroni cheese pie scotch pie shell pur	Grain Products and Pastas-Pasta
9098	Spaghetti caebrbonara	Grain Products and Pastas-Pasta
9099	Pasta salad sainsburys italian style	Grain Products and Pastas-Pasta
9102	Tuna ravioli in spicy tomato sauce - can	Grain Products and Pastas-Pasta
9146	Tagliatelle vegetable retail	Grain Products and Pastas-Pasta
9147	M&s vegetable cannelloni	Grain Products and Pastas-Pasta
9172	Vegetable ravioli canned in tomato sauce	Grain Products and Pastas-Pasta
9273	Pasta with sausages canned in tom sauce	Grain Products and Pastas-Pasta
9370	Pasta fresh plain raw any type	Grain Products and Pastas-Pasta
9371	Pasta fresh plain boiled any type	Grain Products and Pastas-Pasta
9525	Pasta with ham and mushroom sauce	Grain Products and Pastas-Pasta
9742	Tagliatelle with salmon and cream sauce	Grain Products and Pastas-Pasta
9747	Macaroni cheese with half fat chicken so	Grain Products and Pastas-Pasta
9815	Macaroni chicken and bacon ready meal eg	Grain Products and Pastas-Pasta
9824	Fresh egg pasta ravioli (m&s)	Grain Products and Pastas-Pasta
1323	Bolognese sauce	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2449	Tomato puree (not canned)	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2683	Tomato puree with cooking losses	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2759	Pasta sauce with mince beef and mushroom	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2773	Pasta sauce with lentils	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2808	Tomato sauce with sardines	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2814	Bolognese sauce with extra lean mince	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2815	Bolognese sauce with extra lean mince an	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2845	Tomato sauce with Anchovies	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2846	Bolognese Sauce with Bacon extra lean m	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2880	Pasta sauce with Turkey Mushrooms Toma	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2881	Bolognese Sauce with Lean Mince Steak O	Gravies and sauces-Main Entrée Sauces (e.g. Spag)

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2887	Bolognese sauce with lean mince olive o	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2888	Bolognese sauce with soya mince carrots	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2902	Tomato sauce with butter and olive oil	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2937	Bolognese sauce with bacon baked beans	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3005	Bolognese sauce made with ground beef m	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3015	Tomato sauce with cook in sauce mushroo	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3019	Bolognese sauce with lamb peppers and o	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3030	Pasta sauce with cream cheese olive oil	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3087	Bolognese sauce with carrots peppers coo	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3162	Artichoke & olive & cream pasta sauce	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3265	Bolognese sauce with vegemince carrots p	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3266	Bolognese sauce with lean pork and beef	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3281	Bolognese sauce with beef carrots pepper	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3282	Bolognese sauce with lamb and peppers	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3296	Bolognese sauce with lean mince soup and	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3299	Tomato sauce with peppers mushrooms cele	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3327	Bolognese sauce with quorn tomato & past	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3329	Tomato sauce with anchovies and sweetcor	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3381	Pasta sauce with green pepper sweetcorn	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3408	Bolognese sauce with quorn carrots win	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3441	Pasta sauce with tuna and peppers	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3442	Pasta sauce with broccoli cream mushro	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3453	Bolognese sauce with baked beans and red	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3458	Bolognese sauce with vegemince wine and	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3480	Bolognese sauce with turkey olive oil	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3538	Pasta sauce with bacon cream cheese and	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3572	Pasta sauce with bacon peppers and dolm	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3578	Bolognese sauce with pork and olive oil	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3592	Bolognese sauce with lean minced beef s	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3608	Bolognese sauce with beef mince bacon	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3616	Bolognese sauce with baked beans tomatoes	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3618	Tomato sauce with peppers and courgettes	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3646	Bolognese sauce with lean lamb peppers n	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3658	Pasta sauce with bacon peppers tomato	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3670	Bolognese sauce with red wine stock no	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3674	Pasta sauce with bacon sauce mix tomat	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3698	Bolognese sauce with lean mince carrots	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3711	Bolognese sauce with lean bacon olive o	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3715	Bolognese sauce with lentils stock and	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3716	Pasta sauce with chicken white wine sau	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
3720	Bolognese sauce with lean beef bacon c	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5132	Bolognese sauce cook in with lean mince	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5136	Pasta sauce with bacon and pork in tomat	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5191	Lamb bolognese sauce	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5212	Bolognese sauce with quorn and red kidne	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5214	Bolognese sauce with bacon	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5233	Bolognese sauce with turkey mince & cook	Gravies and sauces-Main Entrée Sauces (e.g. Spag)

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5314	Bolognese sauce made with bottled pasta	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5367	Bolognese sauce with bacon tomatoes & ol	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5380	Pasta sauce with bacon toms mushrooms &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5391	Bolognese sauce beef mince dolmio onions	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5395	Bolognese sauce made with peppers edam &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5397	Bolognese sauce beef mince with tomatoes	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5400	Pasta sauce with onions mushroom and dol	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5451	Bolognese sauce minced beef fat with ext	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5454	Lamb bolognese sauce with pasta sauce	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5463	Tomato sauce with polony for pasta	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5472	Bolognese sauce made with vegemince & do	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5497	Pork bolognese sauce with packet mix	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5511	Bolognese sauce with beef mince mushroom	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5533	Bolognese sauce made with mince beef oni	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5551	Bolognese sauce with mushrooms onions &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5566	Bologn. Sauce with kidney beans carrots	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5574	Pork bolognese sauce with totatoes mushr	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5595	Bolognese sauce made with lean beef cann	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5599	Bolognese sauce with minced l&f beef oni	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5604	Pasta sauce tomato based with bacon onio	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5606	Bolognese sauce with mutton soya and tin	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5615	Bolognese sauce made with campbells sauc	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5642	Pork bolognase made with pork toms and p	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5643	Bolognese sauce with chick mince toms &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5648	Bolognese made with lamb mince and canne	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5658	Bolg sauce with beef bacon soya mince to	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5669	Bolog. Sauce with lamb & soya mince veg	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5670	Bolog. Sauce with lean mince basic rec.	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5676	Bolog. Sauce with pork mince & soya prot	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5678	Bolog. Sauce mince beef mushrooms toms &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5680	Bolog sauce with lean & low bacon & red	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5698	Bolog. Sauce pork onion mush. & toms	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5702	Bolog. Sauce ; lamb carts. Oni. Mush & t	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5706	Bolog sauce lean mince beef onion toms m	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5736	Tomato & mushroom sauce	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5745	Pork bolog sauce- passata toms carrots &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5776	Bolognese sauce with packet mix and tom	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5777	Bolognese sauce with baked beans onions	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5796	Bolognese sauce with minced beef & smoke	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5802	Pasta sauce with bacon & canned tomatoes	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5809	Bolognese sauce made with beef tom puree	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5810	Bolognese sauce with beef toms pasta sau	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5813	Pasta sauce tomato based reduced calorie	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5820	Bolognese with lean pork dolmio light an	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5828	Bolognese sauce with soya mince canned t	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5836	Tomato and vegetable sauce with red wine	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5853	Pork bolog sauce with celery onions toms	Gravies and sauces-Main Entrée Sauces (e.g. Spag)

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5854	Bolognese sauce with extra lean beef min	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5890	Bolognese sauce with onions tomatoes veg	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5908	Bolognese sauce with lamb mince and smok	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5925	Bolog sauce with lamb mince s/corn mush	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5926	Bologn sauce lambs mince with cauliflower	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5944	Bolognese sauce with lean mince onion mu	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5964	Bologn. Sauce with quorn and flageolet be	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5975	Bologn. Sauce minced beef and pork canned	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5979	Bologn. Sauce extra lean minced beef oliv	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5982	Tomato sauce olive oil courgettes onion	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
5991	Tomato sauce made with olive oil	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6013	Bolog suace beef mince oxtail soup veg &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6036	Pesto sauce	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6041	Bolog sauce with minced beef carrots mus	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6044	Bolog sauce the extra lean mince beef &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6052	Bolog sauce with mince onion toms mush &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6059	Bolog sauce with lean mince beef butter	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6085	Bolognese sauce with lamb typ & tomato p	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6102	Bolognese sauce more toms than meat no a	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6119	Bolognese sauce xtra lean beef pasta sau	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6152	Bolognese sauce lean pork mince onion no	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6171	Bolognese sauce with tomatoes lentils &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6175	Bolog sauce with dolmio toms mush onion	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6178	Bolognese sauce: steak mince smoked baco	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6190	Tomato and bacon pasta sauce	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6203	Pasta sauce with gammon mushrooms & chee	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6207	Bolognese s'ce: beef toms olive oil red	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6211	Sweet n' sour s'ce: cook-in-s'ce mush mi	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6221	Pasta s'ce: ham frankfurters ch'se singl	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6222	Bolognese s'ce: onion toms mush & pufa o	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6225	Bolognese s'ce: fat skimmed beef toms on	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6233	Bolognese s'ce: pork celery red pepp tom	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6239	Bolognese s'ce: vege mince cabbage olive	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6248	Bolognese s'ce with white flora and past	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6250	Bol sauce mince onions mushrooms tin tom	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6260	Bolognese sauce w' lean beef packet sauc	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6261	Bolognese sauce with sunflower oil	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6265	Bolognese s'ce with lamb mince packet mi	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6279	Bolognese sauce w' turkey mince pureed t	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6285	Tom sauce celery tomatoes canned carrot	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6290	Bolognese sauce and turkey high in tomat	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6292	Bolognese sauce w' minced lamb soya minc	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6297	Bolognese sauce with lamb mince & tomato	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6298	Bolog. Sauce lean mince tom sauce tom pu	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6313	Bolognese sauce with bisto and canned to	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6336	Bolognese s'ce with lamb onion and canne	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6341	Bolognese sauce beef tin tomatoes onion	Gravies and sauces-Main Entrée Sauces (e.g. Spag)

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6369	Bolgn sauce with onion celery tomatoes c	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6374	Bol. Sauce with minced steak onion celer	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6384	Bolognese with steak mince carrots mushr	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6403	Bolognese sauce minced beef sweetcorn &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6412	Pasta s'ce w' bacon leeks mushroom cream	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6414	Bolognese s'ce w' celery green pepps 80%	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6441	Bolognese sauce with steak mince onion t	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6442	Bolognese sauce with beef mince ragu tom	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6444	Bolgn sauce pasta cheese beef tin toms	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6451	Bolgn sauce with soya mince marmite tin	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6464	Bolgn sauce minced beef onion tomatoes	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6484	Bolgn sauce toms tom puree onion celer.m	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6493	Bolgn. Sauce with quorn mush onions carr	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6494	Bolgn sauce minced beef pasta sau. Mushr	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6499	Bolognese sauce-vegeminced tomatoes pasta	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6505	Bolognese sauce-lean minced beef tomatoe	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6519	Bolognese sauce pork mince dolomio onion	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6529	Tomato sauce with onions high in fat	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6538	Bolognese sauce turkey passata and celer	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6546	Bolgn. Sauce mince onions courgettes mus	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6552	Bolgn sauce with beef vegetables olive o	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6556	Bolgn. Sauce with mince tinned tomato an	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6559	Bolgn. Sauce with mince ragu tomato pur	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6563	Bolgn. Sauce mince beef pasta sauce oni	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6579	Pasta sauce onion toms flageolet beans p	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6595	Bolgn. Sauce lamb mince olive oil dolmio	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6600	Bolgn. Sauce beef tomatoes mushrooms and	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6611	Tomato sauce with onions - no oil	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6618	Bolgn. Sauce lamb tomatoes onions vegeta	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6623	Pasta sauce tin toms mush ketchup pepp &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6633	Bolgn sauce beef onion mushr. Tom puree	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6647	Tomato sauce with courgettes and no oil	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6664	Bol sauce- minced steak carrot mush & pa	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6679	Bolog sauce toms onions minced beef fry	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6701	Bol sauce with lean mince onions toms &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6720	Bolognese s'ce w'lean beef peas celery t	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6731	Bolognese s'ce w' turkey mince carrots c	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6732	Bolognese s'ce with mushrooms & baked be	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6747	Bolognese sauce with beef pepper tomatoe	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6754	Bol sauce with mince beef tin toms & tom	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6757	Bol sauce minced beef tin toms carrots &	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6760	Bol sauce with lean minced beef passata	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6764	Bolognese sauce with beef tomatoes onion	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6775	Bol sauce minced beef bake beans tin tom	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6778	Bol sauce lean minced beef tin toms pepp	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6804	Bol sauce with lean mince tom puree & mi	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
6816	Bol sauce lean pork courg toms & pufa oi	Gravies and sauces-Main Entrée Sauces (e.g. Spag)

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6950	Bolognese sauce with minced beef carrot	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
7780	Bolognese sauce canned	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8358	Pasta sauce tomato based	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8583	Tomato sauce with onions	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8660	Bolognese sauce lean+fat sauce mix no to	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8686	Bolognese sauce lean mince beef & ragu p	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8743	Bolognese sauce with lean mince sauce m	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8765	Bolognese sauce with ragu sauce & canne	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8829	Bolognese sauce lean & fat with dolmio s	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8859	Pasta sauce with mushrooms & dolmio whit	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8876	Tomato sauce with cheese made with poly	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8912	Bolognese sauce lean mince - basic reci	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8938	Lamb bolognese sauce	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8952	Bolognese sauce lean & fat high in toma	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8967	Bolognese sauce with mushrooms canned t	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
8986	Bolognese sauce lean & fat tomatoes pep	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
9000	Bolognese sauce made with pork	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
9016	Bolognese sce lean mince pepper m'room	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
9064	Bolognese sauce lean with carrots & mus	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
9125	Bolognese sauce-lean mince tomatoes pep	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
9162	Bolognese (l&f carrots mushrooms high t	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
9180	Vegetarian bolognese code 9180	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
9515	Pasta sauce with lean mince and dolmio w	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
9900	Tomato carrot and mushroom sauce	Gravies and sauces-Main Entrée Sauces (e.g. Spag)
2251	Boiled sweets barley sugar butterscotch	Hard candies
2260	Halva	Hard candies
5827	Honeycombe toffee	Hard candies
7968	Sugar free mints	Hard candies
7982	Extra strong mints	Hard candies
7983	Mintoes	Hard candies
8303	Chewy mints (mild)	Hard candies
8304	Clear mints	Hard candies
8305	Everton mints	Hard candies
8306	Fishermans friends	Hard candies
8307	Mint imperials	Hard candies
8309	Tic tac	Hard candies
8968	Lollipops (not ice lollies) fortified vi	Hard candies
941	Beef minced stewed lean & fat	Meat products-entrees with sauce
942	Beef minced stewed fat skimmed	Meat products-entrees with sauce
943	Beef minced & thick gravy	Meat products-entrees with sauce
944	Beef mince skimmed thick gravy	Meat products-entrees with sauce
945	Beef minced thick gravy & veg	Meat products-entrees with sauce
946	Beef mince skim gravy & veg	Meat products-entrees with sauce
947	Beef mince gravy veg & potato	Meat products-entrees with sauce
948	Beef mince skim gravy veg poto	Meat products-entrees with sauce
961	Stew steak l&f gravy & veg	Meat products-entrees with sauce
962	Stew steak lean gravy & veg	Meat products-entrees with sauce

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963	Stew steak l&f gravy veg pota	Meat products-entrees with sauce
964	Stew steak lean gravy veg pota	Meat products-entrees with sauce
979	Lamb mutton and vegetable curry	Meat products-entrees with sauce
1002	Lamb scrag and neck stewed lean and fat	Meat products-entrees with sauce
1003	Lamb scrag and neck stewed lean only	Meat products-entrees with sauce
1004	Lamb scrag and neck stewed lean only wei	Meat products-entrees with sauce
1005	Irish stew l&f no bones	Meat products-entrees with sauce
1006	Lamb scrag & neck stewed lean pots carro	Meat products-entrees with sauce
1016	Irish stew with bones(l&fat)	Meat products-entrees with sauce
1017	Lamb scrag& neck stewed lean pots veg	Meat products-entrees with sauce
1045	Veal cutlet e&c blended oil	Meat products-entrees with sauce
1053	Veal stewed in thick gravy	Meat products-entrees with sauce
1054	Veal in white sauce fricassee	Meat products-entrees with sauce
1056	Pork rashers l&f bone grav veg	Meat products-entrees with sauce
1161	Hare stewed weighed with bone	Meat products-entrees with sauce
1164	Rabbit stewed weighed with bone	Meat products-entrees with sauce
1231	Beef minced in gravy canned	Meat products-entrees with sauce
1232	Beef minced pie filling canned	Meat products-entrees with sauce
1233	Beef minced reformed pie filling + onion	Meat products-entrees with sauce
1234	Beef stewing reformed pie filling canned	Meat products-entrees with sauce
1238	Irish stew canned	Meat products-entrees with sauce
1243	Stewing steak in gravy pie filling canne	Meat products-entrees with sauce
1244	Stewing steak / meatballs in gravy canne	Meat products-entrees with sauce
1246	Veal jellied canned	Meat products-entrees with sauce
1317	Beef chow mein	Meat products-entrees with sauce
1318	Beef curry vesta no rice	Meat products-entrees with sauce
1319	Beef curry with spinach can toms	Meat products-entrees with sauce
1320	Roast beef dinner with yorkshire pud pot	Meat products-entrees with sauce
1321	Roast beef in gravy purchased ready meal	Meat products-entrees with sauce
1324	Cannelloni	Meat products-entrees with sauce
1325	Chili con carne	Meat products-entrees with sauce
1328	Beef curry with cream or coconut sauce	Meat products-entrees with sauce
1329	Beef biryani	Meat products-entrees with sauce
1331	Spare ribs in barbecue sauce no bones	Meat products-entrees with sauce
1332	Meat chop suey pork beef lamb	Meat products-entrees with sauce
1347	Lasagne frozen	Meat products-entrees with sauce
1348	Lasagne homemade	Meat products-entrees with sauce
1350	Moussaka with potatoes homemade	Meat products-entrees with sauce
1352	Pork roast dinner frozen ready meal	Meat products-entrees with sauce
1353	Roast pork in gravy frozen ready meal no	Meat products-entrees with sauce
1355	Spare ribs barbecue style eg takeaway	Meat products-entrees with sauce
1356	Shepherds pie frozen purchased ready mea	Meat products-entrees with sauce
1357	Cottage pie	Meat products-entrees with sauce
1358	Sweet and sour pork battered with/witho	Meat products-entrees with sauce
1364	Moussaka with aubergines homemade	Meat products-entrees with sauce
1365	Shepherds pie made with butter/marg in p	Meat products-entrees with sauce
2663	Beef curry vesta as served with rice	Meat products-entrees with sauce

