

"Submission

Food Standards Australia New Zealand
Canberra BC ACT 2610

INITIAL ASSESSMENT REPORT
APPLICATION A576
LABELLING OF ALCOHOLIC BEVERAGES
WITH A PREGNANCY HEALTH ADVISORY LABEL"

I fully support the proposal for mandatory health advisory labels on all alcohol containers advising the risks of alcohol consumption to Woman planning to conceive and who are pregnant.

My reason for making such a recommendation are:

The World Health Organisation recognises that the consumption of alcohol by pregnant Women puts at serious risk the health of an unborn child.

Scientific evidence is now available that show's that the brain of a foetus can be adversely affected by alcohol.

The National Health and Medical Research Council guidelines recommend not drinking is the safest option for pregnant women or those planning to conceive.

In the USA due to the increase of Fetal Alcohol Syndrome Disorders, pregnant women or women planning to conceive are advised to abstain from drinking.

I recommend that all consumers of alcohol should be informed of the risks involved if they are pregnant or planning to conceive.

Suggested wording for the labelling of alcohol should contain the following wording:

Warning: Alcohol is a poisonous drug and should not be consumed by women planning to conceive or who are pregnant.

I also suggest the labelling should include the harmful effects of alcohol on young people who are less than 25 years of age.

Yours sincerely.
Alan Napper