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2716	Cottage pie made with mince beef mashed	Meat products-entrees with sauce
2719	Beef stir fry with green peppers and bla	Meat products-entrees with sauce
2757	Pork and prune hotpot	Meat products-entrees with sauce
2761	Lamb lasagne with bottled pasta sauce p	Meat products-entrees with sauce
2763	Stir fry lamb with oyster and spring oni	Meat products-entrees with sauce
2767	Beef casserole with lean stewing steak	Meat products-entrees with sauce
2770	Braising steak casserole with carrots o	Meat products-entrees with sauce
2774	Lamb curry with ghee	Meat products-entrees with sauce
2779	Sausage casserole with peppers and casse	Meat products-entrees with sauce
2784	Steak and kidney casserole with carrots	Meat products-entrees with sauce
2791	Moussaka with minced beef aubergines n	Meat products-entrees with sauce
2792	Savoury mince with tomatoes and PUFA oil	Meat products-entrees with sauce
2799	Sausage casserole with green pepper kid	Meat products-entrees with sauce
2803	Beef carbonnade with onions carrots and	Meat products-entrees with sauce
2806	Lamb provencale with onions and canned t	Meat products-entrees with sauce
2810	Beef curry with tomato	Meat products-entrees with sauce
2818	Stewing steak with carrots swede and bu	Meat products-entrees with sauce
2825	Lancashire hot pot with potatoes and but	Meat products-entrees with sauce
2847	Chilli con carne with bacon extra lean	Meat products-entrees with sauce
2855	Spaghetti bolognese with lamb carrots an	Meat products-entrees with sauce
2856	Pork stir fry with noodles and peppers	Meat products-entrees with sauce
2857	Beef mince stew with carrots potatoes	Meat products-entrees with sauce
2860	Stir fry pork with aubergine courgettes	Meat products-entrees with sauce
2861	Stir fry beef with cucumber hoisin/soy	Meat products-entrees with sauce
2864	Lasagne with red wine and butter in sauc	Meat products-entrees with sauce
2866	Beef stew with potatoes carrots and pea	Meat products-entrees with sauce
2875	Curried pork with cabbage	Meat products-entrees with sauce
2879	Beef steak casserole with corned beef p	Meat products-entrees with sauce
2882	Mince beef cobbler with carrots	Meat products-entrees with sauce
2884	Cottage pie with lean mince and olive oi	Meat products-entrees with sauce
2885	Beef bourguignon no oil	Meat products-entrees with sauce
2892	Lasagne with lean mince pasta sauce and	Meat products-entrees with sauce
2893	Pork balls in tomato sauce	Meat products-entrees with sauce
2894	Beef casserole with tomatoes and PUFA oi	Meat products-entrees with sauce
2896	Chilli con carne with carrots	Meat products-entrees with sauce
2908	Lasagne with mushrooms cook in sauce an	Meat products-entrees with sauce
2913	Beef casserole with rump steak carrots	Meat products-entrees with sauce
2914	Lamb curry with tomatoes mushrooms but	Meat products-entrees with sauce
2915	Savoury mince with mushrooms and onion	Meat products-entrees with sauce
2926	Lamb casserole with carrot peas & mushr	Meat products-entrees with sauce
2929	Lasagne with potatoes bolognese sauce a	Meat products-entrees with sauce
2931	Beef and sausage casserole with tomatoes	Meat products-entrees with sauce
2939	Cottage pie with tomatoes and fromage fr	Meat products-entrees with sauce
2940	Beef stew with red wine carrots parsn	Meat products-entrees with sauce
2942	Pork stir-fry with mushrooms peppers g	Meat products-entrees with sauce
2946	Sausage and mixed bean casserole with to	Meat products-entrees with sauce
2948	Beef stir fry with spinach and tomatoes	Meat products-entrees with sauce

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2989	Beef curry with stewing steak and potato	Meat products-entrees with sauce
3001	Lamb with potatoes baked beans tomatoe	Meat products-entrees with sauce
3011	Mexican chilli with deep fried potatoes	Meat products-entrees with sauce
3022	Lamb and chicken casserole with carrots	Meat products-entrees with sauce
3025	Lamb casserole with carrots pots tomatoe	Meat products-entrees with sauce
3029	Beef curry made with stewing steak and c	Meat products-entrees with sauce
3032	Sausage casserole with wine broccoli tom	Meat products-entrees with sauce
3033	Beef stroganoff with mushrooms peppers	Meat products-entrees with sauce
3039	Beef stew & dumplings with swede & potat	Meat products-entrees with sauce
3040	Lamb mince with carrots tinned toms red	Meat products-entrees with sauce
3041	Chilli con carne with lamb carrots and c	Meat products-entrees with sauce
3044	Mince lamb casserole with baked beans ca	Meat products-entrees with sauce
3045	Steak & kidney casserole with purchased	Meat products-entrees with sauce
3050	Beef lasagne with tinned toms and red wi	Meat products-entrees with sauce
3060	Pork sausage casserole with tinned tomat	Meat products-entrees with sauce
3075	Pork chops in apricot sauce	Meat products-entrees with sauce
3079	Lamb stew with smoked fish & tomatoes n	Meat products-entrees with sauce
3081	Ham & vegetable casserole with carrots	Meat products-entrees with sauce
3088	Beef bourg with lean beef bacon mushroom	Meat products-entrees with sauce
3089	Sausage casserole with canned tomatoes a	Meat products-entrees with sauce
3093	Toad in the hole made with lamb chops	Meat products-entrees with sauce
3094	Pancakes with chilli filling	Meat products-entrees with sauce
3103	Beef stew with peppers potatoes carrots	Meat products-entrees with sauce
3104	Lasagne with olive oil semi-skimmed milk	Meat products-entrees with sauce
3136	Pork in cider and sherry with tomatoes a	Meat products-entrees with sauce
3142	Beef hot pot with carrots potato & turn	Meat products-entrees with sauce
3146	Lasagne with bottled pasta cheese sauce	Meat products-entrees with sauce
3180	BBQ SIZZLERS e.g Iceland	Meat products-entrees with sauce
3181	PORK STEAKS WITH HONEY & MUSTARD e.g Tes	Meat products-entrees with sauce
3187	LASAGNE REDUCED FAT e.g M&S	Meat products-entrees with sauce
3248	LAMB SHEPHERDS PIE e.g. WW	Meat products-entrees with sauce
3264	Chilli con carne with mince bacon and to	Meat products-entrees with sauce
3269	Beef stew with carrots peas and sweetcor	Meat products-entrees with sauce
3278	Lean mince beef and potato bake with pac	Meat products-entrees with sauce
3293	Cottage pie with carrots butter and chee	Meat products-entrees with sauce
3294	Cottage pie with beef(not mince) and car	Meat products-entrees with sauce
3297	Beef stew with carrots swede dumplings a	Meat products-entrees with sauce
3298	Beef casserole with lean beef carrots an	Meat products-entrees with sauce
3302	Beef stew with carrots swede parsnips po	Meat products-entrees with sauce
3303	Rabbit stew with bacon tomatoes carrots	Meat products-entrees with sauce
3305	Lamb stew with carrots cauli pots pkt	Meat products-entrees with sauce
3309	Lasagne with beef mince tomatoes butter	Meat products-entrees with sauce
3313	Beef casserole with carrots parsnips & o	Meat products-entrees with sauce
3320	Gammon with cheese sauce and spinach	Meat products-entrees with sauce
3328	Beef mince with leek carrots and butter	Meat products-entrees with sauce
3331	Sausage casserole with potatoes and pack	Meat products-entrees with sauce
3341	Beef and sausage meat in tomatoes (beef	Meat products-entrees with sauce

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3346	Pork casserole with carrots swede and pa	Meat products-entrees with sauce
3348	Beef goulash with reduced fat cr�me frai	Meat products-entrees with sauce
3375	Beef stew with peppers and dumplings no	Meat products-entrees with sauce
3378	Beef hotpot with carrots dolmio sauce a	Meat products-entrees with sauce
3385	Lasagne beef with parmesan and full cre	Meat products-entrees with sauce
3386	Lasagne lean beef with mushroom pasta	Meat products-entrees with sauce
3387	Fajita filling with lean mince beef and	Meat products-entrees with sauce
3388	Cottage pie with lean beef carrots mus	Meat products-entrees with sauce
3392	Pork curry with onions in butter	Meat products-entrees with sauce
3393	Lamb curry with spinach yogurt ghee an	Meat products-entrees with sauce
3395	Cottage pie with tinned tomatoes marmit	Meat products-entrees with sauce
3397	Cottage pie with baked beans and cheese	Meat products-entrees with sauce
3440	Pork casserole with butter	Meat products-entrees with sauce
3445	Beef casserole with bacon carrots toma	Meat products-entrees with sauce
3447	Pork with sweet and sour cook in sauce	Meat products-entrees with sauce
3452	Ham and leeks in cheese sauce	Meat products-entrees with sauce
3455	Pork with kidney beans and peppers	Meat products-entrees with sauce
3460	Steak and kidney stew lean meat only	Meat products-entrees with sauce
3466	Braising steak with guinness carrots an	Meat products-entrees with sauce
3474	Beef thai curry with peppers and curry p	Meat products-entrees with sauce
3477	Lasagne with high levels of peppers	Meat products-entrees with sauce
3479	Beef stew high in carrots no oil	Meat products-entrees with sauce
3483	Pork sausage casserole with tomato and b	Meat products-entrees with sauce
3493	Cottage pie with mixed vegetables tomat	Meat products-entrees with sauce
3494	Minced beef extra lean with carrots t	Meat products-entrees with sauce
3505	Beef stew with sweet potatoes and carrot	Meat products-entrees with sauce
3510	Shepherds pie with carrots condensed so	Meat products-entrees with sauce
3523	Sweet and sour pork with red pepper and	Meat products-entrees with sauce
3524	Pork casserole with green beans carrots	Meat products-entrees with sauce
3526	Beef and lamb stew with chicken noodles	Meat products-entrees with sauce
3532	Irish stew with lamb steak courgettes	Meat products-entrees with sauce
3535	Beef stew with carrots sprouts broccol	Meat products-entrees with sauce
3536	Pork curry with chickpeas and cook in sa	Meat products-entrees with sauce
3539	Lasagne with minced beef bacon and parm	Meat products-entrees with sauce
3540	Chilli with pork tomatoes peppers and	Meat products-entrees with sauce
3568	Cottage pie with mince cook in sauce an	Meat products-entrees with sauce
3569	Braising steak casserole lean with lager	Meat products-entrees with sauce
3599	Steak and kidney stew with tomatoes	Meat products-entrees with sauce
3600	Lasagne with beef mince baked beans and	Meat products-entrees with sauce
3601	Beef stew with stout and olive oil	Meat products-entrees with sauce
3611	Cottage pie with peas butter and skimme	Meat products-entrees with sauce
3619	Chilli con carne with peppers corgettes	Meat products-entrees with sauce
3621	Sweet and sour pork with lean pork peppe	Meat products-entrees with sauce
3625	Minced beef with carrots peppers and bro	Meat products-entrees with sauce
3626	Pork with cider cream and butter	Meat products-entrees with sauce
3630	Pork with lentils cr�me fraiche and butt	Meat products-entrees with sauce
3638	Sausage and bacon casserole with tomatoe	Meat products-entrees with sauce

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3640	Beef stroganoff with double cream wine a	Meat products-entrees with sauce
3642	Minced beef casserole with baked beans	Meat products-entrees with sauce
3643	Sausage casserole with baked beans carro	Meat products-entrees with sauce
3648	Beef curry with cook in sauce bamboo sho	Meat products-entrees with sauce
3656	Pork lean with sherry honey lemon an	Meat products-entrees with sauce
3657	Pork stoganoff with creme fraiche wine	Meat products-entrees with sauce
3672	Beef steak in red wine with carrots tom	Meat products-entrees with sauce
3682	Beef and tomato stew with leeks and cour	Meat products-entrees with sauce
3686	Meatballs in tomato sauce with artificia	Meat products-entrees with sauce
3692	Lamb curry with yogurt butter no tomat	Meat products-entrees with sauce
3699	Beef stew lean with carrots peppers a	Meat products-entrees with sauce
3702	Stovies beef with carrot potato and ol	Meat products-entrees with sauce
3703	Chilli with lean mince pepper pufa oil	Meat products-entrees with sauce
3705	Lamb curry lean with lentils and potat	Meat products-entrees with sauce
3707	Chilli with baked beans carrots and pep	Meat products-entrees with sauce
3713	Sausage casserole with low fat sausages	Meat products-entrees with sauce
3714	Beef stew with carrots new potatoes and	Meat products-entrees with sauce
3731	Beef enchilladas ready meal e.g. morriso	Meat products-entrees with sauce
3758	Beef cobbler with baked beans and carrot	Meat products-entrees with sauce
3759	Shepherds pie with baked beans e.g. hein	Meat products-entrees with sauce
3801	Ham and vegetable casserole with carrots	Meat products-entrees with sauce
3804	Beef in red wine sauce with mashed potat	Meat products-entrees with sauce
3808	Pork diced stewed lean and fat	Meat products-entrees with sauce
5129	Shepherds pie made with minced lamb & so	Meat products-entrees with sauce
5131	Braising steak in gravy no veg	Meat products-entrees with sauce
5135	Beef casserole with onions and leeks	Meat products-entrees with sauce
5159	Mince beef stew with baked beans onion a	Meat products-entrees with sauce
5162	Mince beef and steak casserole with soup	Meat products-entrees with sauce
5182	M & s ham mushroom and cheese lattice	Meat products-entrees with sauce
5190	Minced beef with carrots	Meat products-entrees with sauce
5193	Sweet and sour stir fry gammon noodle	Meat products-entrees with sauce
5198	Beef mince with onion and tomato puree	Meat products-entrees with sauce
5218	Shepherds pie made with lamb and cheese	Meat products-entrees with sauce
5220	Shepherds pie made with lamd and sauce m	Meat products-entrees with sauce
5227	Sausage cass with pots carrots peas & on	Meat products-entrees with sauce
5229	Minced lamb hot pot with carrots swede &	Meat products-entrees with sauce
5242	Pork cass with mushrooms and white wine	Meat products-entrees with sauce
5244	Sliced lamb roast dinner frozen from ice	Meat products-entrees with sauce
5245	Minced beef with pasta sauce	Meat products-entrees with sauce
5247	Beef cass with potatoes and mixed veg in	Meat products-entrees with sauce
5248	Sweet & sour pork with beansprouts & coo	Meat products-entrees with sauce
5249	Lasagna made with pork	Meat products-entrees with sauce
5309	Roast beff cooked slices	Meat products-entrees with sauce
5310	Beef casserole made with canned cook-in-	Meat products-entrees with sauce
5311	Beef casserole ready meal in gravy and v	Meat products-entrees with sauce
5312	Beef curry frozen/chilled ready meal no	Meat products-entrees with sauce
5313	Beef hot pot with pots ready meal eg bir	Meat products-entrees with sauce

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5315	Chilli con carne.no rice ready meal	Meat products-entrees with sauce
5316	Lamb curry made with canned curry sauce	Meat products-entrees with sauce
5317	Lancashire hot pot homemade	Meat products-entrees with sauce
5318	Minced lamb stewed with onions and gravy	Meat products-entrees with sauce
5319	Lamb hot pot with pots ready meal	Meat products-entrees with sauce
5320	Moussaka ready meal chill/frozen/long li	Meat products-entrees with sauce
5321	Shepherds pie frozen/chilled lamb ready	Meat products-entrees with sauce
5322	Shepherds pie homemade with minced lamb	Meat products-entrees with sauce
5324	Pork casserole made with canned cook-in-	Meat products-entrees with sauce
5325	Sausage casserole made with pork bacon &	Meat products-entrees with sauce
5356	Shepherds pie with baked beans in dolmio	Meat products-entrees with sauce
5359	Stewing steak canned with potatoes carro	Meat products-entrees with sauce
5366	Steak kidney and oxtail casserole with o	Meat products-entrees with sauce
5368	Cottage pie with lean mince olive oil bu	Meat products-entrees with sauce
5374	Chilli con carne made with lean mince bee	Meat products-entrees with sauce
5385	Beef stew	Meat products-entrees with sauce
5387	Beef risotto with mushrooms and tomatoes	Meat products-entrees with sauce
5389	Lamb curry made with tomato puree & pota	Meat products-entrees with sauce
5402	Cottage pie made with minced beef with m	Meat products-entrees with sauce
5412	Spaghetti bolognese sauce with mince pack	Meat products-entrees with sauce
5416	Beef mince with potato & mixed vegetable	Meat products-entrees with sauce
5422	Pork stir fry with pufa oil and 5 spice sau	Meat products-entrees with sauce
5435	Lasagne made with minced beef packet las	Meat products-entrees with sauce
5438	Beef mexican with tortillas peas and bea	Meat products-entrees with sauce
5442	Pork in beansprouts with egg fried rice	Meat products-entrees with sauce
5443	Lamb curry with rice made with veg oil o	Meat products-entrees with sauce
5460	Shepherds pie made with mince beef mushr	Meat products-entrees with sauce
5461	Minced beef with onions in gravy	Meat products-entrees with sauce
5465	Chili con carne with minced beef packet	Meat products-entrees with sauce
5469	Mince with onion and tomatoes for pasta	Meat products-entrees with sauce
5473	Pork & veg stir fry with peppers & rice	Meat products-entrees with sauce
5479	Lasagne beef made with w sauce with semi	Meat products-entrees with sauce
5491	Minced beef with onions peas carrot & sw	Meat products-entrees with sauce
5512	Beef mince with sweetcorn peas onions ca	Meat products-entrees with sauce
5515	Stew made with pie filing with mixed veg	Meat products-entrees with sauce
5517	Mince beef l f & onion with tinned carrot	Meat products-entrees with sauce
5518	Mince beef casserole with frozen mix veg	Meat products-entrees with sauce
5521	Cottage pie minced beef l f with carrots	Meat products-entrees with sauce
5522	Beef hot pot made with stewing steak car	Meat products-entrees with sauce
5530	Beef onion carrot parsnip & potato stew	Meat products-entrees with sauce
5535	Stew made with stewing steak carrot onio	Meat products-entrees with sauce
5540	Lamb mince chilli con carne with tomato	Meat products-entrees with sauce
5547	Pork mince with baked beans and tomato p	Meat products-entrees with sauce
5549	Cottage pie with peas and carrots	Meat products-entrees with sauce
5552	Beef stew with celery onion carrots and	Meat products-entrees with sauce
5553	Shepherd's pie minced beef with onions &	Meat products-entrees with sauce
5554	Steak & kidney casserole with mince beef	Meat products-entrees with sauce

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5556	Beef & broccoli oriental made with rumps	Meat products-entrees with sauce
5561	Stovies(pork & potato fried in veg oil	Meat products-entrees with sauce
5564	Pork stir fry with bea. Sprouts broccoli	Meat products-entrees with sauce
5569	Pork mince with carrots mushrooms & peas	Meat products-entrees with sauce
5572	Cottage pie with extra lean mince onions	Meat products-entrees with sauce
5578	Pork casserole with onions and carrots	Meat products-entrees with sauce
5589	Ham and chopped pork croquettes fried in	Meat products-entrees with sauce
5592	Lamb curry (no potatoes) with onions &	Meat products-entrees with sauce
5600	Pork l&f diced with carrots in canned ba	Meat products-entrees with sauce
5601	Pork stew with diced pork l+f onions car	Meat products-entrees with sauce
5602	Turkey/pork sausage pasta bake toms mush	Meat products-entrees with sauce
5610	Curried pork with potatoes onions & toma	Meat products-entrees with sauce
5612	Mutton curry made with onions & fresh to	Meat products-entrees with sauce
5614	Lamb mince chilli con carne & packet mix	Meat products-entrees with sauce
5616	Pork curry sauce made with toms in cook	Meat products-entrees with sauce
5617	Beef stir fry	Meat products-entrees with sauce
5621	Chilli con carne with lamb	Meat products-entrees with sauce
5629	Corned beef stew broccoli carrots potats	Meat products-entrees with sauce
5640	Lamb meat balls curried in tomato sauce	Meat products-entrees with sauce
5641	Stir fry pork lean with vegetables and r	Meat products-entrees with sauce
5651	Chilli con carne with lean lamb mince to	Meat products-entrees with sauce
5655	Beef braised in beer	Meat products-entrees with sauce
5662	Shepherds pie with lamb + soya mince	Meat products-entrees with sauce
5663	Chilli con carne with mince beef k.beans	Meat products-entrees with sauce
5664	Braised steak with sauce mix onions & ca	Meat products-entrees with sauce
5667	Chilli con carne with mushrooms	Meat products-entrees with sauce
5672	Pork casserole leeks peppers toms & mush	Meat products-entrees with sauce
5684	Cottage pie with extra lean beef mince o	Meat products-entrees with sauce
5690	Lamb bolog. With dolmio light sauce cann	Meat products-entrees with sauce
5695	Pork casserole with potatoes carrots and	Meat products-entrees with sauce
5696	Lasagne lamb with tinned tomatoes no whi	Meat products-entrees with sauce
5697	Ch. Con carne: beef mince onion kid. Bea	Meat products-entrees with sauce
5700	Shepherds pie lamb mince carrots and boi	Meat products-entrees with sauce
5701	Beef cass. - carts. Swede mush. Onios &	Meat products-entrees with sauce
5709	Lamb casserole with onions carrots parsp	Meat products-entrees with sauce
5712	Beef in oyster sauce green peppers and o	Meat products-entrees with sauce
5713	Sausage & baked bean casserole with pack	Meat products-entrees with sauce
5714	Chilli con carne with onions fried in la	Meat products-entrees with sauce
5716	Chili con carne with kidney beans tom pu	Meat products-entrees with sauce
5724	Beef stew beef frozen mix veg & toms	Meat products-entrees with sauce
5726	Sausage casserole beef steak carrots & o	Meat products-entrees with sauce
5732	Beef bourg with bacon mushrooms in red w	Meat products-entrees with sauce
5735	Pork escalope pork in e&c fried in veget	Meat products-entrees with sauce
5738	Beef & lamb stew with carrots & parsnips	Meat products-entrees with sauce
5746	Pork casserole lean with tomaotes	Meat products-entrees with sauce
5748	Lasagne made with lamb	Meat products-entrees with sauce
5756	Lamb curry with tomatoes & yogurt	Meat products-entrees with sauce

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5762	Lamb bolog with bottled sauce & fresh to	Meat products-entrees with sauce
5772	Cottage pie with baked beans tinned carr	Meat products-entrees with sauce
5773	Shepherds pie with pork mince and tomato	Meat products-entrees with sauce
5778	Beef curry with baked beans	Meat products-entrees with sauce
5782	Pork curry with cook-in-sauce tomatoes a	Meat products-entrees with sauce
5795	Pork and onion in bottled sauce	Meat products-entrees with sauce
5798	Mince cobbler with pastry made with red	Meat products-entrees with sauce
5799	Pork and apple casserole with onions and	Meat products-entrees with sauce
5800	Lamb curry with onions and canned tomato	Meat products-entrees with sauce
5806	Beef and macaroni in cheese sauce	Meat products-entrees with sauce
5808	Shepherds pie with pork mince and onion	Meat products-entrees with sauce
5811	Chilli con carne lean beef mince & chill	Meat products-entrees with sauce
5814	Lasagne with pork mince & smoked bacon	Meat products-entrees with sauce
5819	Chilli con carne lean mince kid beans to	Meat products-entrees with sauce
5826	Shepherds pie lean beef mixed vegetables	Meat products-entrees with sauce
5831	Beef curry with canned tomatoes + cook-i	Meat products-entrees with sauce
5841	Braising steak in canned wine sauce with	Meat products-entrees with sauce
5844	Lasagne made with minced lamb	Meat products-entrees with sauce
5848	Lamb curry with marrowfat peas tinned to	Meat products-entrees with sauce
5855	Braised steak in red wine	Meat products-entrees with sauce
5857	Pork cass with baked beans chop ham & po	Meat products-entrees with sauce
5861	Lamb mince with onion solus and dumpling	Meat products-entrees with sauce
5863	Pork and leek savoury mince with canned	Meat products-entrees with sauce
5865	Minced beef with onions and carrots - no	Meat products-entrees with sauce
5867	Lamb curry with potatoes onions no tomat	Meat products-entrees with sauce
5872	Beef casserole with onion carrots mushro	Meat products-entrees with sauce
5881	Savoury mince extra lean seasoning olive	Meat products-entrees with sauce
5882	Sausage casserole with courgette canned	Meat products-entrees with sauce
5891	Beef stroganoff made with elmlea single	Meat products-entrees with sauce
5897	Shepherd's pie with lamb tomatoes onion	Meat products-entrees with sauce
5901	Sausage casserole turkey and beef sausag	Meat products-entrees with sauce
5904	Lamb stew with pepper leek and tupnip an	Meat products-entrees with sauce
5906	Lasagne with quorn lean minced beef with	Meat products-entrees with sauce
5909	Pork steak casserole with new carrots mu	Meat products-entrees with sauce
5914	Cottage pie with l. Mince carrots onions	Meat products-entrees with sauce
5915	Savoury mince with vegetables canned tom	Meat products-entrees with sauce
5917	Lamb curry minced lmb with onions tom pu	Meat products-entrees with sauce
5919	Ham stew with celery carrots and potatoe	Meat products-entrees with sauce
5921	Pork casserole pork steak onion apple an	Meat products-entrees with sauce
5937	Lamb curry with lean lamb onions tomatoe	Meat products-entrees with sauce
5939	Lamb curry made with lamb chops pufa oil	Meat products-entrees with sauce
5942	Lamb stew lean with onions and spices	Meat products-entrees with sauce
5952	Thai pork	Meat products-entrees with sauce
5957	Lasagne with smoked bacon and lamb mince	Meat products-entrees with sauce
5958	Pork and apricot casserole with wine	Meat products-entrees with sauce
5963	Savoury mince with tomato soup canned to	Meat products-entrees with sauce
5968	Shepherds pie homemade with minced lamb	Meat products-entrees with sauce

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5976	Steak and sausage casserole and onions	Meat products-entrees with sauce
5984	Lasagne beef mince mush peppers spreadab	Meat products-entrees with sauce
5987	Sausage casserole pork sausage ham baked	Meat products-entrees with sauce
5993	Beef mince and turnip and carrots	Meat products-entrees with sauce
6001	Lasagne made with lean steak mince	Meat products-entrees with sauce
6004	Beef casserole with carrots turnips pots	Meat products-entrees with sauce
6025	Cottage pie with mashed potato & red fat	Meat products-entrees with sauce
6028	Bacon & veg in cheese sauce made with s/	Meat products-entrees with sauce
6029	Lasagne with lean beef mince mush toms &	Meat products-entrees with sauce
6030	Cottage pie with onion & flora in mashed	Meat products-entrees with sauce
6038	Cornmeal taco shell baked & filled with	Meat products-entrees with sauce
6045	Pork curry with onion toms carrot peas &	Meat products-entrees with sauce
6048	Chilli con carne with extra lean mince&s	Meat products-entrees with sauce
6049	Cottage pie with lean beef mince onions	Meat products-entrees with sauce
6051	Sweet and sour pork code 6051	Meat products-entrees with sauce
6069	Lamb curry with yoghurt onion & pepper	Meat products-entrees with sauce
6088	Lamb mince in gravy fat skimmed	Meat products-entrees with sauce
6089	Sausage casserole with canned toms carro	Meat products-entrees with sauce
6093	Beef bourguignonne code 6093	Meat products-entrees with sauce
6096	Beef stew no onion	Meat products-entrees with sauce
6115	Lamb bhuna brown lentils chickpeas split	Meat products-entrees with sauce
6118	Pork stir fry oyster sauce olive-oil oni	Meat products-entrees with sauce
6124	Steak mince & onion toms r/pepper carrot	Meat products-entrees with sauce
6125	Cottage pie with peas carrots no fat in	Meat products-entrees with sauce
6127	Cabbage & potatoes with minced beef	Meat products-entrees with sauce
6131	Cottage pie lean mince tomato garlic no	Meat products-entrees with sauce
6141	Chilli with minced beef baked beans & to	Meat products-entrees with sauce
6143	Lasagne w/milk cheese sauce lean mince o	Meat products-entrees with sauce
6146	Bacon onion & cheese sauce	Meat products-entrees with sauce
6154	Pork meatball with spinach soup	Meat products-entrees with sauce
6156	Chinese dumplings	Meat products-entrees with sauce
6157	Steamed stuffed bun with pork marrow & o	Meat products-entrees with sauce
6166	Chilli con carne mince beef tom k/bean c	Meat products-entrees with sauce
6168	Pork meatballs in tomato sauce	Meat products-entrees with sauce
6173	Cottage pie with sunflower spread & milk	Meat products-entrees with sauce
6189	Shepherd's pie with lean lamb onions car	Meat products-entrees with sauce
6195	Sausage stew with baked beans and canned	Meat products-entrees with sauce
6196	Cottage pie with tom puree & extra lean	Meat products-entrees with sauce
6200	Cottage pie: lean minced beef pots reduc	Meat products-entrees with sauce
6205	Beef stew: stew' steak on's carrot turni	Meat products-entrees with sauce
6218	Lasagne with red wine and olive oil	Meat products-entrees with sauce
6219	Savoury mince with bacon mushrooms & oni	Meat products-entrees with sauce
6235	Pork chop in barbecue sauce	Meat products-entrees with sauce
6236	Beef rissoles	Meat products-entrees with sauce
6247	Steak onions carrots mushrooms in gravy	Meat products-entrees with sauce
6251	Sausage casserole with pork sausages tom	Meat products-entrees with sauce
6254	Shepherds pie with pie filling carrots &	Meat products-entrees with sauce

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6256	Chilli con carne with beef & chilli s'ce	Meat products-entrees with sauce
6262	Balti beef curry	Meat products-entrees with sauce
6263	Cottage pie with packet mix code 6263	Meat products-entrees with sauce
6264	Chilli con carne with tesco chilli beans	Meat products-entrees with sauce
6267	Cottage pie with lean mince and peas	Meat products-entrees with sauce
6278	Beef casserole with onion mush madeira & p	Meat products-entrees with sauce
6299	B sauce steak mince onions tom juice can	Meat products-entrees with sauce
6300	Pork casserole and mushrooms and packet	Meat products-entrees with sauce
6301	Beef casserole with tomatoes	Meat products-entrees with sauce
6304	Cottage pie with packet mix code 6304	Meat products-entrees with sauce
6311	Stuffed marrow	Meat products-entrees with sauce
6314	Savoury mince w' casserole mix onion & c	Meat products-entrees with sauce
6325	Cottage pie with lean beef and mashed po	Meat products-entrees with sauce
6326	Lasagne with pasta sauce white sauce & n	Meat products-entrees with sauce
6327	Beef stew with pots carrots & canned mix	Meat products-entrees with sauce
6329	Shepherd's pie w' tomatoes beans mush &	Meat products-entrees with sauce
6331	Sweet & sour pork w' carrots cook-in-s'c	Meat products-entrees with sauce
6332	Beef layer pie with swiss chard	Meat products-entrees with sauce
6339	Beef pepperpot	Meat products-entrees with sauce
6340	Sweet and sour pork with courgette	Meat products-entrees with sauce
6350	M & s cumberland pie potato & cheese top	Meat products-entrees with sauce
6357	Pork and vegetable fried rice	Meat products-entrees with sauce
6359	Lasagne with lean min. Beef vit skim mil	Meat products-entrees with sauce
6362	Sausage casserole with carrots and potat	Meat products-entrees with sauce
6363	Chilli con carne with g. Peppers tomato	Meat products-entrees with sauce
6364	Stew with stewing steak mush carrots & r	Meat products-entrees with sauce
6371	Chilli mince with pasta and savoury rice	Meat products-entrees with sauce
6380	Chilli con carne no kidney beans made lam	Meat products-entrees with sauce
6381	Cannelloni mince beef onion pasta sauce	Meat products-entrees with sauce
6382	Lasagne with lean beef mince and mushroo	Meat products-entrees with sauce
6383	Minced beef cobbler	Meat products-entrees with sauce
6390	Cottage pie minced beef onion car semi s	Meat products-entrees with sauce
6391	Chilli con carne with olive oil	Meat products-entrees with sauce
6401	Cottage pie with lean mince beef onions	Meat products-entrees with sauce
6408	Beef curry with pots onions baked beans	Meat products-entrees with sauce
6416	Cottage pie w' beef mince onion mush car	Meat products-entrees with sauce
6417	Shepherds pie w' lamb mince baked beans	Meat products-entrees with sauce
6418	Lasagne with minced beef courgette and m	Meat products-entrees with sauce
6420	Sweet sour pork with lean pork tin pinea	Meat products-entrees with sauce
6425	Shepherds pie minced lamb onions carrots	Meat products-entrees with sauce
6427	Minced beef stew pots carrots turnips on	Meat products-entrees with sauce
6434	Sausages in tomato sauce with onions	Meat products-entrees with sauce
6438	Stew with lean steak oxtail soup and veg	Meat products-entrees with sauce
6439	Lasagne lean minced beef mushrooms semis	Meat products-entrees with sauce
6440	Beef mince in gravy with carrots and oni	Meat products-entrees with sauce
6443	Beef casserole with carrots and parsnips	Meat products-entrees with sauce
6447	Steak mince and mushrooms in condensed s	Meat products-entrees with sauce

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6448	Cottage pie minced beef onions thick gra	Meat products-entrees with sauce
6456	Lasagne with minced beef toms whole milk	Meat products-entrees with sauce
6462	Beef casserole with bacon stout carrots	Meat products-entrees with sauce
6467	Lamb curry onion apple sultanas tomato k	Meat products-entrees with sauce
6468	Sausage stew and dumplings	Meat products-entrees with sauce
6473	Pork stir fry with olive oil shallots ca	Meat products-entrees with sauce
6476	Beef stew onions carrots leeks turnip sw	Meat products-entrees with sauce
6478	Pork cass. Carrot mush peppers onions to	Meat products-entrees with sauce
6481	Beef and vegetable stew with dumplings	Meat products-entrees with sauce
6491	Moussaka beef with aubergine and potato	Meat products-entrees with sauce
6492	Beef casserole lean braising steak peas	Meat products-entrees with sauce
6495	Sausage cass carrots mushrooms g.beans c	Meat products-entrees with sauce
6496	Beef stew carrots potatoes and hp sauce	Meat products-entrees with sauce
6501	Steak crumble with cheese	Meat products-entrees with sauce
6507	Savory mince-lean beef onion parsnips an	Meat products-entrees with sauce
6510	Cottage pie froz mix vegetables and toma	Meat products-entrees with sauce
6512	Pork casserole with tomatoes and red win	Meat products-entrees with sauce
6514	Pasta bake beef mince sweetcorn petit po	Meat products-entrees with sauce
6515	Cottage pie mince beef carrots peas mush	Meat products-entrees with sauce
6516	Moussaka made with lean lamb mince	Meat products-entrees with sauce
6517	Lasagne lean mince onion mush c.tomatoes	Meat products-entrees with sauce
6523	Chilli con carne minced beef baked beans	Meat products-entrees with sauce
6533	Rabbit stew with beef soup onions carr.	Meat products-entrees with sauce
6534	Pork lasagne onion cheese sauce made wi	Meat products-entrees with sauce
6535	Steak and kidney stew	Meat products-entrees with sauce
6542	Lamb meat balls with tomato sauce	Meat products-entrees with sauce
6545	Pork and cashew nut stir. Fry	Meat products-entrees with sauce
6547	Beef stew onion carrots mushr. Sunf.oil	Meat products-entrees with sauce
6553	Spanish pie minced beef and canned tomat	Meat products-entrees with sauce
6560	Cottage pie with canned tomato and cabba	Meat products-entrees with sauce
6568	Sausage pork casserole with mushrooms ba	Meat products-entrees with sauce
6569	Pork steaks with onion tomatoes red kidn	Meat products-entrees with sauce
6571	Cottage pie with ground beef onions and	Meat products-entrees with sauce
6575	Minced beef stewed in water and fat	Meat products-entrees with sauce
6576	Cottage pie mince beef toms. Potats no m	Meat products-entrees with sauce
6599	Minced beef hotpot mushr. Onions peas an	Meat products-entrees with sauce
6614	Beef bourguignonne code 6614	Meat products-entrees with sauce
6621	Shepherds pie no veg semi-skim milk refa	Meat products-entrees with sauce
6622	Pork & tomato casserole sweetcorn and ca	Meat products-entrees with sauce
6625	Beef chow mein beef fillet and water che	Meat products-entrees with sauce
6626	Okra stew with lamb	Meat products-entrees with sauce
6629	Lasagne wholewheat minced beef semi skim	Meat products-entrees with sauce
6636	Minced beef curry with onions and tinned	Meat products-entrees with sauce
6637	Cottage pie with onion shep pie mix mash	Meat products-entrees with sauce
6640	Beef curry with toms onions & curry past	Meat products-entrees with sauce
6641	Cottage pie xtra lean mince and utt butt	Meat products-entrees with sauce
6642	Cottage pie with lean minced steak	Meat products-entrees with sauce

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6645	Lasag minced beef toms & mozzarella	Meat products-entrees with sauce
6650	Venison chilli with no kidney beans	Meat products-entrees with sauce
6652	Pork with onion toms wine herbs peas and	Meat products-entrees with sauce
6656	Chicago ribs pork & tvp in marinade reta	Meat products-entrees with sauce
6660	Lasagne with minced beef tom puree no ch	Meat products-entrees with sauce
6661	Steak & kid stew with onion carrot parsn	Meat products-entrees with sauce
6663	Miced pork with pick onions wine toms &	Meat products-entrees with sauce
6667	Sheps pie with lamb mince onion pots & p	Meat products-entrees with sauce
6669	Lasagne beef mince mush onion tin tom &	Meat products-entrees with sauce
6673	Beef mince with pancakes & cheese sauce	Meat products-entrees with sauce
6674	Stew - minced beef stew steak oxtail sou	Meat products-entrees with sauce
6675	Meat balls coated in b crumbs & tom & pe	Meat products-entrees with sauce
6677	Red thai curry with pork potatoes curry	Meat products-entrees with sauce
6683	Cottage pie with lean mince beef mash po	Meat products-entrees with sauce
6685	Lentil & lamb curry with onions toms & y	Meat products-entrees with sauce
6688	Lasagne with beef no white sauce	Meat products-entrees with sauce
6689	Beef in strong beer	Meat products-entrees with sauce
6690	Pork curry with creamed toms onions & ca	Meat products-entrees with sauce
6692	Chilli con carne minced beef kid beans &	Meat products-entrees with sauce
6694	Lasag lamb mince with lasag sauce & chee	Meat products-entrees with sauce
6695	Chilli con carne lean beef kidney beans	Meat products-entrees with sauce
6697	Pork hot pot lean w' peas carr onion & p	Meat products-entrees with sauce
6703	Shep pie mince lamb onion carts & golden	Meat products-entrees with sauce
6704	Lasag lean mince beef ol oil r wine & pa	Meat products-entrees with sauce
6705	Lamb biriyani onions ginger toms pots &	Meat products-entrees with sauce
6706	Lamb & chick pea curry with onions & tom	Meat products-entrees with sauce
6707	Sweet and sour pork code 6707	Meat products-entrees with sauce
6713	Chicken & turkey sausage casserole	Meat products-entrees with sauce
6717	Sausage casserole w' carrots pots & tom	Meat products-entrees with sauce
6719	Pork cass' with toms pepp lean pork onio	Meat products-entrees with sauce
6724	Cottage pie with carrots & s/skimm milk	Meat products-entrees with sauce
6726	Lamb stew with tomatoes and onions	Meat products-entrees with sauce
6734	Cottage pie w' baked beans flora & sk mi	Meat products-entrees with sauce
6742	Cottage pie with beef tomatoes & lancash	Meat products-entrees with sauce
6755	Cottage pie lean mince baby carrots & ba	Meat products-entrees with sauce
6758	Beef curry with curry sauce and onion	Meat products-entrees with sauce
6759	Curried pork stir fry with vegetables	Meat products-entrees with sauce
6763	Lasagne with beef mushroom tomatoes skim	Meat products-entrees with sauce
6765	Shepherds pie with lamb onion and tonato	Meat products-entrees with sauce
6769	Beef casserole with carrots peas onions	Meat products-entrees with sauce
6779	Pork curry mush carrots onions & curry s	Meat products-entrees with sauce
6782	Mince lamb tom puree lemon juice and gra	Meat products-entrees with sauce
6794	Beef and potato casserole with stout	Meat products-entrees with sauce
6800	Sweet 'n' sour pork noodles & froz stir	Meat products-entrees with sauce
6803	Sweet n sour pork with cook in sauce & g	Meat products-entrees with sauce
6805	Cottage pie with mince beef bacon r wine	Meat products-entrees with sauce
6812	Stew with beef peas sweetcorn tomatoes s	Meat products-entrees with sauce

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6813	Pork stew + peas carrots sweetcorn tomat	Meat products-entrees with sauce
6858	Beef in Guinness with dumplings	Meat products-entrees with sauce
6859	Pork & beef meat balls in goulash sauce	Meat products-entrees with sauce
6860	Chilli con carne with lean beef mince k	Meat products-entrees with sauce
6861	Lasagne with lean beef mince pasta sauce	Meat products-entrees with sauce
6862	Cottage pie with extra lean steak mince	Meat products-entrees with sauce
6863	Minced beef curry with fruit sweetcorn p	Meat products-entrees with sauce
6864	Sausage casserole with mushrooms carrots	Meat products-entrees with sauce
6877	Stuffed courgette with minced beef lenti	Meat products-entrees with sauce
6893	Beef Stew with tomatoes	Meat products-entrees with sauce
6903	Beef in Beer	Meat products-entrees with sauce
6907	Ham florentina	Meat products-entrees with sauce
6908	Pork satay	Meat products-entrees with sauce
6911	Lamb and anchovy casserole	Meat products-entrees with sauce
6913	Sausage casserole	Meat products-entrees with sauce
6917	Lamb curry with red lentils	Meat products-entrees with sauce
6920	Lamb casserole (similar to Lancashire ho	Meat products-entrees with sauce
6921	Beef bourguignonne	Meat products-entrees with sauce
6933	Beef & Guinness casserole	Meat products-entrees with sauce
6936	Beef curry with carrots peas beans and	Meat products-entrees with sauce
6940	Chilli con carne with minced beef and pe	Meat products-entrees with sauce
6949	Beef steak and kidney stew (with carrots	Meat products-entrees with sauce
6990	Lamb curry takeaway eg rojan josh no r	Meat products-entrees with sauce
7779	Chilli con carne canned	Meat products-entrees with sauce
7782	Meat balls and pasta/baked beans	Meat products-entrees with sauce
8052	Meat balls in barbecue sauce	Meat products-entrees with sauce
8596	Beef chicken and pork satay	Meat products-entrees with sauce
8609	Shepherds pie homemade with lean mince	Meat products-entrees with sauce
8620	Lasagne made with extra lean mince	Meat products-entrees with sauce
8642	Lamb casserole no bones no potatoes grav	Meat products-entrees with sauce
8656	Spaghetti bolognaise with lean mince	Meat products-entrees with sauce
8662	Shepherds pie lean new potatoes with but	Meat products-entrees with sauce
8668	Shepherds pie with baked beans+low fat s	Meat products-entrees with sauce
8674	Lamb casserole loin chops lean with carr	Meat products-entrees with sauce
8682	Moussaka with aubergines and potatoes	Meat products-entrees with sauce
8692	Potato vegetable & steak hotpot + gravy	Meat products-entrees with sauce
8709	Lamb casserole lean thickened gravy no p	Meat products-entrees with sauce
8710	Shepherds pie lean reduced fat sprd not	Meat products-entrees with sauce
8721	Shepherds pie lean & fat with peas & rag	Meat products-entrees with sauce
8739	Braised steak casserole with carrots	Meat products-entrees with sauce
8752	Beefsteak jugged in port	Meat products-entrees with sauce
8757	Extra lean mince stewed with veg added c	Meat products-entrees with sauce
8764	Pork & cider casserole with veg	Meat products-entrees with sauce
8789	Chilli con carne lean and fat with bacon	Meat products-entrees with sauce
8795	Shepherds pie lean with carrots & pufa m	Meat products-entrees with sauce
8800	Shepherds pie lean and fat with cheese	Meat products-entrees with sauce
8805	Shepherds pie lean & fat with peas and c	Meat products-entrees with sauce

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8807	Shepherds pie lean + tomatoes & baked be	Meat products-entrees with sauce
8822	Chilli con carne lean meat and rice	Meat products-entrees with sauce
8825	Pork curry with apple and sultanas	Meat products-entrees with sauce
8856	Lamb casserole with mushrooms & red pepp	Meat products-entrees with sauce
8881	Meatballs in tomato sauce homemade	Meat products-entrees with sauce
8882	Normandy pork casserole	Meat products-entrees with sauce
8885	Lamb casserole lean with tomato & mushro	Meat products-entrees with sauce
8886	Shepherds pie lean and fat with carrots	Meat products-entrees with sauce
8904	Chilli con carne lean & fat with red bea	Meat products-entrees with sauce
8905	Shepherds pie lean with carrots peas tom	Meat products-entrees with sauce
8915	Pork stew with vegetables	Meat products-entrees with sauce
8917	Mince and vegetable 'stew'	Meat products-entrees with sauce
8922	Pork sausage potato tomato casserole	Meat products-entrees with sauce
8924	Shepherds pie lean mince tomatoes pie mi	Meat products-entrees with sauce
8934	Beef stroganoff made with stroganoff mix	Meat products-entrees with sauce
8940	Sausage casserole	Meat products-entrees with sauce
8950	Mince in unthickened gravy with carrots	Meat products-entrees with sauce
8971	Oriental pork	Meat products-entrees with sauce
8981	Beef & kidney hotpot with potatoes peas	Meat products-entrees with sauce
8982	Potato lean beef & vegetable stew	Meat products-entrees with sauce
8991	Shepherds pie lean baked beans carrots n	Meat products-entrees with sauce
8999	Lamb curry with peas	Meat products-entrees with sauce
9012	Pork veg & potato casserole with gravy t	Meat products-entrees with sauce
9021	Lamb veg potato tomato cass with gravy t	Meat products-entrees with sauce
9029	Vegetable stew with corned beef	Meat products-entrees with sauce
9041	Stewing steak with tom pots carr & baked	Meat products-entrees with sauce
9043	Sheperds pie lean with mush. & onions no	Meat products-entrees with sauce
9044	Potato hash- mince(l&f) onion potato	Meat products-entrees with sauce
9045	Kidney bean and beef stew	Meat products-entrees with sauce
9049	Cottage pie with olive oil oeas carrots	Meat products-entrees with sauce
9050	Pork chow mein with olive oil	Meat products-entrees with sauce
9051	Meat balls in onion gravy	Meat products-entrees with sauce
9052	Beef & mushroom casserole	Meat products-entrees with sauce
9058	Minced beef stew	Meat products-entrees with sauce
9059	Shepherds pie with peanuts	Meat products-entrees with sauce
9067	Pork & potato curry	Meat products-entrees with sauce
9071	Pork risotto	Meat products-entrees with sauce
9076	Beef casserole (lean) with vegetables	Meat products-entrees with sauce
9078	Mince lamb curry(l&f) with onions & pota	Meat products-entrees with sauce
9079	Sheperds pie l&f with carrots mushrooms	Meat products-entrees with sauce
9083	Stewing steak/mince with pot carr cabb l	Meat products-entrees with sauce
9091	Sweet 'n' sour pork	Meat products-entrees with sauce
9096	Lasagne made with lean mince	Meat products-entrees with sauce
9104	Shepherds pie(instant potato & pkt mix)	Meat products-entrees with sauce
9107	Mince & veg (xtra lean)	Meat products-entrees with sauce
9120	Beef stew with carrots & red wine	Meat products-entrees with sauce
9127	Sausage & carrot sauce (casserole)	Meat products-entrees with sauce

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9133	Tvp & mince beef curry	Meat products-entrees with sauce
9135	Lasagne with olive oil & skimmed milk	Meat products-entrees with sauce
9136	Chilli with baked beans	Meat products-entrees with sauce
9151	Mulah (minced lamb with yogurt)	Meat products-entrees with sauce
9152	Beef casserole with kidney beans veg	Meat products-entrees with sauce
9155	Xtra lean stewing steak in gravy canned	Meat products-entrees with sauce
9177	Lasagne (lean mince w/wheat pasta pufa)	Meat products-entrees with sauce
9244	Chilli con carne with rice ready meal	Meat products-entrees with sauce
9245	Spaghetti bolognaise ready meal	Meat products-entrees with sauce
9300	Spagetti bolognaise low fat	Meat products-entrees with sauce
9318	Beef curry with rice ready meal eg. Bird	Meat products-entrees with sauce
9347	Shepherds pie made with lean mince	Meat products-entrees with sauce
9359	Meatballs in gravy with mashed potato re	Meat products-entrees with sauce
9428	Veal mince stewed fat not skimmed	Meat products-entrees with sauce
9441	Lamb minced stewed lean+fat	Meat products-entrees with sauce
9460	Diced pork stewed lean only	Meat products-entrees with sauce
9461	Minced pork stewed lean + fat	Meat products-entrees with sauce
9462	Fillet (tenderloin) grilled lean	Meat products-entrees with sauce
9465	Beef stew & dumplings frozen or chilled	Meat products-entrees with sauce
9475	Lamb chow mein	Meat products-entrees with sauce
9476	Pork chow mein	Meat products-entrees with sauce
9477	Lamb korma with cream/coconut sauce no r	Meat products-entrees with sauce
9478	Lamb biryani/pilau with rice	Meat products-entrees with sauce
9485	Minced beef extra lean raw	Meat products-entrees with sauce
9566	Minced beef & vege (pot peas carrots) re	Meat products-entrees with sauce
9583	Beef stewed made w canned stewing steak	Meat products-entrees with sauce
9584	Cawl (lamb stewed w carrots cabbage & pa	Meat products-entrees with sauce
9629	Minced beef stew made with tomato soup	Meat products-entrees with sauce
9630	Irish stew made w frozen vege & barley	Meat products-entrees with sauce
9631	Shepherds pie lean mince fried olive oil	Meat products-entrees with sauce
9648	Shepherds pie with haricot beans and mus	Meat products-entrees with sauce
9681	H/m cawl lamb stewed with vegetables	Meat products-entrees with sauce
9687	Stewing steak lean w vegetables + barley	Meat products-entrees with sauce
9690	Beef lamb and vegetable casserole with p	Meat products-entrees with sauce
9700	Ready meal-steak in red wine + veg	Meat products-entrees with sauce
9710	Lamb curry made w lard	Meat products-entrees with sauce
9726	Sweet and sour pork with rice frozen rea	Meat products-entrees with sauce
9763	Sweet and sour pork frozen ready meal no	Meat products-entrees with sauce
9773	Beef kidney & oxtail stew with vegetable	Meat products-entrees with sauce
9774	Rabbit casserole	Meat products-entrees with sauce
9780	Roundas with minced beef	Meat products-entrees with sauce
9797	Lamb stew with carrots & tomatoes	Meat products-entrees with sauce
9810	Beef stew and dumplings	Meat products-entrees with sauce
9811	Mince wt carrots tomatoes pearl barley &	Meat products-entrees with sauce
9822	Lamb hot pot	Meat products-entrees with sauce
9840	Pork curry lean with peppers and tomatoe	Meat products-entrees with sauce
9849	Cotage pie (with no margarine in potato)	Meat products-entrees with sauce

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9850	Stewed meat (canned)& potato pie	Meat products-entrees with sauce
9860	Lasagne with peppers tomatoes and butter	Meat products-entrees with sauce
9862	Pork steak casserole	Meat products-entrees with sauce
9863	Steak curry with apples sultanas & curry	Meat products-entrees with sauce
9888	Sausage casserole with carrots & peas.	Meat products-entrees with sauce
9889	Shepherds pie with dolmio sauce and peas	Meat products-entrees with sauce
9904	Beef oriental with rice (eg weight watch	Meat products-entrees with sauce
9918	Beef stroganoff	Meat products-entrees with sauce
9920	Lean mince stew + peas celery & tomato p	Meat products-entrees with sauce
9939	Mince with vegetable & potatoes.	Meat products-entrees with sauce
9967	Mince beef cheeset cobbler	Meat products-entrees with sauce
9970	Venison casserole	Meat products-entrees with sauce
1157	Turkey sausages grilled fried	Meat products-hot dog
1271	Frankfurter	Meat products-hot dog
1272	Frankfurter caned	Meat products-hot dog
5308	Frankfurter in a bun with ketchup onions	Meat products-hot dog
1039	Ham not smoked	Meat products-lunch meat
1040	Ham smoked	Meat products-lunch meat
1338	Luncheon meat not canned	Meat products-lunch meat
8235	Ham smoked deli or butchers	Meat products-lunch meat
8236	Ham smoked vacuum packed	Meat products-lunch meat
8697	Ham low fat eg. Delight	Meat products-lunch meat
9381	Ham with added water not smoked	Meat products-lunch meat
9382	Ham no added water not smoked	Meat products-lunch meat
9383	Smoked ham with added water any cut	Meat products-lunch meat
9384	Smoked ham no added water any cut	Meat products-lunch meat
9508	Ham unspecified not smoked not canned	Meat products-lunch meat
9509	Ham unspecified smoked	Meat products-lunch meat
612	Milk drink pasteurised/sterilised not ch	Milk products- milk based drinks
7714	Mars bar milk	Milk products- milk based drinks
8212	Milk drink pasteurised/sterilised chocol	Milk products- milk based drinks
8216	Semi-skimmed milk and fruit juice drink	Milk products- milk based drinks
8217	Cadbury's chocolate milk drink-low fat	Milk products- milk based drinks
8621	Nourishment milk drink	Milk products- milk based drinks
9072	Sainsburys thick milk shake pasteurised	Milk products- milk based drinks
9562	Faluda (indian milk shake)	Milk products- milk based drinks
634	Cream double	Milk Products-cream half & half
635	Cream double uht	Milk Products-cream half & half
636	Cream half pasteurised	Milk Products-cream half & half
637	Cream half uht	Milk Products-cream half & half
638	Cream single pasteurised	Milk Products-cream half & half
639	Cream single frozen	Milk Products-cream half & half
640	Cream single uht	Milk Products-cream half & half
641	Cream sterilized	Milk Products-cream half & half
642	Cream-half sterilized	Milk Products-cream half & half
643	Cream dairy uht aerosol	Milk Products-cream half & half
3014	Creme fraiche	Milk Products-cream half & half

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6984	Cream dairy extra thick 24% fat	Milk Products-cream half & half
6985	Creme Fraiche half fat (15%)	Milk Products-cream half & half
6986	Cream dairy UHT aerosol half fat	Milk Products-cream half & half
701	Yoghurt whole milk fruit	Milk products-yogurt
702	Yogurt whole milk natural unsweetene	Milk products-yogurt
703	Yogurt low fat any other flavour e.g. to	Milk products-yogurt
704	Yoghurt low fat fruit	Milk products-yogurt
705	Yoghurt low fat natural unsweetened	Milk products-yogurt
706	Yoghurt low fat with muesli or nuts	Milk products-yogurt
708	Yogurt low fat longlife uht pasteuris	Milk products-yogurt
710	Yogurt goat milk	Milk products-yogurt
711	Yogurt drink	Milk products-yogurt
712	Yogurt low fat natural sweetened	Milk products-yogurt
713	Diet low fat yogurt	Milk products-yogurt
2700	Yogurt virtually fat free natural uns	Milk products-yogurt
2701	Yogurt virtually fat free fruit with a	Milk products-yogurt
2702	Yogurt low fat french set fruit	Milk products-yogurt
2730	Low fat yogurt containing fruit beneco	Milk products-yogurt
2991	Curried yogurt with gram flour	Milk products-yogurt
3223	Yogurt and fromage frais mousse low fat	Milk products-yogurt
3732	Greek style yogurt low fat flavoured e	Milk products-yogurt
5213	Ribena strawberry yoghurt drink fortified	Milk products-yogurt
5259	Thick & creamy twimpot yog full fat frui	Milk products-yogurt
5260	Yogurt whole milk fortified with vitam	Milk products-yogurt
5261	Yogurt whole milk fortified with vitam	Milk products-yogurt
5361	Yoghurt whole milk with added sugar n	Milk products-yogurt
5408	Yoghurt custard style with fruit and cru	Milk products-yogurt
5529	Yogurt whole milk fortified with vit e	Milk products-yogurt
6829	Yakult	Milk products-yogurt
6997	Yogurt greek style cows with honey	Milk products-yogurt
7149	Yogurt lowfat fruit fortified with vitam	Milk products-yogurt
7741	Yogurt greek style cows natural whol	Milk products-yogurt
7742	Greek yogurt sheep	Milk products-yogurt
7743	Yogurt soya alternative full fat swee	Milk products-yogurt
7746	Old code yogurt lf flavour with vits a c	Milk products-yogurt
7748	Yogurt lf fruit with vits a c d	Milk products-yogurt
7749	Yogurt low fat fruit fortified vitamins	Milk products-yogurt
7750	Old code yogurt lf flavour with vits a a	Milk products-yogurt
7751	Yogurt vlf with sweetener with vits c an	Milk products-yogurt
7753	Yogurt fruit mousse	Milk products-yogurt
7755	Yogurt drink containing fruit puree	Milk products-yogurt
7756	Yoghurt drink lite containing fruit juic	Milk products-yogurt
7986	Yoghurt drink containing fruit juice & s	Milk products-yogurt
8220	Custard style yogurts	Milk products-yogurt
8222	Old code low fat diet yogurt uht with ar	Milk products-yogurt
8223	Yogurt virtually fat free longlife uh	Milk products-yogurt
8224	Yogurt mousse with cream	Milk products-yogurt

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8376	Yog virt fat free twin pot fruit with	Milk products-yogurt
8488	Tescos bio vlf yogurt	Milk products-yogurt
8513	Choc ice containing yogurt	Milk products-yogurt
8613	Yogurt long life/uht/past fruit whole	Milk products-yogurt
8894	St ivel prize whipped yogurt with cream	Milk products-yogurt
8990	Yogurt virtually fat free fruit added	Milk products-yogurt
9115	Yogurt soya altern low fat with fruit	Milk products-yogurt
9142	Yogurt greek style cows with fruit w	Milk products-yogurt
9272	Yog virt fat free any oth flavour wit	Milk products-yogurt
9881	Yogurt full fat twinpot with cereal/cr	Milk products-yogurt
2195	Peanut butter smooth not wholenut	Nuts and nut products-peanutbutter
2196	Peanut butter crunchy not wholenut	Nuts and nut products-peanutbutter
3160	Peanut butter reduced fat	Nuts and nut products-peanutbutter
8047	Peanut butter wholegrain wholenut no add	Nuts and nut products-peanutbutter
8542	Peanut butter and chocolate spread purch	Nuts and nut products-peanutbutter
650	Soya alternative to milk unsweetened	Plant proteins-soymilk
3410	So good fortified soya drink	Plant proteins-soymilk
3769	Soya alternative to milk unsweetned fo	Plant proteins-soymilk
7715	Soya alternative to milk flavoured	Plant proteins-soymilk
8512	Soya alternative to milk sweetened plain	Plant proteins-soymilk
8726	Soya alternative to milk sweetened calci	Plant proteins-soymilk
1067	Chick cass light and dark meat only	Poultry products-entrees with sauces
1095	Chicken leg casserole with skin & bone	Poultry products-entrees with sauces
1099	Chicken cass meat nobones veg	Poultry products-entrees with sauces
1100	Chick casserole with veg bones	Poultry products-entrees with sauces
1101	Chicken casserole canned	Poultry products-entrees with sauces
1102	Chicken chow mein vesta as served	Poultry products-entrees with sauces
1103	Chicken curry canned no rice	Poultry products-entrees with sauces
1104	Chicken curry veg no bones	Poultry products-entrees with sauces
1105	Chicken curry with bones & veg	Poultry products-entrees with sauces
1106	Chicken curry vesta no rice	Poultry products-entrees with sauces
1107	Chick supreme creamed chicken no bones	Poultry products-entrees with sauces
1108	Chicken in white sauce canned	Poultry products-entrees with sauces
1113	Chicken with mushrooms	Poultry products-entrees with sauces
1116	Chicken roast dinner purchased + potato	Poultry products-entrees with sauces
1117	Chick roast in gravy frozen	Poultry products-entrees with sauces
1122	Chicken tikka grilled no bones include	Poultry products-entrees with sauces
1123	Tandoori chicken meat only no bone	Poultry products-entrees with sauces
1124	Tandoori chick with bones (not weighed)	Poultry products-entrees with sauces
1152	Turkey giblets stewed	Poultry products-entrees with sauces
1362	Chick curry korma style with cream or co	Poultry products-entrees with sauces
1363	Chick curry cream sauce nobone	Poultry products-entrees with sauces
1366	Chicken chop suey takeaway	Poultry products-entrees with sauces
1367	Chicken chow mein	Poultry products-entrees with sauces
2661	Chick stir fry with rice r meal eg ross	Poultry products-entrees with sauces
2664	Chicken curry vesta as served with rice	Poultry products-entrees with sauces
2705	Chicken leg marinated bbq or grilled	Poultry products-entrees with sauces

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2714	Chicken Ariabiatla ready meal	Poultry products-entrees with sauces
2717	Chicken enchilladas e.g. sainsbury's	Poultry products-entrees with sauces
2724	Chicken jalfrezi takeaway	Poultry products-entrees with sauces
2734	Sweet and sour chicken low fat ready m	Poultry products-entrees with sauces
2745	Chicken casserole with peppers and tomat	Poultry products-entrees with sauces
2752	Chicken casserole with mushrooms and oni	Poultry products-entrees with sauces
2756	Stir-fried chicken with mango and coriand	Poultry products-entrees with sauces
2760	Chicken with lean bacon tomatoes and lo	Poultry products-entrees with sauces
2768	Chicken casserole with carrots broccoli	Poultry products-entrees with sauces
2782	Turkey with stir fry sauce and butter	Poultry products-entrees with sauces
2786	Chicken curry with chicken breast veget	Poultry products-entrees with sauces
2788	Chicken A la king (with mushrooms peppe	Poultry products-entrees with sauces
2800	Chicken casserole with carrots courgett	Poultry products-entrees with sauces
2801	Chicken Curry made with Cook in Sauce an	Poultry products-entrees with sauces
2807	Chicken curry with apple sultanas bana	Poultry products-entrees with sauces
2811	Chicken breast stir fry with peppers mu	Poultry products-entrees with sauces
2816	Chicken curry with carrots apples and s	Poultry products-entrees with sauces
2817	Chicken curry with apple sultanas and p	Poultry products-entrees with sauces
2819	Chicken in Cook In Sauce with honey and	Poultry products-entrees with sauces
2826	Chicken and Bacon pasta gratin e.g somer	Poultry products-entrees with sauces
2836	Yorkshire pudding made with skimmed milk	Poultry products-entrees with sauces
2854	Sweet and sour chicken with sweetcorn	Poultry products-entrees with sauces
2867	Chicken chop suey with carrots olive oi	Poultry products-entrees with sauces
2868	Chicken casserole with peas and carrots	Poultry products-entrees with sauces
2872	Chicken with peaches white butter sauce	Poultry products-entrees with sauces
2874	Chicken Curry with Peppers	Poultry products-entrees with sauces
2883	Chicken breast cook in sauce added fat	Poultry products-entrees with sauces
2895	Chicken casserole with skin carrots and	Poultry products-entrees with sauces
2898	Chicken chop suey with spinach peppers	Poultry products-entrees with sauces
2899	Chicken with mushrooms yoghurt and grap	Poultry products-entrees with sauces
2907	Chicken stir fry with mushrooms and curr	Poultry products-entrees with sauces
2933	Pancakes with chicken mushrooms & chees	Poultry products-entrees with sauces
2938	Chicken stir fry with peppers cabbage &	Poultry products-entrees with sauces
2950	Chicken casserole with mushrooms peas a	Poultry products-entrees with sauces
2957	Chicken curry low fat with coconut tom	Poultry products-entrees with sauces
2962	Chicken breasts with skin tomato and v	Poultry products-entrees with sauces
2966	Chicken fillets with Low fat yoghurt sau	Poultry products-entrees with sauces
2968	Chicken & cashew nuts with vegetables	Poultry products-entrees with sauces
3021	Lamb chicken crayfish stew with spinach	Poultry products-entrees with sauces
3027	Chicken tikka masala with chicken breast	Poultry products-entrees with sauces
3042	Chicken casserole with carrots peppers c	Poultry products-entrees with sauces
3043	Chicken stir fry with yoghurt peppers an	Poultry products-entrees with sauces
3047	Chicken and ham meatballs made with gra	Poultry products-entrees with sauces
3063	Lasagne with turkey and pasta sauce	Poultry products-entrees with sauces
3065	Chicken curry with chicken breast tomato	Poultry products-entrees with sauces
3066	Chicken and broccoli bake with condensed	Poultry products-entrees with sauces
3085	Chicken and mushroom risotto with wine a	Poultry products-entrees with sauces

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3086	Chicken casserole with potatoes and carr	Poultry products-entrees with sauces
3096	Chicken risotto with prawns peppers and	Poultry products-entrees with sauces
3100	Chicken curry with bones cabbage sprouts	Poultry products-entrees with sauces
3119	Turkey madras with potatoes tinned tomat	Poultry products-entrees with sauces
3126	Chicken meatballs with double cream and	Poultry products-entrees with sauces
3147	Chicken curry with curry paste tomatoes	Poultry products-entrees with sauces
3157	Low fat chicken tikka masala with rice e	Poultry products-entrees with sauces
3163	CHICKEN IN A CREAM SAUCE WITH WINE e.g.	Poultry products-entrees with sauces
3185	SOUTHERN STYLE CHICKEN PANCAKES e.g. Fin	Poultry products-entrees with sauces
3202	CHICKEN & PEPPERCORN SAUCE LOW FAT e.g	Poultry products-entrees with sauces
3221	CHICKEN & MUSHROOM RISOTTO e.g Tesco	Poultry products-entrees with sauces
3253	CHICKEN PAELLA LOW FAT READY MEAL e.g Te	Poultry products-entrees with sauces
3256	Lemon chicken & rice with carrots egg &	Poultry products-entrees with sauces
3270	Chicken and mushroom casserole	Poultry products-entrees with sauces
3279	Pasta sauce with chicken bacon and mushr	Poultry products-entrees with sauces
3284	Chicken breasts in tomato and cream	Poultry products-entrees with sauces
3295	Chicken roasted with tomatoes red pepper	Poultry products-entrees with sauces
3300	Marinated chicken stir fry with vegetabl	Poultry products-entrees with sauces
3310	Chicken risotto with sausage tomatoes pe	Poultry products-entrees with sauces
3311	Chicken & egg fried rice	Poultry products-entrees with sauces
3314	Chicken in wine with potato & sweetcorn	Poultry products-entrees with sauces
3324	Chicken curry with yoghurt and cream	Poultry products-entrees with sauces
3325	Chicken curry with peppers	Poultry products-entrees with sauces
3330	Turkey and rice bake with tomato mushroo	Poultry products-entrees with sauces
3336	Chicken rissoles with potato	Poultry products-entrees with sauces
3338	Turkey and bacon curry with tomatoes	Poultry products-entrees with sauces
3340	Chicken curry with tomatoes and olive oi	Poultry products-entrees with sauces
3342	Turkey mince with parsnip swede casserol	Poultry products-entrees with sauces
3352	Chicken dhansak curry no rice takeaway	Poultry products-entrees with sauces
3368	Chicken in red wine with cream and spina	Poultry products-entrees with sauces
3376	Turkey casserole with peppers and passat	Poultry products-entrees with sauces
3380	Sweet and sour chicken with chicken wing	Poultry products-entrees with sauces
3391	Fajitas with chicken peppers and olive	Poultry products-entrees with sauces
3394	Chicken curry with canned sauce and fres	Poultry products-entrees with sauces
3416	Chicken & broccoli pie potato based e.	Poultry products-entrees with sauces
3417	Italian style chicken stuffed with pasta	Poultry products-entrees with sauces
3422	Chicken with cous cous aubergine and as	Poultry products-entrees with sauces
3425	Chicken with apples cider and single cr	Poultry products-entrees with sauces
3427	Turkey casserole with carrots courgette	Poultry products-entrees with sauces
3433	Turkey bacon and cream with a leek and	Poultry products-entrees with sauces
3436	Chicken with lentils carrots bacon ol	Poultry products-entrees with sauces
3461	Chicken casserole with carrot sweetcorn	Poultry products-entrees with sauces
3462	Turkey casserole with green peppers and	Poultry products-entrees with sauces
3465	Chicken stew with carrot potato and tom	Poultry products-entrees with sauces
3467	Chicken curry with yogurt and cashew nut	Poultry products-entrees with sauces
3468	Chicken fennel and lentil bake with tom	Poultry products-entrees with sauces
3470	Chicken with sundried tomatoes peppers	Poultry products-entrees with sauces

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3473	Chicken curry with carrot apple coconu	Poultry products-entrees with sauces
3476	Chicken with carrots red peppers apric	Poultry products-entrees with sauces
3481	Chicken curry with coconut milk and pufa	Poultry products-entrees with sauces
3488	Pasta radiatori with chicken & courgette	Poultry products-entrees with sauces
3490	CHICKEN HOTPOT REDUCED FAT e.g. WW	Poultry products-entrees with sauces
3492	Turkey lasagne with passata pufa marg a	Poultry products-entrees with sauces
3498	Chicken korma made with semi skimmed mil	Poultry products-entrees with sauces
3504	Chicken breast stir fry with green peppe	Poultry products-entrees with sauces
3511	Chicken breast with mushrooms and sweetc	Poultry products-entrees with sauces
3527	Chicken curry with chicken breast cook i	Poultry products-entrees with sauces
3533	Chicken with rice yogurt and egg	Poultry products-entrees with sauces
3549	Chicken curry with potato wedges	Poultry products-entrees with sauces
3588	Turkey and lamb rissoles fried in pufa/o	Poultry products-entrees with sauces
3594	Chicken curry with coconut milk and pean	Poultry products-entrees with sauces
3597	Chicken with fromage frais wine tomato	Poultry products-entrees with sauces
3598	Chicken in half fat crême fraiche sauce	Poultry products-entrees with sauces
3609	Chicken risotto with brown rice broad b	Poultry products-entrees with sauces
3612	Sweet and sour chicken with red pepper a	Poultry products-entrees with sauces
3615	Chicken casserole with new potatoes gree	Poultry products-entrees with sauces
3627	Chicken curry with tomatoes and curry pa	Poultry products-entrees with sauces
3629	Chicken curry with rice carrots pepper c	Poultry products-entrees with sauces
3636	Chicken breast and skin with bacon red w	Poultry products-entrees with sauces
3645	Turkey curry with carrots cook in sauce	Poultry products-entrees with sauces
3660	Chicken stoganoff with wine yogurt and	Poultry products-entrees with sauces
3666	Chicken curry with pepper sultanas oli	Poultry products-entrees with sauces
3667	Chicken casserole with okra and veg oil	Poultry products-entrees with sauces
3668	Sweet and sour chicken with pepper pine	Poultry products-entrees with sauces
3676	Turkey steak with mixed beans tomato an	Poultry products-entrees with sauces
3689	Turkey curry with pepper curry paste an	Poultry products-entrees with sauces
3695	Chicken in a lemon sauce high in ground	Poultry products-entrees with sauces
3696	Chicken casserole with chickpeas tomato	Poultry products-entrees with sauces
3700	Chicken tortillas with salsa cheese and	Poultry products-entrees with sauces
3701	Turkey casserole with peas mushrooms w	Poultry products-entrees with sauces
3704	Chicken biryani with butter and olive oi	Poultry products-entrees with sauces
3708	Chicken and mushrooms in fromage frais	Poultry products-entrees with sauces
3719	Chicken curry with coconut milk olive o	Poultry products-entrees with sauces
3739	Chicken with bacon fromage frais and ma	Poultry products-entrees with sauces
3768	Chicken tikka sandwich filling low fat	Poultry products-entrees with sauces
3788	Chicken in blackbean sauce with egg frie	Poultry products-entrees with sauces
5130	Chicken fried in pufa oil cook in sauce	Poultry products-entrees with sauces
5150	Chicken salad with leek and celery	Poultry products-entrees with sauces
5157	Chicken with onion in casserole mix	Poultry products-entrees with sauces
5169	Turkey fried in veg oil with sweet & sou	Poultry products-entrees with sauces
5175	Turkey mince with veg in bolognese sauce	Poultry products-entrees with sauces
5177	Chicken curry with cook in sauce peas an	Poultry products-entrees with sauces
5211	Chicken curry with courgettes and mushro	Poultry products-entrees with sauces
5216	Chick cass with mush peas and cook in sa	Poultry products-entrees with sauces

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5223	Chicken stew with vegetables and pasta s	Poultry products-entrees with sauces
5225	Mediterranean ckick cass with tomatoes a	Poultry products-entrees with sauces
5231	Chicken & pasta bake m & s with toms & c	Poultry products-entrees with sauces
5232	Chicken curry with celery courgette and	Poultry products-entrees with sauces
5236	Italian chicken with pasta leeks and car	Poultry products-entrees with sauces
5239	Italian shepherds pie with turkey & mozz	Poultry products-entrees with sauces
5268	Chick wings marin or bbq or grilled	Poultry products-entrees with sauces
5269	Chick breast marinated garlic & herbs c/	Poultry products-entrees with sauces
5273	Chick breast cass meat & skin no bones	Poultry products-entrees with sauces
5274	Chick breast cass skin left bones not wt	Poultry products-entrees with sauces
5275	Chick thighs cass meat & skin no bones l	Poultry products-entrees with sauces
5276	Chick thighs cass with skin left bones n	Poultry products-entrees with sauces
5277	Chick leg cass meat no skin no bones	Poultry products-entrees with sauces
5278	Chick wing cass meat only	Poultry products-entrees with sauces
5279	Chick cass r meal chick in tom/gravy/sau	Poultry products-entrees with sauces
5280	Chicken chasseur	Poultry products-entrees with sauces
5281	Chick curry canned/bottle sauce no rice	Poultry products-entrees with sauces
5282	Chicken fricassee with bacon shallots cr	Poultry products-entrees with sauces
5283	Chick risotto made with butter	Poultry products-entrees with sauces
5286	Chick breast strips stir fry with pepper	Poultry products-entrees with sauces
5287	Chick brst strips peppers onions mush fr	Poultry products-entrees with sauces
5288	Chick srips breast stir fry mush pep in	Poultry products-entrees with sauces
5289	Chicken stir fried with peppers in black	Poultry products-entrees with sauces
5290	Chicken curry takeaway eg chicken dupiaz	Poultry products-entrees with sauces
5293	Turkey breast strips stir fry with veg i	Poultry products-entrees with sauces
5294	Turkey strips breast stir fry with veg i	Poultry products-entrees with sauces
5295	Turkey breast strips stir fry with vegs	Poultry products-entrees with sauces
5300	Turkey mince stewed	Poultry products-entrees with sauces
5302	Turk and pasta bake with bacon in cheese	Poultry products-entrees with sauces
5303	Turkey slices unsmoke prepack or deli	Poultry products-entrees with sauces
5348	Chicken casserole with mushrooms carrots	Poultry products-entrees with sauces
5351	Lasagne with turkey mince carrots & wine	Poultry products-entrees with sauces
5352	Bolognese sauce with turkey mince carrot	Poultry products-entrees with sauces
5353	Chicken curry with carrots and sultanas	Poultry products-entrees with sauces
5354	Chicken breasts no skin cook-in-sauce no	Poultry products-entrees with sauces
5355	Sainsbury's butter basted chicken breast	Poultry products-entrees with sauces
5370	Spanish stewed chicken breast with onion	Poultry products-entrees with sauces
5371	Turkey casserole - with onions and carro	Poultry products-entrees with sauces
5373	Creamy chicken curry made with half fat	Poultry products-entrees with sauces
5379	Curried turkey with purchased sauce	Poultry products-entrees with sauces
5382	Turkey roll no stuffing from deli not ca	Poultry products-entrees with sauces
5403	Chicken and tagliatelle stir fry made wi	Poultry products-entrees with sauces
5417	Minced turkey stew with onions	Poultry products-entrees with sauces
5428	Chicken lasagne with dolmio sauce	Poultry products-entrees with sauces
5436	Chicken carrots cauliflower cabbage onio	Poultry products-entrees with sauces
5445	Chicken curry with rice made with vegeta	Poultry products-entrees with sauces
5450	Chick breast marinated eg. Birds eye spi	Poultry products-entrees with sauces

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5453	Chicken breast in tomato sauce with panc	Poultry products-entrees with sauces
5457	Turkey curry with olive oil & cook-in-sa	Poultry products-entrees with sauces
5458	Casseroled chicken portions with leeks &	Poultry products-entrees with sauces
5466	Chicken meatballs in tomato sauce	Poultry products-entrees with sauces
5467	Spicy chick cass with noodles and veg in	Poultry products-entrees with sauces
5480	Chicken rissoto with peppers sweetcorn &	Poultry products-entrees with sauces
5483	Chicken stir fry with chicken breast mus	Poultry products-entrees with sauces
5489	Chicken chasseur carrots peas olive oil	Poultry products-entrees with sauces
5490	Chicken in hoisin sauce	Poultry products-entrees with sauces
5494	Chicken satay	Poultry products-entrees with sauces
5509	Chicken chasseur with mushrooms onion an	Poultry products-entrees with sauces
5539	Chicken lasagne code 5539	Poultry products-entrees with sauces
5542	Chicken sweetcorn pepper stir fry with n	Poultry products-entrees with sauces
5548	Chick & veg pie made with froz mix veg &	Poultry products-entrees with sauces
5568	Chicken & tomatoes in gravy	Poultry products-entrees with sauces
5582	Homemade chicken korma	Poultry products-entrees with sauces
5584	Chicken curry and tomatoes chillis and o	Poultry products-entrees with sauces
5585	Chicken curry with onion tomatoes and gi	Poultry products-entrees with sauces
5586	Chicken pakoras made with onions and pea	Poultry products-entrees with sauces
5597	Chicken chasseur chicken pieces in can c	Poultry products-entrees with sauces
5609	Chicken leg & potato curry	Poultry products-entrees with sauces
5627	Heinz weight watchers chicken curry with	Poultry products-entrees with sauces
5630	Sweet sour turk sauce madewith dice turk	Poultry products-entrees with sauces
5635	Chicken curry pots peas onions & tom pur	Poultry products-entrees with sauces
5638	Chicken tikka sandwich filling	Poultry products-entrees with sauces
5644	Chick & potato stew with carrots onions	Poultry products-entrees with sauces
5646	Lasagne:with turkey mince carrots toms.&	Poultry products-entrees with sauces
5647	Stewed chick with plum toms & chick brea	Poultry products-entrees with sauces
5649	Chick. Stir fry with veg sw & so sauce &	Poultry products-entrees with sauces
5657	Chicken mex. Frajita filling with pepp o	Poultry products-entrees with sauces
5674	Chicken and broccoli bake m and s	Poultry products-entrees with sauces
5679	Turkey lasagne with canned mac cheese &	Poultry products-entrees with sauces
5685	Chilli con carne turk. Mince mushrooms &	Poultry products-entrees with sauces
5687	Chicken breast in butter tarragon sauce	Poultry products-entrees with sauces
5704	Chicken breasts in cond. Mush soup with	Poultry products-entrees with sauces
5705	Chick stroganoff chick breasts with mush	Poultry products-entrees with sauces
5711	Chicken & chili beans with pasta	Poultry products-entrees with sauces
5720	Chick bake with mushroom soup mayo chees	Poultry products-entrees with sauces
5728	Chick & veg stir fried with olive oil &	Poultry products-entrees with sauces
5731	Chicken curry with tinned toms & apple	Poultry products-entrees with sauces
5739	Turkey casserole unthickened with carrot	Poultry products-entrees with sauces
5741	Chick cass with cook-in-sauce & pkt chas	Poultry products-entrees with sauces
5742	Chicken chasseur with carrots green pepp	Poultry products-entrees with sauces
5759	Turkey kid beans & b/beans toms carrots	Poultry products-entrees with sauces
5760	Shepherd's pie with turkey mince toms cr	Poultry products-entrees with sauces
5764	Chicken breasts in wine with onion red p	Poultry products-entrees with sauces
5765	Chick. Breast in che sauce & onio pepper	Poultry products-entrees with sauces

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5774	Chicken breasts and veg creamy white sau	Poultry products-entrees with sauces
5775	Shepherd's pie made with turkey mince	Poultry products-entrees with sauces
5785	Turkey mince cottage pie with veg olive	Poultry products-entrees with sauces
5794	Turkey curry with apple & spring onion	Poultry products-entrees with sauces
5805	Chicken casserole l&d meat with vegetabl	Poultry products-entrees with sauces
5815	Chicken breasts in barbecue sauce	Poultry products-entrees with sauces
5822	Chicken casserole with onion & boiled ch	Poultry products-entrees with sauces
5832	Chicken & bacon lasagne purchased ready	Poultry products-entrees with sauces
5839	Chicken breast fried in olive oil with m	Poultry products-entrees with sauces
5847	Chicken risotto made with chicken suprem	Poultry products-entrees with sauces
5864	Turkey bolognese with pasta sauce eg rag	Poultry products-entrees with sauces
5880	Chicken casserole with mushrooms bacon a	Poultry products-entrees with sauces
5883	Coronation chicken	Poultry products-entrees with sauces
5885	Cauliflower cheese with turkey made with	Poultry products-entrees with sauces
5896	Creamy chicken pasta and asparagus	Poultry products-entrees with sauces
5916	Chicken chasseur with onion mushrooms pa	Poultry products-entrees with sauces
5920	Chick braest casserole made with carrot	Poultry products-entrees with sauces
5932	Chicken curry with tomatoes and onion	Poultry products-entrees with sauces
5938	Chicken breast and veg stir fry with ric	Poultry products-entrees with sauces
5940	Chicken curry with onions coriander and	Poultry products-entrees with sauces
5943	Chicken curry with chicken breast lentil	Poultry products-entrees with sauces
5945	Chick stir fry with peppers sweetcorn ca	Poultry products-entrees with sauces
5950	Chicken with tomatoes wine cooked in oli	Poultry products-entrees with sauces
5966	Chicken casserole with tom cook-in-sauce	Poultry products-entrees with sauces
5972	Chicken casserole with chicken thighs on	Poultry products-entrees with sauces
5973	Pasta bake with tinned tomatoes onion ch	Poultry products-entrees with sauces
5989	Chicken breast with skin fried in rapese	Poultry products-entrees with sauces
5990	Chicken and leeks	Poultry products-entrees with sauces
6000	Chicken curry chicken thighs & cook-in-s	Poultry products-entrees with sauces
6002	Chicken pesto pasta	Poultry products-entrees with sauces
6014	Chinese chicken	Poultry products-entrees with sauces
6020	Pumpkin and chicken curry	Poultry products-entrees with sauces
6047	Chicken fricassee	Poultry products-entrees with sauces
6054	Chicken risotto with sweetcorn	Poultry products-entrees with sauces
6056	Chicken paprika with toms onions & green	Poultry products-entrees with sauces
6064	Turkey provencale	Poultry products-entrees with sauces
6067	Chicken curry with potatoes	Poultry products-entrees with sauces
6068	Chicken curry with yoghurt canned tomat	Poultry products-entrees with sauces
6075	Chicken & broccoli pasta bake	Poultry products-entrees with sauces
6076	Chicken & lamb biryani with brown rice	Poultry products-entrees with sauces
6079	Chicken curry with onions & potatoes	Poultry products-entrees with sauces
6080	Chicken biryani & rice no veg no yoghurt	Poultry products-entrees with sauces
6103	Chicken cottage pie with potato carrot &	Poultry products-entrees with sauces
6104	Sweet & sour chick with pine mush carrot	Poultry products-entrees with sauces
6120	Chicken stir fry bottled sauce celery g/	Poultry products-entrees with sauces
6136	Turkey bolognese sauce with mushrooms	Poultry products-entrees with sauces
6144	Turkey stir fry with onion rice & sweetc	Poultry products-entrees with sauces

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6153	Chicken and ham chilled meal e.g. tesco	Poultry products-entrees with sauces
6155	Turkey breast steaks with egg & tomatoes	Poultry products-entrees with sauces
6158	Chicken chasseur with olive oil & courge	Poultry products-entrees with sauces
6162	Turkey casserole with carrots peas and t	Poultry products-entrees with sauces
6165	Chicken stroganoff chicken breast sauce	Poultry products-entrees with sauces
6167	Turkey marengo	Poultry products-entrees with sauces
6185	Chicken courgettes oyster s'ce s/fried c	Poultry products-entrees with sauces
6188	Sweet & sour chicken rice and cook-in-sa	Poultry products-entrees with sauces
6197	Chicken stew: onion swede celery carrot c	Poultry products-entrees with sauces
6210	Chicken and mushrooms in white wine sauc	Poultry products-entrees with sauces
6237	Chicken curry: chick breasts no skin chi	Poultry products-entrees with sauces
6241	Chicken prawn & veg stir fry blend veg o	Poultry products-entrees with sauces
6257	Chicken and mushrooms with creme fraiche	Poultry products-entrees with sauces
6258	Chicken in martini	Poultry products-entrees with sauces
6268	Fettuccini with chicken mush onions crea	Poultry products-entrees with sauces
6273	Chicken curry with peaches	Poultry products-entrees with sauces
6274	Lasagne w' turkey mince peas soya milk	Poultry products-entrees with sauces
6276	Sweet sour chick with bot. Sauce toms be	Poultry products-entrees with sauces
6291	Chicken curry with evaporated milk	Poultry products-entrees with sauces
6295	Chicken and tarragon in mustard	Poultry products-entrees with sauces
6296	Chicken smoked bacon & potato casserole	Poultry products-entrees with sauces
6307	Chicken chasseur w mushrooms carrots & p	Poultry products-entrees with sauces
6319	Chicken casserole: chicken thighs casser	Poultry products-entrees with sauces
6320	Chicken casserole with tomatoes onion &	Poultry products-entrees with sauces
6321	Chicken in cream s'ce with courgette and	Poultry products-entrees with sauces
6324	Chicken curry with tomato takeaway curry	Poultry products-entrees with sauces
6328	Chicken curry w' mixed frozen veg peas c	Poultry products-entrees with sauces
6346	Chicken lattice with cheese and broccoli	Poultry products-entrees with sauces
6347	Chicken breast & mush casserole with con	Poultry products-entrees with sauces
6348	Chick & mush stew with condensed soup ca	Poultry products-entrees with sauces
6354	Chicken and potato bake	Poultry products-entrees with sauces
6365	Chick&veg stir fry potato cabbage cauli	Poultry products-entrees with sauces
6373	Chick&mush in sauce with butter onion se	Poultry products-entrees with sauces
6375	Turkey stirfry with beansprouts courgett	Poultry products-entrees with sauces
6376	Chick broth froz mix veg sun dried tom p	Poultry products-entrees with sauces
6389	Chick supreme celery peas peppers scorn	Poultry products-entrees with sauces
6409	Chicken curry with chicken breast yogurt	Poultry products-entrees with sauces
6410	Chicken curry with chicken breast & chut	Poultry products-entrees with sauces
6411	Tesco chicken & veg pie mashed potato to	Poultry products-entrees with sauces
6413	Chicken casserole w' bacon onion celery	Poultry products-entrees with sauces
6421	Chick curry pepper mushrooms chick breas	Poultry products-entrees with sauces
6423	Chicken and pasta bake ready meal eg. Sa	Poultry products-entrees with sauces
6469	Chicken balti curry onion packet mix sun	Poultry products-entrees with sauces
6471	Turkey cottage pie carrots runner beans	Poultry products-entrees with sauces
6482	Sweet & sour chicken onions pepper & coo	Poultry products-entrees with sauces
6490	Chick curry bottled sauce onions tomatoe	Poultry products-entrees with sauces
6498	Chicken stirfry-soup mushroom onion pepp	Poultry products-entrees with sauces

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6502	Chicken casserole-ham vegetables in crea	Poultry products-entrees with sauces
6521	Chick cassr. Chick thighs soup onions pe	Poultry products-entrees with sauces
6548	Chick curry jar sauce coconut oil onions	Poultry products-entrees with sauces
6549	Chicken and pasta bake with vegetables a	Poultry products-entrees with sauces
6550	Turkey and broccoli bake with cheese sau	Poultry products-entrees with sauces
6551	Chicken chicken pea casserole canned tom	Poultry products-entrees with sauces
6558	Chicken carbonara	Poultry products-entrees with sauces
6562	Tagliatelle with chicken bacon and singl	Poultry products-entrees with sauces
6565	Chicken and blue cheese in white wine sa	Poultry products-entrees with sauces
6587	Chick curry onion chick breas. Sultan. C	Poultry products-entrees with sauces
6589	Chick stir fry chick br. Condens. Soup p	Poultry products-entrees with sauces
6591	Chicken casserole swede sprouts carrots	Poultry products-entrees with sauces
6593	Chick cassr. Pack mix onion carrot broa	Poultry products-entrees with sauces
6607	Joll of rice rice cooked in tom sauce ch	Poultry products-entrees with sauces
6608	Chicken curry tomatoes onions chicken an	Poultry products-entrees with sauces
6616	Chicken in tom sauce with garlic + chill	Poultry products-entrees with sauces
6624	Seafood and chicken paella with peas & r	Poultry products-entrees with sauces
6627	Chicken and vegetables with butter	Poultry products-entrees with sauces
6632	Chick cassr. Chick breast onions carrs.	Poultry products-entrees with sauces
6635	Turkey casserole with onion+mush and coo	Poultry products-entrees with sauces
6643	Turkey stew with pots carrots and thiknd	Poultry products-entrees with sauces
6646	Chicken marengo with w wine toms-no oil	Poultry products-entrees with sauces
6649	Turkey bol with mush olive oil toms pure	Poultry products-entrees with sauces
6651	Lemon chicken - chicken breasts in sauce	Poultry products-entrees with sauces
6662	Chicken casserole with leeks carrots & p	Poultry products-entrees with sauces
6671	Chick casserole with mush onions tin tom	Poultry products-entrees with sauces
6672	Chicken with onion cider cream and musta	Poultry products-entrees with sauces
6680	Chick breasts with cond soup vitalite &	Poultry products-entrees with sauces
6681	Chick cass-leeks mush pepps r wine & oli	Poultry products-entrees with sauces
6696	Chick stir fry with carrot celery & cook	Poultry products-entrees with sauces
6711	Chicken fricassee with butter no vegetab	Poultry products-entrees with sauces
6722	Chick saute with yam plantain sweet & wh	Poultry products-entrees with sauces
6723	Chicken stir fry onions pepps pots peas	Poultry products-entrees with sauces
6725	Chicken tikka w' chicken breasts & whole	Poultry products-entrees with sauces
6729	Chicken breast curry with onions & sunfl	Poultry products-entrees with sauces
6740	Chicken curry with cream cocomut and cur	Poultry products-entrees with sauces
6741	Chicken casserole + celery carrots parsn	Poultry products-entrees with sauces
6744	Chicken casserole with leeks swede carro	Poultry products-entrees with sauces
6750	Chilli con carne chick mince tom juice &	Poultry products-entrees with sauces
6751	Oriental chicken with noodles and vegeta	Poultry products-entrees with sauces
6761	Chick cass with r wine onions carts & r	Poultry products-entrees with sauces
6762	Turkey casserole with mushroom and sweet	Poultry products-entrees with sauces
6781	Chick breast in sauce with w wine onion	Poultry products-entrees with sauces
6783	Chicken royale	Poultry products-entrees with sauces
6787	Turkey crumble with onion and mushroom	Poultry products-entrees with sauces
6788	Chicken and turkey stew + leeks carrots	Poultry products-entrees with sauces
6789	Turkey stew with onions carrots thickene	Poultry products-entrees with sauces

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6792	Turkey and vegetables oven baked	Poultry products-entrees with sauces
6796	Chicken stew with peas cauliflower tomat	Poultry products-entrees with sauces
6806	Chilli - tomato chicken and pasta	Poultry products-entrees with sauces
6817	Lasag turk mince broccoli courg butter &	Poultry products-entrees with sauces
6831	Chicken in peppercorn sauce Sainsbury's	Poultry products-entrees with sauces
6865	Chicken & vegetable casserole with carro	Poultry products-entrees with sauces
6866	Chicken breast & mushrooms in honey & gi	Poultry products-entrees with sauces
6867	Chicken casserole with carrots potatoes	Poultry products-entrees with sauces
6868	Chicken with onions creme fraiche & lett	Poultry products-entrees with sauces
6869	Chicken & vegetable stir-fry with olive	Poultry products-entrees with sauces
6870	Chicken casserole with onions mushrooms	Poultry products-entrees with sauces
6887	Chicken & asparagus with peppers & cond	Poultry products-entrees with sauces
6895	Chicken stir fry	Poultry products-entrees with sauces
6896	Chinese chicken Stir fry with peppers a	Poultry products-entrees with sauces
6900	Chicken and Kidney Beans	Poultry products-entrees with sauces
6906	Chicken and meatball stir fry	Poultry products-entrees with sauces
6909	Chicken with raspberries	Poultry products-entrees with sauces
6925	Turkey casserole	Poultry products-entrees with sauces
6934	Creamed chicken and mushrooms	Poultry products-entrees with sauces
6935	Chicken casserole with wine	Poultry products-entrees with sauces
6938	Chicken Basque with peppers sausages r	Poultry products-entrees with sauces
6947	Chicken and vegetable stir fry with cook	Poultry products-entrees with sauces
6951	Chicken casserole with carrots parsnips	Poultry products-entrees with sauces
6954	Chicken curry with carrots and onions	Poultry products-entrees with sauces
6955	Chicken stirfry with carrots onions be	Poultry products-entrees with sauces
6988	Chicken curry korma style with cream o	Poultry products-entrees with sauces
6989	Chicken tikka masala takeaway	Poultry products-entrees with sauces
6991	Chicken biryani with rice takeaway	Poultry products-entrees with sauces
6993	Chicken fried rice takeaway	Poultry products-entrees with sauces
7777	Chicken sweet and sour no bones inc ta	Poultry products-entrees with sauces
7778	Chicken lasagne code 7778	Poultry products-entrees with sauces
8585	Chicken and prawn risotto	Poultry products-entrees with sauces
8688	Chicken and pineapple casserole	Poultry products-entrees with sauces
8695	Chicken and vegetable casserole homemade	Poultry products-entrees with sauces
8730	Chicken pilau with rice and potatoes	Poultry products-entrees with sauces
8749	Chicken & vegetable casserole with olive	Poultry products-entrees with sauces
8768	Chicken drumstick with skin no bones fri	Poultry products-entrees with sauces
8778	Turkey casserole with veg & cook-in sauc	Poultry products-entrees with sauces
8818	Fried chicken with mandarin oranges	Poultry products-entrees with sauces
8835	Chicken curry with potato	Poultry products-entrees with sauces
8860	Chicken & mushroom pancakes purchased gr	Poultry products-entrees with sauces
8862	Chicken with basmati rice	Poultry products-entrees with sauces
8874	Chix casserole with whole milk & cook-in	Poultry products-entrees with sauces
8892	Turkey curry	Poultry products-entrees with sauces
8903	Chicken meatballs in gravy canned eg cam	Poultry products-entrees with sauces
8907	Chicken and vegetable risotto	Poultry products-entrees with sauces
8918	Chicken vegetable & rice casserole	Poultry products-entrees with sauces

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8920	Chicken & vegetable casserole (with cass	Poultry products-entrees with sauces
8933	Chicken pilau	Poultry products-entrees with sauces
8939	Chunky chicken rice	Poultry products-entrees with sauces
8944	Chicken with pasta and vegetables	Poultry products-entrees with sauces
8966	Chicken & pineapple fried in olive oil	Poultry products-entrees with sauces
8972	Turkey stew	Poultry products-entrees with sauces
8980	Chicken chow mein homemade with cabbage	Poultry products-entrees with sauces
8985	Chicken with vegetables	Poultry products-entrees with sauces
8997	Chicken with yogurt and tomato	Poultry products-entrees with sauces
9023	Chicken & veg casserole with casserole s	Poultry products-entrees with sauces
9024	Chicken spinach & potato stew	Poultry products-entrees with sauces
9028	Kolokasi	Poultry products-entrees with sauces
9033	Chicken curry with double cream	Poultry products-entrees with sauces
9161	Chicken vegetable puree	Poultry products-entrees with sauces
9163	Turkey & vegetable puree	Poultry products-entrees with sauces
9176	Chicken curry with high curry powder	Poultry products-entrees with sauces
9178	Chilli chicken	Poultry products-entrees with sauces
9195	Chicken oriental	Poultry products-entrees with sauces
9329	Chicken curry with rice	Poultry products-entrees with sauces
9358	Roast turkey platter with potatoes veg s	Poultry products-entrees with sauces
9386	Chicken curry tikka masala ready meal wi	Poultry products-entrees with sauces
9387	Chicken curry ready meal frozen chilled	Poultry products-entrees with sauces
9531	Chicken and brocolli crispbakes	Poultry products-entrees with sauces
9534	Chicken leg with skin no bones fried in	Poultry products-entrees with sauces
9537	Chicken and broccoli bisto pastry eg bir	Poultry products-entrees with sauces
9561	Stir fry chicken with vegetables fried o	Poultry products-entrees with sauces
9565	Chicken in white sce ham mush & rice rea	Poultry products-entrees with sauces
9576	Chicken and almond pilau	Poultry products-entrees with sauces
9598	Turkey melts (breasts w cheese + tom sce	Poultry products-entrees with sauces
9634	Chicken in tomato sauce	Poultry products-entrees with sauces
9649	Chicken curry with olive oil chutney and	Poultry products-entrees with sauces
9651	Chicken a l'orange with rice	Poultry products-entrees with sauces
9653	Chicken breasts in garlic sauce frozen r	Poultry products-entrees with sauces
9677	Potato topped chicken & brocolli in crea	Poultry products-entrees with sauces
9702	Glazed chicken meal (+ potatoes broccoli	Poultry products-entrees with sauces
9704	Chicken casserole w vegetables	Poultry products-entrees with sauces
9727	Chicken casserole with veg and pulses	Poultry products-entrees with sauces
9729	Chicken curry with gravy and sultanas	Poultry products-entrees with sauces
9730	Chicken curry with veg and curry paste	Poultry products-entrees with sauces
9731	Chicken curry homemade	Poultry products-entrees with sauces
9769	Chicken supreme	Poultry products-entrees with sauces
9826	Chinese stir fry chicken	Poultry products-entrees with sauces
9865	Turkey casserole with sweetcorn & tomato	Poultry products-entrees with sauces
9902	Chicken satay with chinese style rice (e	Poultry products-entrees with sauces
9983	Spicy chicken and yoghurt	Poultry products-entrees with sauces
5284	Chick slice wafer thin not smoked	Poultry products-lunch meat
5285	Chick slices smoke pre or deli incl wafe	Poultry products-lunch meat

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8261	Turkey rst roll t brst roast	Poultry products-lunch meat
8262	Turkey slices smoke pre or deli incl waf	Poultry products-lunch meat
8694	Turkey and pork luncheon meat eg. Sainsb	Poultry products-lunch meat
2332	Old code - lime juice cordial made up	Processed fruits and fruit juices
2346	Old ribena code	Processed fruits and fruit juices
2347	Ribena blackcurrant juice drink. Ready t	Processed fruits and fruit juices
2349	Fruit drink conc not b/c not low cal js	Processed fruits and fruit juices
2350	Old code fruit drink rtd not b/c not l/c	Processed fruits and fruit juices
2351	Fruit drink conc low calorie not blackcu	Processed fruits and fruit juices
2352	Old code fruti drink rtd low cal not b/c	Processed fruits and fruit juices
2354	Old code fruit drink rtd not l/c not b/c	Processed fruits and fruit juices
2358	Mixed fruti juice drink rtd not low calo	Processed fruits and fruit juices
2651	Super concentrated fruit drink not low c	Processed fruits and fruit juices
3217	Blackcurrant & blackberry drink with zin	Processed fruits and fruit juices
3257	Sunny delight light fruit juice drink	Processed fruits and fruit juices
3362	Wolfra multivitamin fruit juice drink	Processed fruits and fruit juices
3548	FRUIT JUICE DRINK WITH VIT A C & E e.g.	Processed fruits and fruit juices
3556	Vitofit Vitamin drink e.g. Lidl	Processed fruits and fruit juices
3806	Fruit drink with cream and vit e eg cr l m	Processed fruits and fruit juices
5101	Water for concentrated soft drinks not d	Processed fruits and fruit juices
5102	Water - diluent for concentrated low cal	Processed fruits and fruit juices
5110	Conc barley water low cal not blackcurra	Processed fruits and fruit juices
5111	Still lemonade ready to drink not low ca	Processed fruits and fruit juices
5112	Fruit flavour drink no juice rtd not low	Processed fruits and fruit juices
5113	Rtd fruit flavour low cal drink	Processed fruits and fruit juices
5114	Ribena no added sugar rtd	Processed fruits and fruit juices
5425	Conc high juice drink low sugar blackcur	Processed fruits and fruit juices
5498	Ribena original blackcurrant drink conc	Processed fruits and fruit juices
5499	Ribena light b'curr drink conc low sug	Processed fruits and fruit juices
5500	Ribena no added sugar conc	Processed fruits and fruit juices
5501	Ribena b'currant juice drink rtd not lig	Processed fruits and fruit juices
5502	Ribena juice drink rtd orange&apricot/or	Processed fruits and fruit juices
5503	Ribena juice drink rtd apple forest fr s	Processed fruits and fruit juices
5504	Ribena light rtd blackcurrant low sugar	Processed fruits and fruit juices
5505	Ribena no added sug bl'curr rtd low calo	Processed fruits and fruit juices
6402	Sanatogen start-up fruit juice drink for	Processed fruits and fruit juices
6827	Sunny delight fruit juice drink	Processed fruits and fruit juices
6957	Robinsons fruit shoot not nas rtd	Processed fruits and fruit juices
6959	Robinsons fruit shoot nas rtd	Processed fruits and fruit juices
6961	Robinsons original fruit concentrates n	Processed fruits and fruit juices
6963	Robinsons special r concentrates nas	Processed fruits and fruit juices
7905	Ribena light blackcurrant juice drink rt	Processed fruits and fruit juices
7906	Old low sugar ribena code	Processed fruits and fruit juices
7908	Ribena juice drink rtd apple forest frui	Processed fruits and fruit juices
7909	Ribena juice drink rtd orange & apricot	Processed fruits and fruit juices
7911	High juice drink; squash conc not b/c no	Processed fruits and fruit juices
7912	High juice rtd not blackcurrant or low c	Processed fruits and fruit juices

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7913	High juice drink conc fortified blackcur	Processed fruits and fruit juices
7914	High huice rtd blackcurrant not low cal	Processed fruits and fruit juices
7915	Fruit drink conc b/c not low cal js w s	Processed fruits and fruit juices
7916	Old code fruit drink b/c rtd not low cal	Processed fruits and fruit juices
7918	C-vit rtd any not blackcurrant	Processed fruits and fruit juices
7919	C-vit conc blackcurrant	Processed fruits and fruit juices
7920	Old code c-vit rtd b/c (product deleted)	Processed fruits and fruit juices
8029	Mixed / summer fruit juice drink rtd low	Processed fruits and fruit juices
8451	Old code mixed fruit drink rtd not l/c n	Processed fruits and fruit juices
8452	Old code mixed fruit juice drink rtd low	Processed fruits and fruit juices
8453	Citrus/pineapple drink rtd not low calor	Processed fruits and fruit juices
8454	Old code citrus juice drink rtd not l/c	Processed fruits and fruit juices
8455	Blackcurrant juice drink rtd not low cal	Processed fruits and fruit juices
8456	Old code b/c juice drink rtd not low cal	Processed fruits and fruit juices
8459	Old code high juice drink rtd not b/c no	Processed fruits and fruit juices
8461	Old code high juice drink b/c rtd not l/	Processed fruits and fruit juices
8463	Old code fruit drink b/c rtd not low cal	Processed fruits and fruit juices
8464	Fruit drink conc blackcurrant low kalori	Processed fruits and fruit juices
8465	Old code fruit drink rtd b/c low cal not	Processed fruits and fruit juices
8467	Old code fruit drink not b/c rtd not l/c	Processed fruits and fruit juices
8469	Old code fruit drink b/c rtd low cal for	Processed fruits and fruit juices
8472	Citrus/pineapple juice drink rtd low cal	Processed fruits and fruit juices
8473	Old code citrus juice drink rtd low cal	Processed fruits and fruit juices
8474	Blackcurrant juice drink rtd low calorie	Processed fruits and fruit juices
8475	Old code b/c juice drink rtd low cal not	Processed fruits and fruit juices
8485	Ribena juice drink conc orange & apricot	Processed fruits and fruit juices
8491	Barley water any conc not low calorie	Processed fruits and fruit juices
8691	Apple juice drink rtd not low calorie	Processed fruits and fruit juices
8791	Ribena blackcurrant conc not low sugar	Processed fruits and fruit juices
8792	Ribena light blackcurrant juice drink co	Processed fruits and fruit juices
8888	Lucozade sport isotonic drink not carbon	Processed fruits and fruit juices
9137	Boots lemon & lime drink rtd fortified w	Processed fruits and fruit juices
9157	Rubicon mango juice drink rtd	Processed fruits and fruit juices
9170	Fruit juice drink conc.b/currant fort. W	Processed fruits and fruit juices
9183	Wells fruit drinks conc. Low calorie for	Processed fruits and fruit juices
9187	Ribena no added sugar concentrate	Processed fruits and fruit juices
9966	Ribena juice & fibre b'currant rtd no ad	Processed fruits and fruit juices
9995	High juice drink conc reduced sugar not	Processed fruits and fruit juices
9996	Fruit drink conc blackcurrant not low ca	Processed fruits and fruit juices
9997	Fruit drink conc not b/c not low cal not	Processed fruits and fruit juices
9998	Conc barley water low cal blackcurrant	Processed fruits and fruit juices
275	Twiglets	Snack foods
1900	Potato crisps	Snack foods
1905	Potato puffs	Snack foods
2268	Popcorn salted	Snack foods
2269	Popcorn sweet	Snack foods
2616	Wholewheat crisps	Snack foods

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2627	Corn snacks eg monster munch wotsits	Snack foods
2691	Low fat crisps	Snack foods
2738	Multigrain (corn rice wholewheat) cris	Snack foods
3164	French fries low fat e.g. m&s	Snack foods
3737	Maize rice flour corn snacks reduced f	Snack foods
5117	Corn snacks flavours with artificial swe	Snack foods
5118	Crisps potato low fat artificial sweeten	Snack foods
5119	Crisps potato flavours with artificial s	Snack foods
5120	Crisps square flavours with artificial s	Snack foods
5121	French fries flavours with artificial sw	Snack foods
5122	Potato rings flavours with artificial sw	Snack foods
5123	Puffed potato products with artificial s	Snack foods
5124	Wheat flour & potato snacks with artfiic	Snack foods
5125	Maize & potato snacks with artificial sw	Snack foods
5126	Wheat tubes with artificial sweeteners	Snack foods
5200	Bolognese swirl pasta snack reduced fat	Snack foods
5598	Crisps mcivities go ahead eg. Sour cream	Snack foods
5801	Potato snacks with added vits & iron wit	Snack foods
6825	Pretzels any flavour	Snack foods
6837	Mignons morceaux (garlic bread based sav	Snack foods
7866	Crisps jacket potato assorted flavours	Snack foods
7867	Crisps potato with added vitamins eg tuc	Snack foods
7868	Thick crinkle crisps eg real mc coys	Snack foods
7869	Thick crisps not crinkle eg brannigans	Snack foods
7870	Crinkle crisps eg smiths walkers ruffles	Snack foods
7871	Square crisps	Snack foods
7872	Potato rings eg hula hoops	Snack foods
7873	Corn snacks with added vitamins eg hazel	Snack foods
7874	Ringos other cereal wheatflour and potat	Snack foods
7875	Chipsticks other potato & corn sticks	Snack foods
7876	Tortilla chips	Snack foods
7878	Wheat crunchies	Snack foods
7879	Frazzles bacon rashers other maize rice	Snack foods
7882	Pizza snacks eg walkers bitza pizza pota	Snack foods
7883	Space raiders and other cereal mainly ma	Snack foods
8030	French fries eg walkers	Snack foods
8296	Oasters ie low fat savoury oat snacks eg	Snack foods
8499	Punjab puri	Snack foods
8500	Pork scratchings	Snack foods
8601	Bards toffee popcorn with added vitamins	Snack foods
8602	Potato crisps made with sunflower oil	Snack foods
8767	Kp capers potato sancks with added wheat	Snack foods
8806	Spar wedges cereal & potato snack + crea	Snack foods
9140	Boots toddlers maize snacks fortified wi	Snack foods
2252	Bounty bar boost bar cabana coconut ice	Soft candy-candy bars
2254	Milk chocolate bar	Soft candy-candy bars
2255	Dark chocolate no additions eg bournvill	Soft candy-candy bars

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2256	Chocolate covered caramels cadburys cara	Soft candy-candy bars
2257	After eight mints	Soft candy-candy bars
2258	Chocolate bar with nuts	Soft candy-candy bars
2265	Mars bar	Soft candy-candy bars
2273	Turkish delight	Soft candy-candy bars
2275	Maltesers	Soft candy-candy bars
2276	Twix/drifter munchies	Soft candy-candy bars
2277	Kit kat	Soft candy-candy bars
2278	Wispa	Soft candy-candy bars
7037	Carob chocolate substitute	Soft candy-candy bars
7954	Balisto lion bar picnic crispy caramel	Soft candy-candy bars
7955	Fruit and nut milk chocolate	Soft candy-candy bars
7956	Chocolate and candy covered nuts	Soft candy-candy bars
7958	Milk chocolate raisins	Soft candy-candy bars
7959	Milky way	Soft candy-candy bars
7960	White chocolate buttons mice	Soft candy-candy bars
7961	M & ms chocolate centre not peanut smart	Soft candy-candy bars
7962	Cream egg/mintolai	Soft candy-candy bars
7963	Crunchie bar	Soft candy-candy bars
7964	Topic/marathon (snickers)	Soft candy-candy bars
7966	Tracker bar peanut	Soft candy-candy bars
7967	Tracker bar chocolate chip	Soft candy-candy bars
7971	Applause	Soft candy-candy bars
7972	Bitz bar (plain & milk) matchmaker	Soft candy-candy bars
7973	Bitz bar milk choc bar with orange/cherr	Soft candy-candy bars
7974	Dairy crunch milk chocolate not white da	Soft candy-candy bars
7975	Dairy crunch white chocolate	Soft candy-candy bars
7976	Nougat	Soft candy-candy bars
7978	Double decker	Soft candy-candy bars
8302	Fruit and nut chocolate bar	Soft candy-candy bars
8308	Strollers	Soft candy-candy bars
8372	Chocolate covered nuts and raisins	Soft candy-candy bars
8521	Milky bar with raisins	Soft candy-candy bars
8612	Cadburys nut crisp bar	Soft candy-candy bars
8880	Diabetic milk chocolate	Soft candy-candy bars
9110	Boots sucrose free chocco bar	Soft candy-candy bars
9274	White chocolate coated raisins	Soft candy-candy bars
9378	Diabetic chocolate any type	Soft candy-candy bars
9616	Halo reduced calorie and fat chocolate b	Soft candy-candy bars
2462	Consomme (other clear soups; bouillon cu	Soups and soup mixes
2463	Cream of chicken soup canned (ready to s	Soups and soup mixes
2464	Cream of chicken soup condensed canned	Soups and soup mixes
2465	Cream of chicken soup condensed made up	Soups and soup mixes
2466	Chicken noodle soup dried	Soups and soup mixes
2467	Chicken noodle soup packet (made up)	Soups and soup mixes
2468	Instant soup as served	Soups and soup mixes
2469	Lentil soup	Soups and soup mixes

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2470	Minestrone soup dried	Soups and soup mixes
2471	Minestrone soup packet made up	Soups and soup mixes
2472	Cream of mushroom soup canned	Soups and soup mixes
2473	Oxtail soup canned	Soups and soup mixes
2474	Oxtail soup dried	Soups and soup mixes
2475	Oxtail soup packet (as served)	Soups and soup mixes
2477	Scotch broth	Soups and soup mixes
2478	Cream of tomato soup canned	Soups and soup mixes
2479	Tomato soup condensed	Soups and soup mixes
2480	Tomato soup condensed diluted with water	Soups and soup mixes
2481	Tomato soup dried	Soups and soup mixes
2482	Tomato soup packet made up	Soups and soup mixes
2483	Vegetable soup canned	Soups and soup mixes
2484	Soup vegetable	Soups and soup mixes
2485	Soup other canned as served	Soups and soup mixes
2486	Soup condensed (milk&water)	Soups and soup mixes
2487	Soup condensed (milk only)	Soups and soup mixes
2488	Soup other condensed (water)	Soups and soup mixes
2489	Sweetcorn chowder	Soups and soup mixes
2490	Vegetable soup with pulses	Soups and soup mixes
2491	Low calorie soup canned	Soups and soup mixes
2492	Low calorie soup packet (as served)	Soups and soup mixes
2493	Vending machine soup	Soups and soup mixes
2494	Scotch broth canned	Soups and soup mixes
2754	Green pea soup with sweetcorn	Soups and soup mixes
2859	Soup with chicken lentils carrots & su	Soups and soup mixes
2862	Soup gazpacho with tomatoes peppers c	Soups and soup mixes
2890	Chicken rice and lemon soup	Soups and soup mixes
2897	Soup with cabbage peppers tomatoes & p	Soups and soup mixes
2901	Soup with bacon and green peas	Soups and soup mixes
2936	Soup with celery beans & olive oil	Soups and soup mixes
2943	Pepper Soup with Lamb	Soups and soup mixes
2949	Chicken noodle soup with carrots carrots	Soups and soup mixes
2986	Slimfast soup dry weight	Soups and soup mixes
3004	Minestrone with carrots tomatoes no fat	Soups and soup mixes
3023	Corned beef and mixed vegetable broth	Soups and soup mixes
3036	Carrot butter bean and baked bean soup m	Soups and soup mixes
3056	Vegetable soup with kidney beans lentils	Soups and soup mixes
3072	Soup with mutton tomatoes and spinach	Soups and soup mixes
3078	Leek and potato soup with butter and ski	Soups and soup mixes
3101	Bean soup with carrots and soup mix	Soups and soup mixes
3111	Soup with kidney beans tomatoes and oliv	Soups and soup mixes
3114	Scotch broth with potatoes carrots and p	Soups and soup mixes
3120	Leek soup with butter	Soups and soup mixes
3128	Swordfish and celery soup	Soups and soup mixes
3129	Mushroom and bamboo shoot soup with carr	Soups and soup mixes
3130	Egg tomato and onion soup	Soups and soup mixes

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3132	Pork squid and bean curd soup	Soups and soup mixes
3133	Beef bean curd and egg soup	Soups and soup mixes
3144	Vegetable soup with tomatoes carrots p	Soups and soup mixes
3258	Vegetable soup with olive oil carrots p	Soups and soup mixes
3268	Carrot and celery soup no fat	Soups and soup mixes
3312	Carrot leek & potato soup with pufa oil	Soups and soup mixes
3377	Mushroom soup with semi skimmed milk no	Soups and soup mixes
3389	Lentil and barley soup with carrots tur	Soups and soup mixes
3443	Pumpkin and leek soup with butter olive	Soups and soup mixes
3444	Carrot and coriander soup with olive oil	Soups and soup mixes
3482	Chicken mushroom and sweetcorn soup	Soups and soup mixes
3495	Carrot and leek soup with butter no mil	Soups and soup mixes
3496	Broccoli and sprout soup with butter	Soups and soup mixes
3501	Chicken soup with egg pasta	Soups and soup mixes
3506	Fish soup with aubergine mixed veg and	Soups and soup mixes
3517	Chicken and vegetable soup with carrots	Soups and soup mixes
3522	Vegetable soup with tomatoes broccoli	Soups and soup mixes
3565	Mixed bean soup with carrots tomatoes a	Soups and soup mixes
3573	Soup with tofu and seaweed	Soups and soup mixes
3589	Tomato soup with pufa oil	Soups and soup mixes
3593	Sorrel soup with lettuce butter and gro	Soups and soup mixes
3596	Tuna and potato soup with carrots and le	Soups and soup mixes
3628	Celery and onion soup with pufa oil	Soups and soup mixes
3635	Mushroom soup with butter cream and semi	Soups and soup mixes
3650	Vegetable soup with meat juices carrot b	Soups and soup mixes
3669	Vegetable miso soup no oil	Soups and soup mixes
3677	Chicken and sweetcorn soup with egg	Soups and soup mixes
3679	Leek and potato soup with cream and butt	Soups and soup mixes
3772	Lentil soup canned	Soups and soup mixes
4338	Cock-a-leekie soup canned	Soups and soup mixes
5192	Turkey soup	Soups and soup mixes
5210	Carrot leek and potato soup	Soups and soup mixes
5384	Soups with pasta eg heinz chicken pastin	Soups and soup mixes
5423	Leek and potato soup with bacon	Soups and soup mixes
5531	Chicken & lentil soup with carrots leek	Soups and soup mixes
5543	Lentil & ham soup with pots carrots & to	Soups and soup mixes
5607	Vegetable soup no potatoes	Soups and soup mixes
5668	Chicken and vegetable soup	Soups and soup mixes
5721	Lentil soup with leek carrots & turnips	Soups and soup mixes
5753	Vegetable and chicken stock soup with ba	Soups and soup mixes
5869	Lentil and onion soup	Soups and soup mixes
5871	Chicken and veg soup with carrot potato	Soups and soup mixes
5900	Vegetable soup with broccoli cougette ca	Soups and soup mixes
5978	Courgette and parsley soup	Soups and soup mixes
5996	Carrot soup	Soups and soup mixes
5997	Leek & potato soup	Soups and soup mixes
6074	Lamb soup with onion tomatoes & butter b	Soups and soup mixes

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6128	Noodle soup	Soups and soup mixes
6148	Okra soup with onion & palm oil	Soups and soup mixes
6160	Lentil soup with red lentils onion toms	Soups and soup mixes
6179	Soup w' mush soy s'ce chinese leaf green	Soups and soup mixes
6180	Chicken soup with seaweed dates black-ey	Soups and soup mixes
6183	Soup w' chinese leaf green beans & noodl	Soups and soup mixes
6193	Bean soup	Soups and soup mixes
6227	Broth soup: broth mix peas kale leeks ca	Soups and soup mixes
6355	Courgette cumin and potato soup	Soups and soup mixes
6368	Soup with butter beans carrot leek and p	Soups and soup mixes
6395	Chicken soup with bean flour and onions	Soups and soup mixes
6419	Red lentil soup with potatoes cabbage ca	Soups and soup mixes
6460	Carrot and onion soup with butter and mi	Soups and soup mixes
6475	Lentil soup with potatoes	Soups and soup mixes
6480	Caribbean soup - lamb carrot parsnips ch	Soups and soup mixes
6504	Celery and onion soup	Soups and soup mixes
6539	Water cress soup	Soups and soup mixes
6572	Lentil soup no vegetables made with butt	Soups and soup mixes
6578	Vegetable soup no potato	Soups and soup mixes
6604	Tomato soup with potatoes and olive oil	Soups and soup mixes
6606	Palm nut soup with lamb	Soups and soup mixes
6612	Carrot and orange soup	Soups and soup mixes
6615	Chicken and potato soup	Soups and soup mixes
6620	Vegetable bean soup	Soups and soup mixes
6666	Chicken soup with potatoes onions carrot	Soups and soup mixes
6670	Veg soup flora onion carrots leek and po	Soups and soup mixes
6693	Chicken & pasta soup with dumplings (no	Soups and soup mixes
6698	Noodle soup with peas and carrots	Soups and soup mixes
6736	Pumpkin soup with onion and cream	Soups and soup mixes
6737	Vegetable soup with canned tomatoes and	Soups and soup mixes
6767	Pumpkin soup with lentils leeks and onio	Soups and soup mixes
6777	Lentil soup carrots swede leeks onions &	Soups and soup mixes
6784	Lean beef potato and vegetable soup	Soups and soup mixes
6790	Beef and potato soup with onions and car	Soups and soup mixes
6795	Thai spinach soup fresh retail eg. New c	Soups and soup mixes
6799	Vegetable soup with potatoes cabbage spl	Soups and soup mixes
6801	Lentil soup with onions leeks and carrot	Soups and soup mixes
6807	Potato sprout and parsnip soup	Soups and soup mixes
6810	Spicy lentil soup with olive oil	Soups and soup mixes
6811	Cauliflower soup with leeks cheese cream	Soups and soup mixes
6815	Potato soup with carrots turnips leek an	Soups and soup mixes
6881	Ham and lentil soup with carrots & onion	Soups and soup mixes
6886	Vegetable soup with cabbage peppers to	Soups and soup mixes
6901	Bacon and Leek Soup	Soups and soup mixes
6927	Apple and Chestnut soup	Soups and soup mixes
6937	Haddock leek & potato soup	Soups and soup mixes
7923	Cream of mushroom soup packet as served	Soups and soup mixes

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7924	Cream of tomato soup packet as served	Soups and soup mixes
7925	Cream of chicken soup carton ready to se	Soups and soup mixes
7926	Cream of mushroom soup carton	Soups and soup mixes
7927	Cream of tomato soup carton	Soups and soup mixes
7928	Vegetable soup carton	Soups and soup mixes
7929	Carton soup other ready serve	Soups and soup mixes
8575	Vegetable soup packet made up	Soups and soup mixes
8592	Corn soup	Soups and soup mixes
8593	Noodle and waterchestnut soup	Soups and soup mixes
8594	Chinese watercress soup	Soups and soup mixes
8636	Won ton chinese soup	Soups and soup mixes
8665	Beef soup	Soups and soup mixes
8973	Turkey ham and vegetable soup	Soups and soup mixes
9001	Lentil soup with bacon and carrots	Soups and soup mixes
9031	Wheat and yogurt soup	Soups and soup mixes
9075	Split pea soup with ham	Soups and soup mixes
9087	Mushroom soup made with gold top milk	Soups and soup mixes
9192	Celery and cottage cheese soup	Soups and soup mixes
9376	Vegetable soup packet mix dry weight	Soups and soup mixes
9519	Split pea and bacon soup	Soups and soup mixes
9662	H/m minestrone & veg. Soup	Soups and soup mixes
9733	Chicken and vegetable broth	Soups and soup mixes
9738	Leek and potato soup	Soups and soup mixes
9745	Split pea carrot and sprout soup	Soups and soup mixes
9756	Cream or carrot and celery soup	Soups and soup mixes
9757	Cream of lettuce soup	Soups and soup mixes
9758	Lentil carrot and turnip soup	Soups and soup mixes
9759	Parsnip and carrot soup with soya milk	Soups and soup mixes
9779	Lentil soup with carrot and leek	Soups and soup mixes
9813	Cream of leek soup (thickened wt cornflo	Soups and soup mixes
9825	Chicken mixed vegetable and lentil soup	Soups and soup mixes
9831	Celery chowder	Soups and soup mixes
9832	Chicken soup with peppers & celery	Soups and soup mixes
9842	Courgette soup with potatoes and leeks	Soups and soup mixes
9848	Vege soup with carot cellery parsnips le	Soups and soup mixes
9971	Carrot and coriander soup (purchased eg	Soups and soup mixes